



June 1, 2023

Hello SaddleBrooke Hiking Club Members,

We are excited to share that we have a new partnership with Element3 Health that is a win-win for club members and our club. During the pandemic, health plans realized that staying social and having fun is actually good for you! Element3 Health works with UnitedHealthcare Insurance Company (the only provider currently a partner) to keep their members physically, socially and mentally active in clubs like ours.

Through our partnership with Element3 Health, any SBHC member who is a member of UnitedHealthcare Medicare Advantage or Supplement Plans can help the club earn money when you participate in a club-related activity. There is no cost at all to you - in fact, the funds you earn for the club will help offset expenses such as our twice-a-year picnics or administrative tools such as our new online payment system, and keep our dues from increasing!

Here are the 3 simple steps to get you onboard with Element3:

1. If you are a UnitedHealthcare member, confirm your eligibility by clicking on the following link: e3hfun.com/sbhiking. You will be asked to fill in some basic information including your UnitedHealthcare health plan membership ID number. Important - your name must be the name as printed on your United Healthcare Insurance Company card. Also to be provided is your date of birth and phone number. When your eligibility is confirmed with Element3 Health, you will then receive a Welcome Letter in an email welcoming you to the program. You will then receive a second email with an activity tracking link. This activity tracking link is what you will use to log your activities with our club (SBHC).
2. Participate in club activities with other SBHC members. Examples so far for 2023:
 - Hikes, Fitness Walks, Meetings (includes Board, Guide & Committee meetings) - all with multiple dates
 - Guide 1st Aid Training (1-13), AZT Maintenance (1-18, 2-15, 3-8), Club Programs (1-18, 2-16, 3-15), Club Trip to Borrego Springs (hikes 1-31, 2-1, 2-2) & (dinner 2-1), Activity Fair (2-4), Orientation to Hiking Presentation (2-7), Club Picnic (3-17), Volunteer Appreciation Event (4-20)
 - Social activities such as mahjong and/or card games for SBHC members only
3. Record your activities using the activity tracking link sent to you in an email from Element3 Health. This can be done after each event, or you can choose to batch record on a weekly or monthly basis. **IMPORTANT NOTE: Element3 will reimburse the club for 10 activities a month per member starting with January 1, 2023, so take credit for all of your participation to date!**

The next steps are taken care of systemically. As you record your activities in your Element3 account (step 3 above), your health plan will pay Element3 who will in turn transfer funds to SBHC's bank account. We will receive \$1 dollar for each activity that you participate in up to 10 activities a month. If a SBHC member is also a member of another club that participates with Element3 Health, only the club that you choose to document your activity with that month will receive funds. You can split your completed 10 activities between 2 or more clubs, but only a total of 10 activities a month is credited.

If you have questions about this program, you can reach out to Barb Rutt at barbrutt@bellsouth.net, or call Element3 Health at 833-906-1700. We hope you choose to participate in this worthwhile program and help our club. Thank you!

Barbara Rutt
SBHC Element3 Health Coordinator