



# SADDLEBROOKE

## HIKING CLUB NEWSLETTER

<http://www.SaddleBrooke.org>

July/August 2003

2003 - 4

### **Welcome Aboard and Thanks!**

By Mary Richling

Special thanks to our new volunteers who are assuming important roles in our Hiking Club. Art and Margaret Cross will replace Dean and Jan Wilson as Hiking Statistic Recorders. They will be responsible for entering all of our individual hikes on the computer and issuing the awards. Thanks to the Wilsons for making sure we each got credit for all our hiking efforts. Anne Hammond is taking over for Diane Chase as Social Committee Chairperson. Karen Schmidt will assist her sister in making sure we all have enough fun at our monthly social hours and Spring and Fall picnics. Anne reminds us to mark our calendars for November

1<sup>st</sup>, the next picnic at Oracle State Park.

### **Attention Hiking Guides and Hikers**

By Mary Richling

After discussing certain hiking incidents during our June Hiking Guide meeting, a consensus was reached about hikers who feel unable to continue a hike. For safety and liability reasons, a hiker may not be left alone to rest or return to the trail head unaccompanied. As much as none of us wants to "spoil" the rest of the group's hike, common sense indicates if there is no one willing or qualified to stay with or return with the struggling hiker, the entire group will have to abort

the hike. The ultimate decision is made by the Hiking Guide. Hikers, please question your guide prior to registering, about particular situations with which you might have difficulty on a hike and if you aren't feeling "up to snuff" on the day of the hike, don't hesitate to cancel until a better day.

A suggestion was made to evaluate everyone's water reserve at the halfway point on a hike in this hotter weather. Several hikes found many at seriously low water levels by the finish.

Keep cool, keep hiking and keep safe. Drink plenty of water!

### **National Parks Bookstore Resource for Hikers, Travelers and Southwest Enthusiasts**

A new 2,100-square-foot book store operated by Western National Parks Association opened in May at 12880 N. Vistoso Village Drive in Oro Valley. The store features the area's largest selection of travel and education books, including a special section of books and products for children and adolescents. Western National Parks Association is widely known for its books on national parks, Southwest history, geology, archeology, American Indians, plants and wildlife, maps, field guides and more. In addition, the store carries an excellent selection of authentic American Indian arts and crafts, including Navajo rugs, jewelry, kachinas, pottery, baskets and fetishes.

The not-for-profit association also operates bookstores at 63 national parks in the western United States, and has an online store at [www.wnps.org](http://www.wnps.org) with more than 500 items. Sales proceeds support education and research programs of the National Park Service

The store is open Monday through Saturday. For information call 622-6014.

*Directions: Turn west at Oracle Road and Rancho Vistoso Blvd, go left on Innovation Park Drive, then 1/8 mile to the first street on left).*

### **Social Hour**

**Our Next Social Hours will be held at the SaddleBrooke RoadRunner Grill on Wednesday, July 16 and Wednesday, August 20 at 4:00 PM.**

### **FITNESS WALKS---SIX DAYS A WEEK**

If you want a good way to get in shape and stay healthy just join up with one of the Fitness Groups. These are walks around SaddleBrooke at a pace that will accommodate most everyone for about one hour. On occasion they may be extended for a longer distance with concurrence of the group. The Sun/Mon/Tues/Wed/Thurs/Fri group is led by Bill Leightenheimer and the Tues/Thurs group (formally called Exploring SaddleBrooke) is led by Judy Barenkopf. See the write up for additional information at the beginning of the Hiking Schedule.

### **NEWS YOU CAN USE**

**Change of Address:** if you change your address – especially your email address – please notify our Secretary, Bob Perez, so you can continue to receive the bi-monthly Newsletter and any other communications that the Hiking Club sends out. Contact Bob Perez, 65187 E. Desert Sands Court, SaddleBrooke, AZ 85739, phone: 818-2111, e-mail: [azsun65@mindspring.com](mailto:azsun65@mindspring.com)

### **SADDLEBROOKE HIKING CLUB OFFICERS**

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### **HIKING GUIDES NEEDED**

Our Hiking Club is always looking for new Hiking Guides. If you have gained experience hiking with us or elsewhere and have some favorite hikes you would feel comfortable leading, then please contact Susan Robertshaw 818-6727 or by e-mail at [jsrobertshaw@worldnet.att.net](mailto:jsrobertshaw@worldnet.att.net).

### **Hiking Guide Meeting /Board Meeting**

The next hiking guide meeting will be on Wednesday, August 6, 2003 at 4:00 p.m. at the SaddleBrooke Country Club. The board meeting will precede the hiking guide meeting at 3:00 p.m. and any club member is welcome to attend.

### **GENERAL HIKING INFORMATION**

Call the guide to make a reservation. Assume that the hike will proceed as scheduled unless the guide calls you. Persons who have made a reservation and then find they cannot go on the hike, must call the guide to cancel their reservation at the earliest time. The time listed for the hike is the departure time. It is important to arrive 10 to 15 minutes before departure time. Always bring ample water (a minimum of 2 quarts is recommended), sunscreen, and appropriate footwear and headgear. Bring a snack or lunch as you see fit to sustain you. Always bring some sort of ID and medications you generally take.



All hikes leave from the left front parking lot in front of the MountainView Clubhouse (just east of the tennis courts) unless otherwise noted. Voluntary driver donations, shown at the end of the hike descriptions, include \$1.00 for entry/parking fees where required. There may be additional fees for entry to areas such as National Parks, Monuments, Wilderness Areas, Special Exhibits, some State Parks and for overnight stays, etc. These fees will be outlined by the Hiking Guide. Hiking Guides may also wish to split costs between drivers for drop-offs and/or unequal passenger loads. Small bills are appreciated as the driver may not be able to provide change. Due to automobile insurance coverage considerations, it is recommended that any payment to the driver be made upon return to MountainView. Also, please let the guide know ahead of time if you intend to drive and whether or not you have applicable passes.

## GUEST POLICY

Please note: A guest is a person who is not a SaddleBrooke resident, whether year-round or part-time. A SaddleBrooke resident must be a club member in order to join a hike. On hikes with limited participants, members have priority over guests. Members must accompany their guest(s), and all guests will be required to sign a Release Form prior to hiking. If the guest is younger than 16 years old, the member must notify the hiking guide who has sole discretion whether or not to allow minors on his/her hike. Guests under age 18 must have a Release Form signed by their parent or legal guardian to present to the guide prior to hiking.

## HIKE RATINGS AND PACE

A Hikes 14 miles or 3000 foot climb  
B Hikes 8 to 14 miles or 1500 to 3000 foot climb  
C Hikes 4 to 8 miles or 500 to 1500 foot climb  
D Hikes 4 miles and 500 foot climb

Slow Pace – Less than 1.5 MPH with frequent stops

Moderate Pace – 1.5 to 2.5 MPS, fewer stops

Fast Pace – Greater than 2.5 MPH

Pace is also governed by trail conditions and the terrain to be covered. Ask your guide for clarification when you sign up.

NOTE: Sometimes a hike is harder or easier than its rating indicates. In an attempt to pinpoint accuracy, “minus” and “plus” signs have been added to some ratings. Hikes are much more difficult than a walk around SaddleBrooke. Be sure to ask the guide for details when signing up for a hike. ALL hikes, except the Fitness Hikes and Exploring SaddleBrooke hikes, have some rocks, unsteady ground, etc. Be sure you can handle the hike and the pace of the hike before signing up.

## SCHEDULED HIKE

NOTE: Hikes marked by a double asterisk \*\* are new additions to our club database or a new ‘one time’ hike. Hikes marked by a double plus ++ are Orientation Hikes. Orientation hikes (OH) are encouraged for all “beginner” hikers and are intended for sharing information and for personal assessment

of current physical fitness. Another way to assess ones fitness is to take one or more of the regularly scheduled Fitness Walks.

**Fitness Walk – Tues. & Thurs.** Rating D. These walks are oriented to those who want to get out early and keep your engine running smoothly. You walk at your own pace, meet some wonderful and interesting folks while perusing SaddleBrooke. The walks are usually for one hour except for an occasional 3-4 hour hike when we venture outside the SB boundaries. These longer hikes are decided by the group and planned one week in advance. We meet at MountainView Club House parking lot on Tuesday and at SaddleBrooke Tennis Center parking lot on Thursday. Leave at 6:00 AM. For additional info and sign-up call Judy Barenkopf at 825-7077 or e-mail at mbarenkopf@aol.com.

**Fitness Walk - Sunday, Monday, Tuesday, Wednesday, Thursday, Friday.** Rating D. Maintain your fitness or get into better shape by joining us for a morning fitness walk. We begin and end with proper stretching techniques, learn power-walking techniques, and have some fun. Wear comfortable woaling/athletic shoes. Remember the sunblock, a hot and bring a quart of water. The sessions will last about one hour and are suitable for walkers of all ability levels. Walks are conducted Sunday, Monday, Tuesday, Wednesday, Thursday, and Friday. Sunday's walk will meet at the bank on SaddleBrooke Boulevard. Monday's, Tuesday's, and Thursday's hikes meet at SaddleBrooke CC. Wednesday's and Friday's hikes meet at Mountainview CC. Leave at 6:00 AM. Bill Leightenheimer, 818-1953.

**July 1 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**July 2 - Wed.** Fitness Walk. Rating D.

**July 3 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**July 4 - Fri.** Fitness Walk. Rating D.

**July 6 - Sun.** Fitness Walk. Rating D.

**July 7 - Mon.** Fitness Walk. Rating D.

**July 7 - Mon.** Sutherland Wash Petroglyphs. Rating C. This hike is a gradual hike through a mesquite bosque with 100+ year old saguaros, Arizona Poppies/Morning Glories in season, on the way to an area of many, many petroglyphs. Per the book Paradise Found by Kathy Alexander there are over 1400 petroglyphs in the area. Some rock scrambling is necessary to search for the petroglyphs. Bring a snack to enjoy while searching. Hike 6 miles; starting elevation 3200 feet; 200 feet elevation change; moderate pace; limit 15 hikers; leave at 6:30 AM; driver donation \$1.00. John Robertshaw, 818-6727.

**July 8 - Tues.** Fitness Walk. Rating D. Two hikes offered.

~~**July 8 - Tues.** Mt. Lemmon/Meadow/Fire Lookout. Rating C-. We will drive to the very top of Mt. Lemmon and park by the astronomical observatories operated by the UA, also known as Radio Ridge. We then hike down the Meadow Trail, through Lemmon Park, to where it intersects the Mt. Lemmon~~



Trail that will lead us back to Lemmon Rock fire lookout cabin, which offers spectacular views. We will then hike back to the top of Mt. Lemmon. Altitude at start 9157 feet; elevation change 500 feet; hike 3 miles; leave at 9:00 AM; driver donation \$6.00. Jan & Dean Wilson, 818-0299.

**July 9 - Wed.** Fitness Walk. Rating D.

**July 10 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**July 11 - Fri.** Fitness Walk. Rating D.

**July 11 - Fri.** Picacho Peak. Rating B. From Barret Loop trailhead hike up to a saddle then down to Sunset Vista Trail then to the top of Picacho Peak using the permanently installed guide cables to get to the top. Bring cotton or leather gloves for holding on to cables. Return requires a climb down Sunset Vista Trail then up the Hunter Trail again to the saddle. This is a short, strenuous, 'acrophobic' hike & a favorite among hikers. \$5.00 park entrance fee or a pass (car with up to 4 people); hike 4 miles; climb 2100 feet; elevation at start 1500 feet; limit 8 hikers; leave at 6:00 AM; driver donation \$6.00. John Robertshaw, 818-6727.

**July 13 - Sun.** Fitness Walk. Rating D.

**July 13 - Sun.** Wilderness of Rocks. Rating B-. Starting at Marshall Gulch picnic area we climb 550 feet to Marshall Saddle. Then down the Wilderness of Rocks Trail to Lemmon Rocks Lookout Trail. From there we go a further 3/4 of a mile to the Lemmon Creek area in the heart of the Wilderness of Rocks. Beautiful rock formation with great views in the heart of the Catalinas. We return by the same route. We climb 900 feet to the saddle and then down the gulch to the picnic area. Hike 7.5 miles; starting elevation 7440 feet; climb 550+900 feet; leave at 7:00 AM; driver donation \$6.00. Karen Gray, 818-0337.

**July 14 - Mon.** Fitness Walk. Rating D.

**July 14 - Mon.** Madera Canyon Nature Trail. Rating C. This non-desert hike is in the Santa Rita Mountains. We start at 4500 foot elevation from the lower area and ascend 3.2 miles up the canyon to the 5400 foot Roundup Picnic Area. Along the way, we enjoy the shade of Apache pines, Douglas Firs, Emory Oaks, Mexican Blue Oaks, Willows, Cottonwoods, and Sycamores. Our return is by the same route. There are panoramic views from a ridge on a trail breakout. Hike 7.5 miles; climb 900 feet; starting elevation 4500 feet; leave at 6:30 AM; driver donation \$6.00. Mary Richling, 825-5238.

**July 15 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**July 16 - Wed.** Fitness Walk. Rating D.

**July 16 - Wed.** Romero Pools. Rating C+. The hike begins in Catalina State Park and follows Romero Canyon Trail into the foothills. Trail crosses open desert then climbs steeply until it reaches a saddle and then down the canyon area where several pools are located. An option is a 1/2 mile round-trip hike to the upper pools. We will have lunch there. \$5.00 park entrance fee or a pass (car with up to 4 people). Limit 14; hike 6 miles; climb 1200 feet; altitude at start 2700 feet;

leave at 6:00 AM; driver donation \$2.00. Wayne Kennedy, 818-1812.

**July 17 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**July 18 - Fri.** Fitness Walk. Rating D.

**July 18 - Fri.** Blackett's Ridge. Rating B. A relatively short hike between Sabino and Bear Canyons with spectacular views of Tucson and the canyons. We follow the dirt road from Sabino Canyon Visitors Center parking lot. The first part of the trail is somewhat steep, and then it changes to a gradual, persistent climb. The pace will be slow but steady. Hike 6 miles; climb 1700 feet; altitude at start 2700 feet; leave at 6:30 AM; driver donation \$3.00. John Robertshaw, 818-6727.

**July 20 - Sun.** Fitness Walk. Rating D.

**July 21 - Mon.** Fitness Walk. Rating D.

**July 21 - Mon.** Incinerator Ridge. Rating C. We will begin at the Palisade Ranger station and climb 400 feet to a saddle. Then we will walk along the ridge to reach a viewpoint towards Barnum Rock and Peck Wilderness. This is one of the premier views off of Mt. Lemmon, which truly gives you the concept of a sky island. The pace will be designed to get anyone there who is in reasonable shape. There are a few bailout points along the way. Hike 5 miles; pace slow; climb 900 feet; altitude at start 8000 feet; leave at 6:30 AM; driver donation \$6.00. Jim Strickler, 825-8735.

**July 22 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**July 23 - Wed.** Fitness Walk. Rating D.

**July 23 - Wed.** Marshall Gulch/Aspen Loop Trail w/Mt. Lemmon Cafe. Rating C. We will start at the Marshall Gulch Picnic Area and go up the Marshall Gulch Trail to the Saddle. Then left down the Aspen trail back to the Picnic Area. There is a large rock to sit on with a view 1/4 mile after we start on the Aspen Trail. After we complete the hike we will stop for lunch at the Mt. Lemmon Cafe in Summerhaven. Good food and great pie. Bring lunch money. Hike 4 miles; elevation change 800 feet; start at 7440 feet; leave at 7:00 AM; driver donation \$6.00. Wayne Kennedy, 818-1812.

**July 24 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**July 25 - Fri.** Fitness Walk. Rating D.

**July 25 - Fri.** Bog-Kent Springs Loop Trail. Rating B. We hike from the Bog Springs Campground in Madera Canyon, Santa Rita Mountains, through three springs areas which are home to bamboo, huge Arizona sycamore, walnut and fir trees. There are great views of Madera Canyon, Green Valley, Kitt peak, and Baboquivari from this trail with strenuous, steep climbs in spots. Limit 15 hikers. Hike 6 miles; climb 2100 feet; starting altitude 5000 feet; leave at 6:30 AM; driver donation \$6.00. John Robertshaw, 818-6727.

**July 27 - Sun.** Fitness Walk. Rating D.



**July 28 - Mon.** Fitness Walk. Rating D.

**July 29 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**July 30 - Wed.** Fitness Walk. Rating D.

**July 30 - Wed.** Tohono Chul Park and Tea Room, "birders walk" and breakfast. Rating D. Join a Tohono Chul docent for a guided bird observation walk in beautiful Tohono Chul Park. Pace slow. We can continue strolling through the park at our leisure and end with breakfast at the Tohono Chul Tea Room. Hike 1.5 miles; elevation change 50 feet; starting elevation 2700 feet; leave at 8:00 AM; driver donation \$1.00; bring binoculars, \$5.00 park admission. Mary Richling, 825-5238.

**July 31 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**July 31 - Thurs.** Mt. Wrightson via Super Trail. Rating A. Hike up the Super Trail (8 miles) to the summit and come down either the Super Trail or Old Baldy Trail. At the top are 360-degree views from Tucson to Mexico. This is an all day hike to an outstanding mountain. Hike 14-16 miles; climb 4050 feet; altitude at start 5400 feet; shady; leave at 6:00 AM; driver donation \$6.00. Jim Strickler, 825-8735.

**Aug. 1 - Fri.** Fitness Walk. Rating D.

**Aug. 3 - Sun.** Fitness Walk. Rating D.

**Aug. 4 - Mon.** Fitness Walk. Rating D.

**Aug. 4 - Mon.** Canyon Loop to Montrose Pool. Rating D. This will be a slow paced hike to Montrose Pools and return in Catalina State Park. We will fork onto the Birding Loop (some water crossing possible) at the end. Hike 4 miles; pace slow; climb 200 feet; altitude at start 2700 feet; leave at 6:30 AM; driver donation \$2.00. Mary Richling, 825-5238.

**Aug. 5 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 6 - Wed.** Fitness Walk. Rating D.

**\*\*Aug. 6. - Wed.** Escudilla Mountain/White Mountains. Rating C+ This hike is in the White Mountains about 5 miles north of Alpine. We will hike through several forested areas and some alpine meadows. The forests include Aspen trees, Engelmann spruce, Colorado blue spruce, Douglas fir, white fir, and ponderosa pines. Parts of the trail are rocky, but the trail is wide and easily followed and the views at the top are great. It is suggested that hikers spend the night before the hike in Lakeside, Alpine, Springerville, or Greer. All have motels. Bring lunch, water, windbreaker jacket (can be cool at the top). Directions to trail head: Drive 5.5 miles north of Alpine on US Highway 191 to Forest Road 56. Follow this 2 WD gravel road east for 5 miles. It is necessary to coordinate with the hike leaders well in advance to arrange carpool locations and time. Call the hike leaders by to sign up and arrange for car pooling. Hike 6 miles; elevation change 1300 feet; starting elevation 9,600 feet; leave from trailhead at 9:00 AM; driver donation from SaddleBrooke \$20; driver donation from motels will vary. Call the hike leaders by August 1 to sign up and arrange for car pooling. Jan & Dean Wilson, 818-

0299.

**Aug. 7 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 8 - Fri.** Fitness Walk. Rating D.

~~**Aug. 8 - Fri.** Butterfly Trail. Rating B-. Starting at Soldier Camp in the Catalinas we will hike down to the Novio Spring area in Alder Canyon where we will lunch in the vicinity of a 1957 F-86 plane crash. All of the steady climb is on the way out. We will be in the shade of very tall Douglas fir and ponderosa pines, up to the saddle and exit at Palisade Ranger Station. Along the way are views of San Manuel to the east. Rating B; hike 6 miles; elevation change 1800 feet; altitude at trailhead 7700 feet; pace slow; leave at 6:30 AM; driver donation \$6.00. John Robertshaw, 818-6727.~~

**Aug. 10 - Sun.** Fitness Walk. Rating D.

**Aug. 11 - Mon.** Fitness Walk. Rating D.

**Aug. 12 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 13 - Wed.** Fitness Walk. Rating D.

**Aug. 13 - Wed.** Josephine Saddle. Rating B. We start in Madera Canyon (Santa Rita Mountains) and go up Old Baldy Trail to Josephine Saddle. Rest there and return on the Super Trail. This hike can be done in reverse going up the Super Trail and returning on the Old Baldy Trail. Hike, 6 miles; climb 1700 feet; starting altitude 5400 feet; leave at 6:00 AM; driver donation \$6.00. Wayne Kennedy, 818-1812.

**Aug. 14 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 14 - Thurs.** Bog-Kent Springs Loop Trail. Rating B. We hike from the Bog Springs Campground in Madera Canyon, Santa Rita Mountains, through three springs areas which are home to bamboo, huge Arizona sycamore, walnut and fir trees. There are great views of Madera Canyon, Green Valley, Kitt peak, and Baboquivari from this trail with strenuous, steep climbs in spots. Limit 15 hikers. Hike 6 miles; climb 2100 feet; starting altitude 5000 feet; leave at 6:30 AM; driver donation \$6.00. Jim Strickler, 825-8735.

**Aug. 15 - Fri.** Fitness Walk. Rating D.

**Aug. 17 - Sun.** Fitness Walk. Rating D.

**Aug. 18 - Mon.** Fitness Walk. Rating D.

**Aug. 19 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 20 - Wed.** Fitness Walk. Rating D.

**Aug. 20 - Wed.** Pima Canyon. Rating C. The trailhead is at the end of Magee Road. The first mile or so of trail is across open desert along the south side of Pusch Peak. It then enters a beautiful rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. We will hike to a rocky open area in the canyon beyond a small dam near Indian grinding holes and then return to the trailhead. Hike 6 miles; climb 800 feet;

altitude at start 2900 feet; leave at 6:00 AM; driver donation \$1.00. Wayne Kennedy, 818-1812.

**Aug. 21 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 22 - Fri.** Fitness Walk. Rating D.

**Aug. 22 - Fri.** Hutch's Pool. Rating C+. We will take the Sabino Canyon tram to the trailhead. After a moderately steep but brief climb out of the canyon the trail is mostly level. This lovely hike will take us to a permanent pool surrounded by giant Arizona Cypress trees. Bring \$6.00 for the tram. Hike 8 miles; climb 900 feet; altitude at start 3300 feet; leave at 7:45 AM; driver donation \$3.00. John Robertshaw, 818-6727.

**Aug. 24 - Sun.** Fitness Walk. Rating D.

**\*\*Aug. 24 - Sun.** Mt. Wrightson via Old Baldy & Super Trail. Rating A. We start in Madera Canyon (Santa Rita Mountains) and go up Old Baldy Trail to Josephine Saddle where we take the Super Trail to Mt. Wrightson. At the top are 360 degree views from Tucson to Mexico. We will return via the Old Baldy Trail. This is an all day hike to an outstanding mountain. Hike 11 miles; climb 4050 feet; altitude at start 5400 feet; shady; leave at 7:00 AM; driver donation \$6.00. Karen Gray, 818-0337.

**Aug. 25 - Mon.** Fitness Walk. Rating D.

**Aug. 26 - Tues.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 27 - Wed.** Fitness Walk. Rating D.

**Aug. 27 - Wed.** Romero Pools. Rating C+. The hike begins in Catalina State Park and follows Romero Canyon Trail into the foothills. Trail crosses open desert then climbs steeply until it reaches a saddle and then down the canyon area where several pools are located. An option is a 1/2 mile round-trip hike to the upper pools. We will have lunch there. \$5.00 park entrance fee or a pass (car with up to 4 people). Limit 14; hike 6 miles; climb 1200 feet; altitude at start 2700 feet; leave at 6:00 AM; driver donation \$2.00. John Robertshaw, 818-6727.

**Aug. 28 - Thurs.** Fitness Walk. Rating D. Two hikes offered.

**Aug. 28 - Thurs.** Aspen Loop/Mint Spring Trail. Rating C. Santa Catalina Mountains. This will be a slow, easy hike with plenty of stops to see the sights along the way. Starting at the Marshall Gulch picnic area we will take the Aspen Trail to Marshall Saddle where we will take a break for a snack/lunch. We will continue on the Mint Spring Trail to the Carter Canyon trailhead, then hike down the Carter Canyon road back to the Marshall Gulch picnic area. If we want, we will stop at the Mt. Lemmon Café for Pic. Hike 5.5 miles; climb 1100 feet; elevation at start 7450 feet; leave at 6:30 AM; driver donation \$6.00. Jim Strickler, 825-8735.

**Aug. 29 - Fri.** Fitness Walk. Rating D.

**Aug. 31 - Sun.** Fitness Walk. Rating D.