

# SADDLEBROOKE

## HIKING CLUB NEWSLETTER

<http://saddlebrookehikingclub.com>

MAY/JUNE

2023

### BOOT PRINTS FRANK EARNEST

Submitted by Diana Smith



Frank Earnest at Phantom Ranch. This was from a rim-to-rim hike 2016  
Photo taken by Mike Ransom.

Born in Rochester, Minnesota, to a family of doctors (including his father, uncles, and grandfather), Frank Earnest knows something about taking the scenic route to come full circle. In his life, much like in his

hiking, Frank started down his chosen path, embracing experiences along the way before returning to the place he started.

After spending his elementary and middle school years in Ohio, Frank and his family moved to San Diego. Availing himself of the California University system, he completed his undergraduate studies at UC Santa Barbara and then attended the UCLA medical school. His three-year residency at the Mayo Clinic led to a thirty-three-year career as a diagnostic radiologist back in his childhood hometown of Rochester, Minnesota.

During his residency, Frank met and married Sarah Pasch. They have three grown children: sons in Francisco and Asheville, North Carolina; and a daughter, son-in-law, and a grandson Charley in Jacksonville, Florida. Frank became a Catholic during his medical residency; many years later he took a four-semester sabbatical as a Bush Foundation Medical Fellow studying systematic theology at St. John's School of Theology and Seminary in Minnesota.

Frank and Sarah learned about SaddleBrooke from new neighbors in Rochester who had lived here. In searching for a place to retire, Frank and Sarah rented homes in the Tucson area and Green Valley, eventually buying a house in SaddleBrooke on Rolling Hills Drive in 2013. They recently renovated a home on Diamond Ridge Court and moved in November 2020. Brother Dave, a retired United Airlines pilot, and his wife Cathy bought their house on Rolling Hills Drive.

Frank first began hiking in college, after an invitation to climb Mount Whitney from his biochemistry professor and several graduate students. For the trip, he recalls wearing Levi jeans and Red Wing boots while carrying a borrowed wood frame Kelty

backpack. After that first experience, he upgraded his equipment and made several more backpacking trips in the Sierras with his brother and friends. Busy with medical school, work, and family, Frank seldom hiked but returned to it in retirement. He began hiking with the club in the fall of 2013 and again found it to be the perfect pastime to energize his body, mind, and spirit.



Frank hiking with friends Elisabeth Wheeler and Ray Peale

Frank considers himself lucky to have joined a group of hikers, many of them guides, who would do informal ‘A’ hikes on Fridays. Because he enjoyed the club so much, Frank wanted to give back becoming a guide in 2015. He was a member of the SBHC Board of Directors from 2018 to 2020, serving as Associate Chief Guide and Chief Guide and has worked tirelessly to enlist new guides. Recruited by Walt Shields, Frank is actively involved in first aid training SBHC guides and is a member of the Wilderness Medical Society.

Frank served as a guide for many club trips including Paige and Flagstaff, Arizona; Big Bend National Park in Texas; Las Vegas, Nevada; Death Valley, California; Saint George, Utah; and his personal favorite hike to Ice Lake Basin near Silverton while on a trip to Durango, Colorado. Favorite local hikes include the Sabino Canyon/Bear Canyon Loop, Mt Wrightson, and the Butterfly Trail.

Frank, who also enjoys hiking alone, describes joining SBHC as a “great adventure” introducing him to many interesting people who shared his love of the outdoors. One of his first solo hikes, to Romero Pass, took longer than planned. Having forgotten to turn his cell phone back on, Frank was greeted at the trailhead by his worried wife who was alerting park rangers about a missing hiker. Because he enjoys and continues to do many solitary hikes, Frank pays more attention to having what he considers the most important safety device on a hike - a fully charged cellphone and always carries a SPOT device as an emergency backup.



Donohue Pass, John Muir Trail (left to right) Mike Wolter, Bertie Litchfield, Ray Peale and Frank Earnest. This was taken by a member of another hiking group we were passing on the trail.

Some of Frank’s most memorable hiking trips include backpacking in Grand Gulch; Torres del Paine National Park in Patagonia, describing the Perito Moreno Glacier and Los Glaciares National

Park as “otherworldly”; Tour de Mont Blanc with Sarah; and the John Muir Trail in the Sierra Nevada, despite having to hike out from Charlotte Lake early due to a re-supply snafu.



Patagonia – Photo on the trail to Cerro Torre.

Frank also enjoys photography - a hobby borne out of hiking - focusing on landscapes, portraits, and street scenes of local people. He has also become a bit of a birder and wildflower enthusiast, interests picked up from several expert fellow hikers. Frank has become a regular golfer since retiring, first playing in leagues and currently playing about three times a week with friends. Sarah is also an avid golfer.

The Earnests, who enjoy traveling, have planned a cruise from Barcelona to Lisbon in the fall and a trip to Iceland and the Faroe Islands in 2024. A particularly memorable trip, Frank chaperoned his

youngest son’s ten-day senior trip to China, visiting Beijing, Xian, and Shanghai. While in Xian, the group heard a “commotion” at a mosque. They entered the courtyard just in time to witness the ritual sacrifice of a lamb as part of an Eid al-Adha observance, quite a sight for a group of high school students!

Frank’s energy and enthusiasm are infectious. Whatever he decides to do, he does it to the fullest. And even if he goes off the trail now and again, you just never doubt that he will be back to finish the hike.

**WELCOME TO NEW BOARD MEMBERS  
AND  
GOODBYE TO OUTGOING MEMBERS**

Submitted by Ruth Caldwell

At our Spring Picnic on March 17, we elected our new slate of Board Members. Please welcome Ken Wong as Vice President, Marc Humphrey as Associate Chief Guide and Arlene Daigle in her second two-year term as Treasurer.

Ken Wong has been active behind the scenes as the SBHC webmaster for many years. He previously served as club secretary for two years, 2010-2012. You will recognize his name as the sender of the club email blasts that bring important updates. Ken was also a valuable member of our technology committee this past year and the bylaws committee, in addition to being club auditor.

Marc Humphrey has been a guide for a couple of years now and is very popular with hikers. He leads B and C hikes. He has been very involved with volunteering for the club - he is a member of the Trip Committee and helps with the setup and cleanup duties at our Club Picnics.

Arlene Daigle has been a wonderful guardian of our financial wellbeing as our

Treasurer. She produces a financial statement for each of our Board Meetings.

Katie Atkins is in the second year of her second term as our secretary. She is diligent about keeping records of all the Board meetings.

Ruth Caldwell will transition from Vice President to President, and Jeff Love will become Chief Guide after serving as our Associate Chief Guide.

But we should all give a huge thanks to our two outgoing Board Members!



Bruce Landeck has served as our President for the past year (after one year as Vice President). Bruce accomplished several of the objectives that he had in mind at the beginning of his two-year service as Vice President and then President. Bruce, a retired lawyer, suggested several updates to our By-Laws, as well as rewording our liability clause on our membership form and hike roster which were adopted by the Board. In his forward-thinking manner, he created a Technology Committee to research ways to automate some of our club processes. Several of those ideas from the Committee have already been implemented.

Bruce is also deservedly proud of his last accomplishment. I know Bruce spent a lot of time and effort convincing Robert Stieve, the editor of Arizona Highways magazine to come speak to an almost full house at the Desert Theater (our largest audience for a program to date). Mr. Stieve is a much sought after speaker, and our club and community thoroughly enjoyed his presentation!



Karen Gray is a major part of our club's foundation. Her knowledge, expertise, and willingness to share that wealth is so refreshing. Karen has done an outstanding job as our Chief Guide. Karen's skills were quickly used as Associate Chief Guide, as she stepped up with her calm steady approach into the Chief Guide role. Herding some thirty guides down the trail takes patience!

Karen is also our primary liaison with Catalina State Park with her Geology Talks, and she offers ILR classes held here.

Please join us in congratulating our new Board Members and thanking our outgoing Members for their contributions.

**“MOVE ACROSS 2 RANGES”  
HIKING CHALLENGE**

Submitted by Francois Brault

Ruth Caldwell and Margaret Valair, SaddleBrooke Hiking Club Members, participated in the "MOVE Across 2 Ranges" Hiking Challenge on February 25, 2023. The event was put on as a partnership between Marana and Oro Valley Parks and Recreation.



Margaret Valair and Ruth Caldwell

It was an awesome way to discover nature, get active, and experience the challenge and beauty of Southern Arizona's Tortolita and Catalina Mountains in ONE day. Hikers explored the Tortolitas from the Wild Burro Trailhead and then drove over to Catalina State Park to hike again.

There are four hike combinations offered: the Mighty Hike of 6.7 miles; the Major Hike of 9.5 miles; the Mega Hike of 16.2 miles; and the Massive Hike of 24.2 Miles. This gave opportunities for all levels of nature and fitness enthusiasts!

Margaret hiked the "Massive Hike" starting at 6:30 a.m. in the Tortolitas for 15.7 miles and then drove

over to Catalina State Park for another 8.5-mile hike including Romero Pools. Ruth hiked the "Major Hike" starting at 7:30 a.m. in the Tortolitas for 6 miles and then drove over to Catalina State Park for another 3.5-mile hike.

All Hikes were clearly signposted and supported mostly by Volunteers providing enthusiasm, trail snacks, and water. The event culminated in an afterparty at the Group Picnic Area in Catalina State Park with a meal and refreshments. There was also music and raffle prizes provided by Summit Hut.

Join Ruth and Margaret in 2024 for this wonderful event!

**SADDLEBROOKE HIKERS VOLUNTEER  
ON THE ARIZONA TRAIL  
IN ORACLE STATE PARK**

Submitted by Elisabeth Wheeler

After freezing and snowy work events in January and February, six SaddleBrooke hikers enjoyed a comfortable work session in March on the Arizona Trail in Oracle State Park. Winter snow and rain grew the dreaded catclaw shrubs onto the trail and filled up the drainage channels.



Maintenance work on the Arizona Trail by Kaori Hashimoto, Barb, Seana Kobak, Steve Aiken, Ray Peale  
Photo by Elisabeth Wheeler

SaddleBrooke hikers, along with two Arizona Trail workers, were energized by the clear skies, the camaraderie, the views of the surrounding mountains, and the delicious baked goodies by Chris Jeffery



Arizona Trail Volunteers: Steve Aiken, Ray Peale, Tom Geiger, Kaori Hashimoto, Chris, Barb, Elisabeth Wheeler Photo by Seana Kobak



Tom Geiger and Kaori Hashimoto trimming catclaw shrubs along the Arizona Trail. Photo by Elisabeth Wheeler



Ray Peale and Steve Aiken working on drainages along the Arizona Trail. Photo by Elisabeth Wheeler

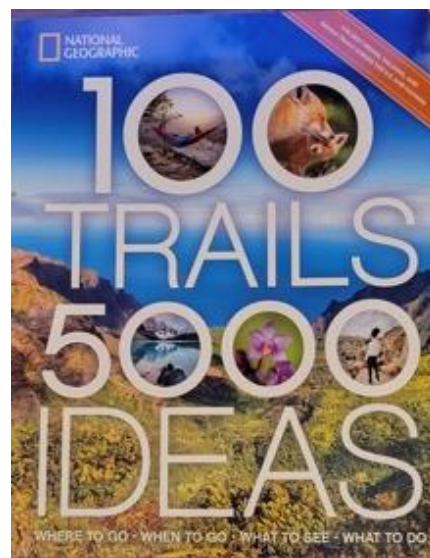
An additional work party is scheduled for Wednesday, April 12, at 7:30 a.m. Contact Seana Kobak or Ray Peale to join the fun!

[seanabk88@gmail.com](mailto:seanabk88@gmail.com)

[ray.peale@gmail.com](mailto:ray.peale@gmail.com)

## NEW BOOKS IN THE LIBRARY FOR HIKERS

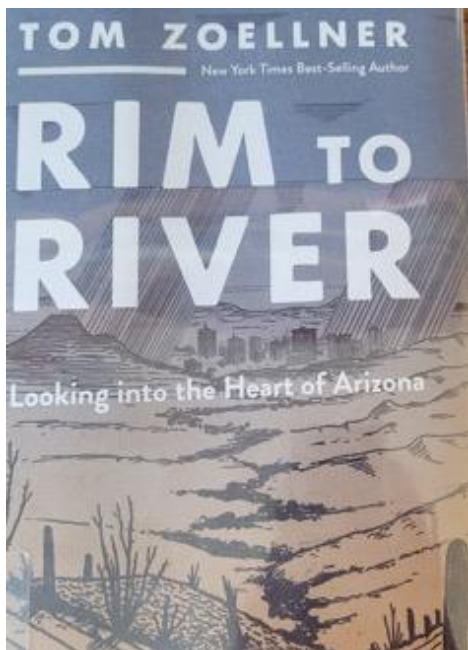
Submitted by Janet Fabio



The DesertView Library has purchased a new title from National Geographic "100 Trails, 5000 Ideas."

The focus is on remarkable hikes in the U.S. and Canada, with a very short Global section. Many of the hikes would take days or even weeks to complete if you hiked the entire trail, but most can be done in segments. Examples of longer hikes include the Appalachian Trail, Pacific Crest Trail, and the Ice Age Trail in Wisconsin. For Arizona, the two trails highlighted are the Arizona Trail and Grand Canyon Rim to Rim.

But there are also some very easy walking trails such as the River Walk in San Antonio and the Chicago Lakefront Trail, as well as short hikes in many locations. The book is most useful as a starting point if you are planning a trip to an area and looking for introductory information on hikes/trails.



Native Arizonan and journalist Tom Zoellner has a new book “Rim to River: Looking into the Heart of Arizona.” He interweaves narration of his hike along the full length of the Arizona Trail, from Utah to Sonora, with information about the history and culture of Arizona. As you follow his extraordinary journey, you will enjoy his storytelling and gain insight into what makes Arizona the way it is.

In his presentation, Robert Stieve mentioned an upcoming book by Arizona Highways “Summer Hiking Guide.” So far there has been no announcement of publication. We will let you know when it is available.

In addition to the two new books mentioned above, the DesertView Library has most of the Arizona Highways publications. The Library also offers a selection of hiking guides specifically for Tucson, Phoenix, Arizona, and the Southwest. Stop in and check them out! To reserve books, use the easy link to the Library catalog on the website: [www.sblibraries.com](http://www.sblibraries.com). If you are not yet registered to use the libraries, it is free and easy. Stop in at the DesertView Library or SaddleBrooke One Library during staffed hours:

Monday through Friday, 9:00 a.m. to 4:00 p.m.  
Saturday, 9:00 a.m. to noon

## PEPPERSAUCE DELIGHT!

Submitted by Bruce Landeck



Guides Bruce and Carol Olson

April 5 was a beautiful clear morning at 45° as 9 hikers convened at the Peppersauce Canyon trailhead near a campground at the foot of Mt. Lemmon.

Bruce and Carol Olson (a/k/a Team Olson) led the group up an old jeep road into this beautiful riparian canyon which follows Peppersauce Creek.

Enormous Arizona sycamore and walnut trees, against a brilliant blue sky, provided shade as both the temperature and hikers started a slow steady climb into the canyon. Many colorful conglomerate rocks, an occasional alligator juniper, and interesting boulder formations along the canyon walls added to the attractiveness of the area.



According to a Coronado National Forest Service article: “While you’re here, you’ll want to keep an eye on your hot sauce. This canyon was named by prospector Alex McKay, who camped here in about 1880 and reported that his hot sauce came up missing. The perpetrator (if there was one) has yet to be apprehended.”

There were several crossings of Peppersauce Creek; however, the rocky streambed was low and there were enough rocks available to keep boots and feet dry. But hikers who come here should be aware that this small creek would present a high flash flood risk if there is rain, or the threat of rain in the mountain above.

After several hours and having stopped for a snack along the flowing creek by small waterfalls, we returned to the cars having completed this up and back delightful hike. Besides Bruce and Carol, other hikers included Kathryn Madore, Tom Rice, Jerry Macek, Jennifer Shafer, Rick Woods, Jennifer Woods, and Bruce Landeck. Thanks to Team Olson for a beautiful April morning experience!

**WELCOME NEW MEMBERS  
TO THE  
SADDLEBROOKE HIKING CLUB**

*Submitted by Dianna Wilson*

Warm welcome to the 69 new members of SBHC! Wow what a great time to be hiking with the perfect weather and inviting trails. We have 640 members in this club who are eager to meet up, enjoy the company of others and get some exercise! Life in SB is grand.

Peter Aimonetti  
Jean Aimonetti  
Margaret Albrecht  
Betsy Amento  
Steve Amento  
Lori Anderson  
Dave Barta  
Janet Blake  
Mike Boyd  
Linda Brotsch  
Michael Bubla  
Kaye Caulkins  
Cheryl Coberly  
Ellen Del Margo  
Nate Einbund  
Melanie Einbund  
Doug Fritz



Don Grafmiller  
Debbie Grafmiller  
Zoe Gregor  
Laura Gregor  
Sherrie Grupe  
Susan Hagerty  
Kevin Hyland  
Alex infald  
Leslie Jamison  
Kristy Johnson  
Carol Kirkner  
Shirley Kobs  
Ron Kominiarek  
Laura Kominierrek  
Anthony Koscumb  
Gerthe Larson  
Carolyn Larson  
Allen Lessie  
Carol Lindahl  
Gregory Lindahl  
Linda Linegar  
Terry MacLeod  
JoAnn Martens  
Janet Mattson  
Joyce Maurizzi  
Joseph Maurizzi  
Charles Maxim  
Robin Maxim  
Dianne Monza  
Sandra Morrison  
Jim Mullins  
Jason Noffsinger  
Pati Nuce  
Linda Parkhouse  
Harriet Pearson  
Denise Phillips  
Lee Pieper  
Robert Pottorf  
Kristine Prass  
Trudy Rosenblum  
Christine Schmitz  
Kurt Steinert  
Linda Stumpf  
Gene Stumpf  
Paige Szajnuk  
Denny Teusch

Patricia Tewksbury  
Glenn Tewksbury  
Debra Varnau  
Mike Wiklund  
Linda Wiklund  
Betty Zwink

### **WINE AND HIKE – March 30 and 31**

Submitted by Phil McNamee

Fifteen SaddleBrooke Hiking Club members took part in the Sixth Annual Wine and Hike in Willcox and Chiricahua. Some members hiked the Cochise Stronghold on Thursday afternoon led by Bill Bender, while the rest of us enjoyed wine tasting in the wineries outside Willcox.



We all had dinner together at La Unica Mexican restaurant in Willcox. After a pleasant stay at the Arizona Sunset Inn, we all headed out to Chiricahua National Monument on a fantastic morning to hike.



Bill led a 'C' hike, and Phil led a 'B' hike - both hikes toured the famous Heart of Rocks loop. Besides the guides (Bill and Phil), hikers and wine tasters included: Mary Hanley, Judy Bender, Dave Lancaster, Johanna Pawelczyk, Cheryl Mundy, Missy Rodey, Linda Eglin, Anne Stanley, Cathy Meyer, Martha Baird, Kaori Hashimoto, Rob Simms, and Myrna Simms.

### **BOYCE THOMPSON ARBORETUM**

Submitted by Walt Shields

On February 9, fourteen SaddleBrooke Hiking Club members visited the Boyce Thompson Arboretum located near Superior, AZ - 75 miles north of SaddleBrooke. Established in 1924, the Arboretum is the oldest and largest in Arizona. It houses a large selection of desert plants from around the world that are beautifully displayed in different sections of the Arboretum.

Our group enjoyed an informative hour-long docent led discovery tour to begin our morning. We learned about the uniqueness of desert plants and the remarkable ways in which they have adapted to survive in regions with very little precipitation. We then enjoyed walking some of the three miles of groomed trails that afforded beautiful views of the surrounding rock formations and mountains.



Following our Arboretum visit, we drove ten minutes east to the quaint mining town of Superior where we feasted on delicious bar-b-que at the Silver King Smokehouse.



Pictured from left to right are: Tiggy Shields, Paul Rizza, Walt Shields, Jane Perry, Bruce Landeck, Bill Johnston, Judy Landeck, Julie Davis, Kathy Johnston, Karen Munn, Colin Wiltshire, Evelyn Wiltshire, Bill MacSween, and Bev MacSween.

**A DIAMOND IN THE DESERT -  
GARWOOD DAM  
AND  
WILD HORSE LOOK TANK HIKE**

Submitted by Mary Kopp



Photo by Ruth Caldwell

Water was important to the Garwood family cattle ranchers in 1948, so much that they built their own dam in Wild Horse Canyon. A trek to old Garwood Dam and Wild Horse Tank pools emphasizes the importance water was to the Garwood ranchers. The dam itself was built in 1948, before the land was established as an eastern section of Saguaro National Park.

The loop is a fun, yet rugged hike in a Saguaro cacti forest. The trail sports an awesome crested Saguaro, worthy of a photo opportunity. Led by Ruth Caldwell from the end of Speedway in the farthest east side of Tucson, Ruth guided us through the three points of interest: the old Garwood Dam; the Wild Horse trail; and finally, and truly most vividly, the outstanding “pools” with multiple cascading waterfalls - due in part to the winter snow melt.



Photo by Ruth Caldwell

The six-mile trek culminated with a delicious lunch at the Tanque Verde Guest Ranch which is across the road from the Garwood Dam trailhead. This turn of the century ranch style food hall was complete with period furnishing, fireplace, and comfortable sitting/dining.

The foodies were not disappointed at the ranch house, as the salads/soups/full menu were delectable. We even left with an Almond chocolate dipped cookie recipe.

Hikers were Karen Munn, Yvette and Bruce Sabulsky, Jim Solon, Maria Szentirmai, Mary Kopp, Ann Olson, Arlene Daigle, Jim Thompson, and Ruth Caldwell (Guide).

The day's travels crossed paths with both horseback, foot, and foodie trekking adventurers. It was a fabulous day in the high desert. Thank you, Ruth!

For more information on future club directed hikes and activities go to:

[saddlebrookehikingclub.com](http://saddlebrookehikingclub.com)

## 2023 SPRING PICNIC

Submitted by Missy Rodey



A hungry and excited food line.

A record number of 152 hiking friends gathered at Catalina State Park for this year's Spring Picnic. It

was a beautiful day; and, according to comments, fun was had by all. The food tables were laden with a wonderful array of chicken, salads, and desserts. It was a truly great spread!



Two of our intrepid volunteers enjoying some off-duty time. They are also two of our dedicated SBHC hike leaders.

The delicious food brought by attendees is always a special part of the picnic experience - always drawing exclamations of appreciation. If you are willing to share the recipe for the food item you brought, please send it to Missy Rodey.

[missy.rodey@gmail.com](mailto:missy.rodey@gmail.com)

Missy will compile the recipes and make them available through a link in the next SBHC.

**Drumroll:** Our Fall Picnic will be held at the same location on Friday, November 3. Please mark your calendars and save the date.

There were a few serving items left after the festivities. Do you recognize one of these items left

at the picnic site after all the festivities? If you do, please contact Missy at

[missy.rodey@gmail.com](mailto:missy.rodey@gmail.com)



**ROBERT STIEVE PRESENTS  
FEBRUARY HIKING CLUB PROGRAM**

Submitted by Bruce Landeck

On February 16, *Arizona Highways* Editor Robert Stieve was the featured speaker at the SaddleBrooke Hiking Club's program at the Desert View Performing Arts Center. His slide presentation was titled "Arizona Highways and Hiking the Grand Canyon State."

Informative, entertaining, and humorous, Stieve discussed the history of the popular magazine from its humble beginning in 1925 to the present, when the total monthly circulation worldwide exceeds 200,000 copies. He regaled the 375+ audience with stories of

some past Editors (including Raymond Carlson who served 33 years and was Stieve's mentor), as well as some of the magazine's more famous photographers and artists (such as Ansel Adams, Barry Goldwater, Jeff Maltzman, Jack Dykinga, Esther Henderson, Josef Muench and Ted DeGrazia). Starting at the magazine in 2007, Robert has the second longest tenure as Editor after Carlson.



After recounting the magazine's colorful history and showing some of its famous covers, Stieve presented slides depicting some of his favorite Arizona hikes. Many of these hikes have appeared in Robert's "Hike of the Month" column found in each monthly edition. From hiking trails in and near the Grand Canyon, to covering portions of the Arizona Trail, to exploring areas in the Chiricahua and White Mountains, Robert has seen on foot what most have seen only in the beautiful photographs he showed.

The SaddleBrooke Hiking Club and our community warmly responded to Stieve's appearance and took home a better understanding of how *Arizona Highways* has played such an important role in telling our state's story and promoting its tourism. At the conclusion of the program, the featured speaker was presented with a plaque which read "The

SaddleBrooke Hiking Club Hereby Grants Honorary Life Membership to Robert Stieve, *Arizona Highways* in Recognition and Appreciation for Your Presentation to Our Community, February 16, 2023.” Thank you, Robert, for a wonderful afternoon and for visiting SaddleBrooke!



### A TOAST TO TIM'S RETURN

Submitted by Ruth Caldwell

It was February 8, on a beautiful sunny Arizona day, that 11 hikers went to Saguaro National Park East to hike the Cactus Forest Trails.

But it was a very special day for one of those hikers. It was just 8 weeks to the day after Tim Butler underwent quadruple bypass surgery. This was his first official hike post that life changing event. We had a wonderful time visiting with Tim and marveling at his amazing recovery.

Along the way, we passed THREE crested saguaros and an area we named the trail of skeletons for its fine array of standing dead saguaros.



Near the end of our 6-mile hike, we stopped at the Mica View picnic area for lunch and a welcome back toast to Tim. What a wonderful way to finish the hike!



**HIKE AT THE SADDLEBROOKE  
HIKING CLUB SPRING PICNIC**  
Submitted by Elisabeth Wheeler



Hikers on the Ridgeline Trail

Photo by Elisabeth Wheeler



Photo by Elisabeth Wheeler

Tim Butler, Elisabeth Wheeler, and Tom Stafford led 22 hikers on a wildflower hike before the hiking club Spring Picnic in Catalina State Park. It was fun to identify over 22 wildflowers and enjoy the camaraderie of hiking on the Ridgeline/Fifty Year Trail Loop.



Hikers on the 50 Year Trail

Photos by Elisabeth Wheeler

Future Trips			News You Can Use		
Destination	Dates	Contact Person			
Santa Fe, NM	Oct. 3, 4, & 5 2023	Tim Butler	SBHC Board Meeting HOA 1 – Coyote Room	6/7 Wed.	2:00 P.M.
			SBHC Guide Meeting HOA 1 -Coyote Room	6/7 Wed.	3:30 P.M.

## Hiking Information

### HIKE RATINGS, PACE AND ELEVATION CHANGE

#### Ratings

Ratings are based on the following round-trip distances and accumulated gains in elevation over the course of the hike. The hike rating is determined by one (or both) of the two values being exceeded. For example, if a hike exceeds the criterion for distance but not for corresponding elevation, the rating would be set for distance. In the hike descriptions that follow, both parameter values are exceeded for some hikes. However, that does not necessarily justify a higher combined rating.

Hike Rating	Distance (miles)	Accumulated Elevation Gain (feet)
A	>14	>3000
B	>8 to 14	>1500 to 3000
C	>4 to 8	>500 to 1500
D	≤4	≤500

#### Special Conditions

\*\*\*Some hikes may have special conditions that make a hike more difficult than the mileage/elevation gain rating would suggest. This could be due to unusual trail conditions, such as a very rocky trail, large steps up or down, or more exposure (steep banks or a cliff) which are present. These hikes are denoted with three asterisks beside the letter rating and will be repeated in the hike description with an explanation. When hikers sign up for a hike with the symbol \*\*\* they should clarify with the guide about the special condition to determine if the hike is right for them.

#### Pace

Pace for our hikes is described in terms of the moving average speed in miles per hour (MPH) over the course of a hike. The overall average speed is much more variable, depending on the number and duration of rest breaks and



lunch, and the condition of a particular trail (smooth and flat versus rocky and steep). The following four categories are used to describe pace in the hike descriptions. The following four categories are used to describe pace in the newsletter:

Pace	Moving Average Speed (MPH)
Leisurely	<1.5
Slow	1.5 to <2.0
Moderate	2.0 to <2.5
Fast	≥2.5

### **Elevation Change**

Three indicators are used in the hike descriptions to convey hike difficulty as it relates to elevation change:

Net Elevation Change is generally the change in elevation obtained by subtracting the starting elevation from the highest (or lowest) point reached during the course of the hike, in feet. This estimate may be obtained from USGS maps or a global positioning system (GPS). If no destination is listed, which may be the case for loop hikes or point-to-point hikes, net change is defined as the difference between the trailhead elevation and the highest elevation reached during the hike. If net elevation lost between the trailhead and the destination, a minus sign is used to show that elevation is lost. If an elevation profile is available, which applies in this database to mostly the Arizona Trail hikes for which GPS tracks have been generated, the net elevation change is the difference between the highest and lowest points along the trail.

Accumulated Gain is the sum of all upward stretches of a hike as recorded by a GPS device over the course of the entire hike. Accumulated elevation gain is always a more accurate indicator of hike difficulty than net change in elevation.

Accumulated Loss, another measure of hike difficulty, is the sum of all downward stretches of a hike. Accumulated elevation loss is useful for some downhill hikes and is usually obtained with a GPS device.

A cursory critique of the definition for “net elevation change” reveals that it is vague and imprecise and provides limited insight into trail difficulty (which is more accurately described in terms of accumulated gain or loss, parameters that are measured by GPSs). However, accumulated gain/loss information is unavailable for many hikes in the database, so net change has, for the time being, been retained because it is the only statistic available.

Accumulated gains are always greater than net elevation changes, except for point-to-point hikes where the destination is at a lower elevation than trailhead elevation. In this case, the accumulated gain could be much lower than the net elevation change. A good example of this is the hike from the top of Mt. Lemmon to Catalina State Park, which actually results in little gain but rather a significant accumulated loss. For loop and out-and-back hikes, accumulated elevation gains are usually greater, sometimes much greater, than net elevation changes.

## **Hikes Offered**

**Monday, May 1, Bug Spring Trail No.1. Rating: B. Pace: Moderate [125, 08:00 AM, \$9].** From the Lower Bug Spring Trailhead (a quarter mile up the Catalina Highway from Hirabayashi Campground), the hike proceeds southeast along a narrow ribbon of trail carved into the granite hillside. After an uphill


set of switchbacks, the terrain mellows out with outstanding vistas and views of granite sculptures. The trail dives down the north side of the ridge into a heavily forested drainage. Upward to the highpoint of the trail, you can see a few big madrone trees and views of the Sierrita Mountains, Baboquivari and the mighty Rincons. The trail descends steeply to the Upper Bug Spring Trailhead (a quarter mile south of General Hitchcock Campground), which is the turnaround point. Return is via the same trail. Hike 8.7 miles; trailhead elevation 5000 feet; net elevation change 1625 feet; accumulated gain 2270 feet; RTD 94 miles. [Guide: Seth Basker, seth@basker.com.]

**Monday, May 1, Sutherland Trail to Cargodero Canyon. Rating: C. Pace: Moderate [430, 06:00 AM, \$2 + \$2].** The hike begins at the main trailhead in Catalina State Park and goes on the Sutherland Trail to the Cargodero Canyon. From there, the hike continues another mile or so up the jeep road. We will lunch in this area. Hike 8 miles; trailhead elevation 2700 feet; net elevation change 1200 feet; accumulated gain \_\_ feet; RTD 24 miles. [Guide: Terry McCarthy (404) 617-7286 e-mail: t.mccarthy410@gmail.com ]

**Tuesday, May 2, Romero Falls. Rating: A. Pace: Moderate [368, 07:00 AM, \$2 + \$2].** The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where Romero pools are located. The falls are about 30 feet high and consist of water flowing down a steeply sloped rock face, and are a very unique feature in southern Arizona. The falls are located about 2.6 miles past the Romero pools and about 0.6 miles (and a little less than 500 feet additional elevation gain) past Romero Springs at 5079 feet at N32.40803, W110.84153 (WGS 84). The springs and falls are located in a very scenic section of the canyon, and have been known to attract quite a bit of wildlife. Lunch will be at the falls. The return is via the same route. Hike 11.6 miles; trailhead elevation 2700 feet; net elevation change 2420 feet; accumulated gain greater than 3200 feet; RTD 24 miles. [Guide: Bill Bender, wbender@uw.edu.]

**Wednesday, May 3, Marshall Gulch / Aspen Loop. Rating: C. Pace: Moderate [256, 08:00 AM, \$13]** The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break or lunch. Hike may be done in a clockwise direction which tends to be steeper and arriving at the lunch spot takes longer. A visit to the Cookie Cabin after the hike is a perfect ending! Hike 3.8 miles; trailhead elevation 7440 feet; net elevation change 703 feet; accumulated gain 830 feet; RTD 130 miles. [Guide: Ruth Caldwell, azcaldwell3@gmail.com]

**Thursday, May 4, Seven Falls. Rating: B. Pace: Moderate [387, 06:30 AM, \$6].** Seven Falls. Rating: B. Pace: Moderate [387, 06:30 AM, \$6]. The hike begins at the Sabino Canyon Visitor Center, and continues to lower Bear Canyon, then along the Bear Canyon Trail to Seven Falls. The return is via the same route. The falls, which constitute one of the most spectacular natural features in the Tucson area, usually have some water flowing over them but may be dry if there has been inadequate rain. The trail crosses the Bear Canyon wash several times in each direction and can involve significant boulder hopping/wading after rainy periods. Ask the guide about current conditions. Hike 8.7 miles; trailhead elevation 2720 feet; net elevation change 662 feet; accumulated gain 1307 feet; RTD 56 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

**Thursday, May 4, Cordones.  Rating: D. Pace: Moderate [509, 08:00 AM, \$0].** Cordones. Rating: D. Pace: Moderate [509, 07:00 AM, \$0]. This is a dog friendly hike. All hikers are welcome with or

without a dog. We meet at Mountain View and carpool to the intersection of Whispering Tree Ln and S Border Dr. The hike is in the desert area (state trust land parcel 10S-14E-22) between the northwest border of SaddleBrooke unit 8A, and the ridgeline in the Cordones, along which Catalina Hills Blvd follows to the Preserve. It is a smooth, level trail that offers a good introduction to desert hiking. We pass a water trough for livestock leasing this parcel of state trust land, and cross over a wash with an old abandoned truck. There are nice views to the east of SaddleBrooke and the Catalinas. Hike 3.2 miles; trailhead elevation 3300 feet; accumulated gain 328 feet. RTD 0 miles. [Guide: Kathy Minx, kathrynminx@gmail.com.]

**Monday, May 8, Box Camp Trail to Sabino Canyon Overlook. Rating: C. Pace: Moderate [114, 07:00 AM, \$12].** The hike begins at the Box Camp Trailhead near Spencer Peak on Catalina Hwy. After a short uphill climb, the hike proceeds downhill for 2.5 miles to an overlook that provides a marvelous, panoramic view of Sabino Canyon area. We will have lunch here, and then return slowly uphill to the trailhead. Hike 5.2 miles; trailhead elevation 7920 feet; net elevation change 1126 feet; accumulated gain 1350 feet; RTD 123 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

**Wednesday, May 10, Bear Wallow/Sunset Trail. Rating: C\*\*\*. Pace: Moderate [526, 08:00 AM, \$13].** The hike starts on the Bear Wallow Road near Summerhaven and goes along a trail under the shade of many, many tall deciduous trees with wonderful color in the Autumn and nice shade the rest of the season. Once we reach Soldier Camp on the Gen Hitchcock Hwy we will continue along the Sunset Trail with its beautiful canyon and vista views to the Marshall Gulch trailhead. Here is our turn around spot for this out and back hike. \*\*\*This trail is relatively easy, but does have a few spots with steep step up/down and a bit with narrow trail and height exposure. Hike 4.9 miles; trailhead elevation 8030 feet; net elevation change 500 feet; accumulated gain 682 feet. RTD 130 miles. [Guide: Ruth Caldwell, azcaldwell3@gmail.com]

**Thursday, May 11, Josephine Saddle. Rating: B. Pace: Moderate [234, 08:00 AM, \$13].** The hike starts in Madera Canyon (Santa Rita Mountains) and goes up the Old Baldy Trail to Josephine Saddle. Hikers will rest at the Saddle and return via the Super Trail. This hike can be done in reverse, going up the Super Trail and returning on the Old Baldy Trail. Hike 6.4 miles; trailhead elevation 5450 feet; net elevation change 1630 feet; accumulated gain 1650 feet; RTD 130 miles. [Guide: Seth Basker, seth@basker.com.]

**Friday, May 12, Sutherland Trail. Rating: C. Pace: Moderate [428, 08:00 AM, \$2 + \$2].** Note: The start time may be adjusted for temperature. The Sutherland is a great trail for viewing wildflowers after adequate winter rains. Along the way, there are several beautiful saguaro cacti and great rock formations. There are numerous photo opportunities. We will also pass the cutoff to Dripping Springs which makes a nice short side trip if the waterfalls are flowing. The hike begins in Catalina State Park and ends at a very scenic, flat, rocky area. The return is via same route. Hike 5.4 miles; trailhead elevation 2700 feet; net elevation change 657 feet; accumulated gain 818 feet; RTD 24 miles. [Guide: Rob Simms, Spartan7375@gmail.com.]

**Saturday, May 13, American Flag. Rating C. Pace: Moderate [10, 07:00AM, \$4.00].** The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. Hike 6.7 miles; trailhead

elevation 4400 feet; net elevation change 995 feet; accumulated gain 1267 feet; RTD 41 miles. [Guide: Don Taylor, donald\_r\_taylor@yahoo.com.]

**Monday, May 15, Marshall Gulch / Aspen Loop. Rating: C. Pace: Moderate [256, 07:00 AM, \$13].**

The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break or lunch. Hike may be done in a clockwise direction which tends to be steeper and arriving at the lunch spot takes longer. Hike 3.8 miles; trailhead elevation 7440 feet; net elevation change 703 feet; accumulated gain 830 feet; RTD 130 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

**Thursday, May 18, Aspen Draw / Mint Spring Trail. Rating: C. Pace: Moderate [88, 06:30 AM, \$13].**

The hike begins on Turkey Run Road in Summerhaven across from the Visitor Center. After about a mile, we take the Aspen Draw Trail to Radio Ridge. From there we descend the Aspen Trail to Marshall Saddle, where we pick up the Mint Spring Trail to Carter Canyon Road, for a short 0.75 miles back to the trailhead. Hikers may choose to have lunch in Summerhaven before returning. Hike 6.9 miles; trailhead elevation 8000 feet; net elevation change 1400 feet; accumulated gain 1573 feet; RTD 130 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com.]

**Friday, May 19, Tucson Downtown Mural Walk. Rating: D. Pace: Moderate [541, 07:30 AM, \$5].**

Fun walk around an area of downtown Tucson and north to University. We will visit over 4 dozen beautiful murals along the way. We will also pass the Ronstadt House and the Historic YWCA. Great way to acquaint yourself with Tucson! We will end with lunch at the Cup Cafe in the Historic Congress Hotel. Walk 4 mi, starting elevation 2400 ft, net elevation change < 50 ft, accumulated gain < 50 ft. RTD 50 mi. [Guide: Kathy Minx, kathrynminx@gmail.com.]

**Sunday, May 21, Carr Peak Loop. Rating: A. Pace: Moderate [139, 05:00 AM, \$27].**

The trail to Carr Peak affords great views of Miller Peak in the Huachuca Mountains. Hikers can see in all directions, up to 100 miles on a clear day. One section of the trail is through beautiful aspens. The drive to the trailhead (at the end of FR 386, Carr Canyon Road, off Hwy 92 south of Sierra Vista) follows a dirt track. High clearance vehicles are recommended. Hike 13.4 miles; trailhead elevation 5710 feet; net elevation change 3485 feet; accumulated gain 3700 feet; RTD 226 miles (dirt). [Guide: Aaron Schoenberg, askus3@centurylink.net]

**Monday, May 22, Palisade Trail / Mud Spring. Rating: C. Pace: Moderate [313, 07:00 AM, \$12].**

Starting at the Showers Point Campground behind the Palisade Ranger Station off Catalina Hwy, we will hike down the Palisade Trail through pine forest to Mud Spring and return. The spring is a grand lunch site with a panoramic view of the valley. Most of the climb is on the return. The trail is moderately shady. Hike 5.9 miles; trailhead elevation 7770 feet; net elevation change -1360 feet; accumulated gain 1403 feet; RTD 119 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

**Tuesday, May 23, Alamo Canyon Up/Back or Loop. Rating: D. Pace: Moderate [6, 08:00 AM, \$2 + \$2].**

Note: The start time may be adjusted for temperature. The hike begins at the Romero Ruins Trailhead in Catalina State Park. This hike can be done on north side trail in-out or as a loop around Alamo Canyon going up one side and returning down the other (clockwise or counter-clockwise). Other than one short area by the wash, the elevation change is generally gradual. The south-side trail traverses several rocky washes. This is a lovely hike up to Alamo Canyon Falls and return. There is a very scenic large flat-rock area above the falls. Water may be present in the canyon after rainy periods, but there are no significant

water crossings. Hikers may stop by the Romero Ruins and take the informative loop trail from there. Hike 3.5 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Rob Simms, Spartan7375@gmail.com.]

**Thursday, May 25, Wilderness of Rocks. Rating: B. Pace: Moderate [484, 06:30 AM, \$13].** The hike begins at the Marshall Gulch picnic area at the top of Mt. Lemmon. We climb up to Marshall Saddle then down the Wilderness of Rocks Trail. Three fourths of a mile past the intersection with the Lemmon Rock Lookout Trail is the Lemmon Canyon area in the heart of the Wilderness of Rocks. There are beautiful rock formations with great views along the way. The return is via the same route, or optionally, by the Aspen Loop Trail. Hike 7.2 miles; trailhead elevation 7440 feet; net elevation change 1550 feet; accumulated gain 1538 feet; RTD 131 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

**Saturday, May 27, Mt. Lemmon Ski Lift Loop. Rating: C. Pace: Moderate [274, 06:30 AM, \$13].** From the foot of the ski lift, hikers walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail and the Mt. Lemmon Trail to Mt. Lemmon Rock Lookout (outstanding views). We return to the starting point using a portion of Trail 5 along Radio Ridge, and a portion of the Aspen Draw Trail. Hike 6 miles; trailhead elevation 8480; net elevation change 700 feet; accumulated gain 1140 feet; RTD 131 miles. [Guide: Don Taylor, donald\_r\_taylor@yahoo.com]

**Tuesday, May 30, Bear Wallow/Sunset Trail. Rating: C\*\*\*. Pace: Moderate [526, 07:00 AM, \$13].** The hike starts on the Bear Wallow Road near Summerhaven and goes along a trail under the shade of many, many tall deciduous trees with wonderful color in the Autumn and nice shade the rest of the season. Once we reach Soldier Camp on the Gen Hitchcock Hwy we will continue along the Sunset Trail with its beautiful canyon and vista views to the Marshall Gulch trailhead. Here is our turn around spot for this out and back hike. \*\*\*This trail is relatively easy, but does have a few spots with steep step up/down and a bit with narrow trail and height exposure. Hike 4.9 miles; trailhead elevation 8030 feet; net elevation change 500 feet; accumulated gain 682 feet. RTD 130 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

**Thursday, June 1, Box Camp Trail to Sabino Canyon Overlook. Rating: C. Pace: Moderate [114, 06:30 AM, \$12].** The hike begins at the Box Camp Trailhead near Spencer Peak on Catalina Hwy. After a short uphill climb, the hike proceeds downhill for 2.5 miles to an overlook that provides a marvelous, panoramic view of Sabino Canyon area. We will have lunch here, and then return slowly uphill to the trailhead. Hike 5.2 miles; trailhead elevation 7920 feet; net elevation change 1126 feet; accumulated gain 1350 feet; RTD 123 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

**Monday, June 5, Alamo Canyon Up/Back or Loop. Rating: D. Pace: SLOW [6, 06:30 AM, \$2 + \$2].** The hike begins at the Romero Ruins Trailhead in Catalina State Park. This hike can be done on north side trail in-out or as a loop around Alamo Canyon going up one side and returning down the other (clockwise or counter-clockwise). Other than one short area by the wash, the elevation change is generally gradual. The south-side trail traverses several rocky washes. This is a lovely hike up to Alamo Canyon Falls and return. There is a very scenic large flat-rock area above the falls. Water may be present in the canyon after rainy periods, but there are no significant water crossings. Hikers may stop by the Romero Ruins and take the informative loop trail from there. Hike 3.5 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com.]

**Tuesday, June 6, Pima Canyon to 2nd Dam. Rating: C\*\*\*. Pace: Moderate [336, 05:30 AM, \$3].**

The Pima Canyon Trailhead is at the east end of Magee Road. The first mile or so is across open desert along the south side of Pusch Peak. We then enter the beautiful, rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. The trail then leads to a rocky open area in the canyon beyond a small dam near several Indian grinding holes. The return is via the same route. Hike 6.4 miles; trailhead elevation 2830 feet; net elevation change 1113 feet; accumulated gain 1250 feet; RTD 32 miles. [Guide: Aaron Schoenberg askus3@centurylink.net]

**Wednesday, June 7, SBHC BOD Mtg. HOA#1 Coyote Room North 2:00pm to 3:30pm**

**Wednesday, June 7, SBHC Guides Mtg. HOA#1 Coyote Room North 3:30pm to 5:00pm**

**Thursday, June 8, Thursday, Sunset / Marshall Gulch / Aspen Loop. Rating: C\*\*\*. Pace: Moderate**

**[394, 06:30 AM, \$13].** The hike begins at Soldier Camp on the Sunset Trail, which starts on the Catalina Highway before reaching Summerhaven, and travels to the Marshall Gulch Picnic Area. \*\*\* There is a section of the trail where you must go down a short, steep rock face. It proceeds along the Marshall Gulch Trail to the Marshall Saddle, then down the Lower Aspen Trail to the picnic area. We return via Sunset Trail to the trailhead. There are great views of the Catalinas along the way, hiking mostly in forest shade. Hike 7.0 miles; trailhead elevation 7640 feet; net elevation change 736 feet; accumulated gain 1394 feet; RTD 130 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com.]

**Sunday, June 11, American Flag. Rating C. Pace: Moderate [10, 07:00AM, \$4.00].**

The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. Hike 6.7 miles; trailhead elevation 4400 feet; net elevation change 995 feet; accumulated gain 1267 feet; RTD 41 miles.[Guide: Don Taylor, donald\_r\_taylor@yahoo.com.]

**Tuesday, June 13, Woodland Lake (Show Low, AZ) 🐾 Rating: D Moderate.**

This hike is in Show Low, AZ and part of a 2 day/ one night trip. 4PM Meet at second parking lot off of S Woodland Ln. 1.1 mile loop. Dogs are welcome. After the hike, we will reconvene at a local restaurant at 5:30 for dinner. [Guides: Bill Bender and Kathy Minx, wbender@uw.edu.]

**Wednesday, June 14, Squirrel Springs Juniper Loop (Greer AZ) Rating: C Moderate.**

This hike is near Show Low, AZ and part of a 2 day/ one night trip. 8AM Meet at SW corner of the Walmart in Show Low, where we will car pool to the trail head. This is a 6.3 mile loop with 725 feet of elevation gain. We plan to meet for lunch in Greer after the hike. [Guides: Bill Bender and Kathy Minx, wbender@uw.edu.]

**Tuesday, June 13, Bear Wallow/Sunset Trail. Rating: C\*\*\*. Pace: Moderate [526, 07:00 AM, \$13].**

The hike starts on the Bear Wallow Road near Summerhaven and goes along a trail under the shade of many, many tall deciduous trees with wonderful color in the Autumn and nice shade the rest of the season. Once we reach Soldier Camp on the Gen Hitchcock Hwy we will continue along the Sunset Trail with its beautiful canyon and vista views to the Marshall Gulch trailhead. Here is our turn around spot for this out and back hike. \*\*\*This trail is relatively easy, but does have a few spots with steep step up/down and a bit with narrow trail and height exposure. Hike 4.9 miles; trailhead elevation 8030 feet; net elevation change 500 feet; accumulated gain 682 feet. RTD 130 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

**Thursday, June 15, Lower Incinerator Ridge. Rating: C\*\*\*. Pace: Moderate [48, 06:30 AM, \$12].** A new section of trail was added to the Incinerator Ridge Trail in the spring of 2012. The new trail is noted for its great vistas. The trail heads north/northwest from the San Pedro Vista Pullout, off the Catalina Hwy. The hike will proceed to Mt Bigelow and return via the same route, \*\*\*the 1st section of the trail is steep and rocky, but the views make up for it. Starting Elevation: 7,350 feet. Net Elevation Change 1150 feet. Hiking Length is 6 miles. RTD 123 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

**Thursday, June 15, Meadow Trail to Fire Lookout. Rating: C. Pace :SLOW[261, 08:00 AM, \$13].** We begin by driving to the top of Mt. Lemmon and parking by the astronomical observatories operated by the UA (also known as Radio Ridge). We hike down the Meadow Trail, through Lemmon Park, to where it intersects the Mt. Lemmon Trail which leads to Lemmon Rock fire lookout cabin. There are spectacular views along the way. We then hike back to the top of Mt. Lemmon and the parking area. Hike 3 miles; trailhead elevation 9157 feet; net elevation change 500 feet; accumulated gain 500 feet; RTD 131 miles. We can eat out at Mt. Lemmon [Guide: Karen Gray. kgrayinaz@yahoo.com.]

**Tuesday, June 20, Palisade Trail / Mud Spring. Rating: C. Pace: Moderate [313, 07:00 AM, \$12].** Starting at the Showers Point Campground behind the Palisade Ranger Station off Catalina Hwy, we will hike down the Palisade Trail through pine forest to Mud Spring and return. The spring is a grand lunch site with a panoramic view of the valley. Most of the climb is on the return. The trail is moderately shady. Hike 5.9 miles; trailhead elevation 7770 feet; net elevation change -1360 feet; accumulated gain 1403 feet; RTD 119 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

**Thursday, June 22, Mt. Lemmon Ski Lift Loop. Rating: C. Pace: Moderate [274, 06:30 AM, \$13].** From the foot of the ski lift, hikers walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail and the Mt. Lemmon Trail to Mt. Lemmon Rock Lookout (outstanding views). We return to the starting point using a portion of Trail 5 along Radio Ridge, and a portion of the Aspen Draw Trail. Hike 6 miles; trailhead elevation 8480; net elevation change 700 feet; accumulated gain 1140 feet; RTD 131 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

**Tuesday, June 27, Marshall Gulch / Aspen Loop. Rating: C. Pace: Moderate [256, 07:00 AM, \$13].** The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break or lunch. Hike may be done in a clockwise direction which tends to be steeper and arriving at the lunch spot takes longer. Hike 3.8 miles; trailhead elevation 7440 feet; net elevation change 703 feet; accumulated gain 830 feet; RTD 130 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

**Thursday, June 29, Bear Wallow/Sunset Trail. Rating: C\*\*\*. Pace: Moderate [526, 06:30 AM, \$13].** The hike starts on the Bear Wallow Road near Summerhaven and goes along a trail under the shade of many, many tall deciduous trees with wonderful color in the Autumn and nice shade the rest of the season. Once we reach Soldier Camp on the Gen Hitchcock Hwy we will continue along the Sunset Trail with its beautiful canyon and vista views to the Marshall Gulch trailhead. Here is our turn around spot for this out and back hike. \*\*\*This trail is relatively easy, but does have a few spots with steep step up/down and a bit with narrow trail and height exposure. Hike 4.9 miles; trailhead elevation 8030 feet; net elevation change 500 feet; accumulated gain 682 feet. RTD 130 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]