

## August 4, 2023 Element3 Bulletin



### ELEMENT3 HEALTH PARTNERSHIP

Submitted by Barbara Rutt

We want to remind you that we have a partnership with Element3 Health that is a win-win for club members and our club. During the pandemic, health plans realized that staying social and having fun is actually good for you! Element3 Health works with UnitedHealthcare Insurance Company to keep their members physically, socially and mentally active in clubs like ours.

Through our partnership with Element3 Health, any SBHC member who is a member of UnitedHealthcare Medicare Advantage or Supplement Plans can help the club earn money when you participate in a club-related activity. There is no cost at all to you - in fact, the funds you earn for the club will help offset expenses such as our twice-a-year picnics or administrative tools such as our new online payment system, and keep our dues from increasing!

#### Here are the 3 simple steps to get you onboard with Element3:

1. If you are a UnitedHealthcare member, confirm your eligibility by clicking on the following link: [e3hfun.com/sbhiking](https://e3hfun.com/sbhiking). You will be asked to fill in some basic information including your UnitedHealthcare health plan membership ID number, your name must be the name on your United Healthcare Advantage Insurance Card, date of birth, phone number and zip code of where your insurance information is sent. When your eligibility is confirmed with Element 3 Health. You will then receive a Welcome letter in an email welcoming you to the program. You will then receive a second email with an activity tracking link. This activity tracking link is what you will use to log your activities with the SB Hiking Club.
2. Participate in club activities with other SBHC members. Examples so far for 2023:
  - Hikes, Fitness Walks, Board meetings, Guide meetings (each with multiple dates)  
AZT Maintenance (2-15, 3-8), Club Programs (2-16, 3-15), Activity Fair (2-4), Orientation to Hiking Presentation (2-7), Club Picnic (3-17), Volunteer Appreciation Event (4-20)
  - Social activities such as mahjong and/or card games for SBHC members only
3. Record your activities using the activity tracking link sent to you in an email from Element3 Health. This can be done after each event, or you can choose to batch record on a weekly or monthly basis. **IMPORTANT NOTE: Element3 will reimburse the club for 10 activities a month per member starting with February 1, 2023, so take credit for all of your participation to date!**

The next steps are taken care of systemically. As you record your activities in your Element3 account (step 3 above), your health plan will pay Element3 who will in turn transfer funds to SBHC's bank account. We will receive \$1 dollar for each activity that you participate in up to 10 activities a month. If a SBHC member is also a member of another club that participates with Element3 Health, only the club that you choose to document your activity with that month will receive funds. You can split your completed 10 activities between 2 or more clubs, but only a total of 10 activities a month is credited.

Currently only UnitedHealthcare participates in this program with Element3 Health.

If you have questions about this program, you can reach out to Barb Rutt at [barbrutt@bellsouth.net](mailto:barbrutt@bellsouth.net), or call Element3 Health at 833-906-1700.

We hope you choose to participate in this worthwhile program and help our club. Thank You!

Barbara Rutt, SBHC Element3 Health Coordinator