



SADDLEBROOKE

HIKING CLUB NEWSLETTER

<http://saddlebrookehikingclub.com>

JULY/AUGUST

2022

BOOT PRINTS – KEN WONG

Submitted by Diana Smith



It is hard to imagine that anyone in the SaddleBrooke Hiking Club does not know the name *Ken Wong*. For the past 12 years, hikers have seen his name every other month when the SBHC newsletter is distributed, yet may not actually know much about Ken or his many contributions to the success of the SBHC.

Ken was born in Honolulu, raised by parents who prioritized education. He attended Punahou High School (a few years earlier than another young man named Barack Obama), completed his undergraduate studies at Purdue receiving a BS in Industrial Management, then on to Michigan State for an MBA. After four years of AFROTC, Ken served in the US Air Force for four years achieving the rank of Captain, spending his entire military career at Grand Forks AFB, North Dakota, where he was a Minuteman III Missile Combat Crew Commander.

Ken's over thirty-three-year career at Rockwell Collins in their commercial Aviation and Communications Electronics sector brought him and his family to Iowa (twice), Texas, Florida, California, and Arizona. Ken held various positions including

Director of Financial Planning and Control, Division Controller, and Business Acquisition Integrator.

After moving to SaddleBrooke in 2009, Ken soon joined the SBHC and served as Secretary from 2010 to 2012, while also serving as Communications Coordinator. Ken acted as a liaison with the HOA1 Webmaster during the time when it supported the SBHC site. However, when this arrangement ended in 2011, the club needed to develop its own. Never having built a website before, with the advice of a nephew, Ken taught himself how to do so and <http://saddlebrookehikingclub.com> was born! Since then, Ken has been instrumental in the continuous improvement of the website and email systems for the club, including the transition to new, more efficient software, and upgraded security. In the future, Ken hopes to see even more advancements to improve the experience of both hikers and guides.

Besides the bimonthly distribution of the newsletter, Ken posts updates to the website, distributes special bulletins, and checks the hiking club roster daily to ensure that guides always have access to the best information available. Over the years, when asked to participate in ad hoc panels, such as the 2021 Bylaws committee and the newly created Technology committee, Ken has always risen to the task. Even with the long hours he puts in each month, Ken gets a lot of satisfaction out of his work with the club. When asked about the many roles he has played, Ken says, "I like change and getting into new things. It has been an evolution."

Ken began hiking when he lived in California. While he currently considers himself a C hiker, Ken has hiked down and back from the South Rim of the Grand Canyon, with an overnight stay at the Phantom Ranch. When asked about a favorite hike, Ken did not hesitate; it was the eight plus mile trail to the

Supai Village on the Havasupai Reservation, with the highlight of seeing Havasu Falls.



Ken on the Great Wall of China (taken by Marge Wong)

Ken is a world traveler, having visited six continents. With Africa, the Americas, Asia, Australia, and Europe under his belt, Antarctica cannot be far away! He has visited the alps, Eastern Europe, and Machu Picchu. Ken has experienced the thrill of visiting his ancestral country of China and the misfortune of being dumped out of a makoro (dugout canoe) in the Okavango Delta of Botswana!

Ken is an avid target shooter and occasional golfer. He has volunteered as a tutor at the Coronado K-8 and Catalina Mountain Schools and with the Red Cross as a Disaster Action Team Supervisor. Ken served on his Unit's Social Committee for seven years, during which time he and his wife Marge organized the annual picnic. Ken also enjoys DIY

projects around the house and servicing and maintaining his cars.



Ken & Marge in the Okavango Delta in Botswana (taken by Mark Menghini)

So, when the next SBHC newsletter arrives in your inbox, think of Ken and all his efforts to deliver it to you. But please do not email him; he definitely does not need any more work!

HIKER CASUAL CANCELLATIONS AND 😞 NO SHOWS?

Submitted by Rob Simms, SBHC Guide

Going on a Hike - Part I: A lot “happens” behind the scenes before the bi-monthly hike list is published and members are invited to select outings. Our volunteer guides plan their schedule, select hikes, and reserve that time in support of club activities weeks in advance.

As we all know, there is a flurry of activity to reserve spots when the schedule is published. Many hikes quickly fill and guides often begin “wait lists” in case of cancellations. Everything is wrapped up days to weeks before the actual hike date. By the way, did the hikes you selected get noted on your personal calendar? If your plans change early-on and you need to cancel, please contact the guide as soon as possible. It affords other members the opportunity to participate.

Going on a Hike - Part II: Several days to a week before the hike most guides send out a “pre-hike” email, noting the start/departure time, the likely weather, the need for drivers, etc. Please confirm your participation and importantly, let the guide know immediately if your plans have unexpectedly changed. There may be a wait-list and fellow members could fill that slot.

The most difficult scenario for guides and other members is a “**No Show**” on the day of the hike. It delays the departure for everyone and puts an unnecessary burden on the guide to “reach out” to the missing hiker.

Please communicate any changes in your hiking plans to guides as soon as possible. Your SBHC guides (and colleagues) appreciate that consideration. Thank you.

TRAIL ETIQUETTE - FROM THE NATIONAL PARK SERVICE

Submitted by Ruth Caldwell



Hiking is one of the best ways to spend time in the great outdoors. With more than 400 national parks across the country, the opportunities to get out and take a hike are nearly endless. Whether you are hiking alone or in a group, be sure to follow the written and unwritten rules of the trail. Proper hiking etiquette helps instill respect for other trail users, and it promotes stewardship of the land.

The best thing you can do when hiking is to remember the “golden rule”: treat others the way you would want to be treated.

Here are some main points of hiking etiquette.

- **Know your right of way.** Check signage for the trail you are hiking, and follow the correct right of way yields. Signs may vary from park to park, but these are the general guidelines of yielding on the trail
 - **Hikers coming uphill have the right of way.** If you’re descending the trail, step aside and give space to the people climbing up.
 - **Bicyclists yield to hikers and horses or other pack stock.** Come to a full stop and step to the side to give the right of way. Be mindful of the plants or animals that are near the trail if you must step off the trail. Bicyclists should always ride within their abilities. Before your visit, check individual park regulations to see if biking is allowed.
 - **Hikers yield to horses and other pack stock.** Slowly and calmly step off to the downhill side of a trail. If you approach from behind, calmly announce your presence and intentions. Horses and other pack stock can frighten easily, so avoid sudden movements or loud noises.
- **Make yourself known.** When you encounter other hikers and trail users, offer a friendly “hello” or a simple head nod. This helps create a friendly

atmosphere on the trail. If you approach another trail user from behind, announce yourself in a friendly, calm tone and let him/her know you want to pass.

- **Stay on the trail.** Do not step off trail unless you absolutely must when yielding. Going off trail can damage or kill certain plant or animal species, and can hurt the ecosystems that surround the trail. Always practice Leave No Trace principles: Leave rocks, vegetation, and artifacts where you find them for others to enjoy.
- **Do not disturb wildlife.** They need their space, and you need yours, too. Keep your distance from the wildlife you encounter. Some parks require you to stay a certain distance from wildlife, so check park regulations before your visit. Never leave the trail to try and get a closer look at an animal because it can hurt the habitat and the animal and put you in danger.
- **Be mindful of trail conditions.** If a trail is too wet and muddy, turn back and save the hike for another day. Using a muddy trail can be dangerous, damage the trail's condition, and damage the ecosystems that surround the trail.
- **Take time to listen.** When hiking in the great outdoors, let nature do all the talking. Be respectful of both nature and the other users, and keep the noise from electronic devices at bay. Not only will other visitors appreciate the peace and quiet, but so will the wildlife. Many wildlife species rely on natural sounds for communication purposes, and disrupting those sounds can hurt their chances of survival.

- **Be aware of your surroundings.** Always be aware of your surroundings when hiking in our national parks. It will help keep you and any members of your group safe, and it will help keep wildlife and their habitats safe and healthy. Know the rules for **hiking in bear country** (or rattlesnake country in our case!), and know what to do if you encounter a bear (or a snake) on the trail.

These are some hiking etiquette guidelines that will help you have a safe, fun, and relaxing trip next time you go hiking in a national park or just on a local trail. When in doubt about something just remember the "golden rule" — treat other trail users how you want to be treated and respect the wildlife and lands of our great national parks.

SADDLEBROOKE HIKING CLUB

FALL PICNIC

Submitted by Missy Rodey



ARAVAIPA ADVENTURE

Submitted by Jeff Love

Nine members of the SaddleBrooke Hiking Club hiked in the cool shade and waters of the Aravaipa Canyon on a beautiful day in April. We departed from the West Trailhead guided by Ruth Caldwell on her 10th visit to this wonderful area.

This B-rated hike was approximately 9 miles round-trip. It involved wading in the stream for much of the

hike. A limited number of hikers are allowed per day, so a wilderness permit is required.



Hell's Half Acre, photographer – Ruth Caldwell

Canyon walls towered above us with stubborn cactus growing from crevices. Below, we were in the shade of cottonwoods and sycamores within the canyon. During our hike, we observed a variety of wildlife including summer tanager, canyon tree frogs, albino frog, numerous small fish, and a black-tailed rattlesnake. We also heard turkeys and possibly spotted a bighorn high up along the canyon rim.

Kaori Hashimoto and Ruth Caldwell took many photos of our adventure that they shared with the group. Ruth produced a video using the Relive program showing our route with photos from various locations along the way.

It was a great day to escape the heat. As we left the stream and climbed out of the canyon to the trailhead,

we could feel the increasing temperature. In the parking lot, it was 92 degrees but very comfortable within the canyon.



Aravaipa Adventurers Group Photo, left to right – Bill Bender, Ruth Caldwell, Jeff Love, Marc Humphrey, Maria Szentirmai, Phil McNamee, Susan Love, Tom Conrad, photographer – Kaori Hashimoto

SADDLEBROOKE HIKING CLUB'S TRIP TO SILVER CITY, NEW MEXICO

Submitted by Dale Leman



Mineral Creek area, photo by Mary Bubla

SaddleBrooke Hiking Club has a trip committee whose function is to identify and plan interesting hiking trips outside our area. Generally, two trips are

planned each year. This year the trip committee selected Silver City, New Mexico, for a May 11-13 trip. The city borders the Gila National Forest which has an extensive system of maintained trails.

Eighty-nine of our fellow residents signed up to attend. The historic Murray Hotel in downtown Silver City served as a central meeting and lodging location. From there, we were able to set out and hike a variety of areas such as the Gila Cliff Dwellings National Monument, a steel Catwalk walkway suspended above a river in a beautiful canyon, a hike up Signal Peak to a fire watch tower, hikes along streams well into the Gila Wilderness including one with 25+ stream crossings, and many others. In addition to these hikes, participants visited Fort Bowie National Historic site, a ranger lead tour of Fort Bayard, a city mural walk lead by a volunteer with the Silver City Art Association, and other Silver City attractions.



Mural Walk, photo by Mike Buckley

A trip like this only happens with the help of volunteers. In addition to the trip committee members, 13 of our own SaddleBrooke Hiking Club guides lead hikes, and many others including volunteer members Terry Caldwell, Gary Somers, and Bertie Litchfield stepped in when needed. The selection of hikes was researched and presented by Susan and Jeff Love.

The weather was great and smoke from wild fires was not a problem allowing most events to proceed

as planned. However, one day a jackknifed semi blocked the road preventing hikers from reaching the Gila Cliff Dwellings. Wildlife was prevalent on this trip. Reports of a black bear and two cubs, a scary number of rattlesnakes, and a Mexican grey wolf were among those reported. Hiking can be a vigorous activity for us seniors. Thankfully, we had no reported injuries and we were able to appreciate what this area in southwest New Mexico has to offer.



Signal Peak, photo by Ranger Jim

**WELCOME TO THE SADDLEBROOKE
HIKING CLUB**
Submitted by Arlene Daigle

Since January 1, 2022, we have added 85 new members to our SaddleBrooke Hiking Club. We now number 600 strong! We welcome you and hope you will enjoy hiking in beautiful Southern Arizona as much as we do.

**SADDLEBROOKE
HIKING CLUB
ROSTER
4/16/22**

Judy	Ackerman
Paul	Ackerman
Lori	Anderson

Kathy	Archer
Betsy	Bartelt
Jim	Bartelt
Jim	Becker
Georgeann	Becker
Nan	Beecher
Patrick	Beecher
Kathleen	Bell
Martha	Breier
Randy	Breier
Lisa	Brennan
Robert	Brennan
Cindy	Cameron
Ginger	Cannon
Donna	Civitella
Greg	Diment
Kirk	Donovan
Mary	Donovan
Donald	Dow
Sigrun	Gilmour
Jan	Gomez
Dave	Gulden
Catherine	Heeg
Marty	Herbert
Amy	Herrmann
Lisa	Howard
Don	Jacoby
Penelope	Jastrzab
Vaughn	Jodar
George	Kalman
Laura	Kominiarek
Carmen	Kosicek
Michael	Kosieck
Karen	Krantz
Richard	Kreutzen
Sharon	Kreutzen
Joan	LaFon
Neal	Lafon
Judy	Landeck
Cindy	Lindsey
Howard	Lindsey
Joanie	Mack

Vicki	Malueg
Dan	Malueg
Deanna	McCann
Amber	McKeague
Dotti	McKee
Dan	McKeon
Nancy	McMullen
Tom	McTaggart
Elizabeth	Miner
Cathy	Monroe
Dan	Mullin
Karen	Murphy
Patti	Naumann
Micheal	Nickerson
Ann	Olson
Johanna	Pawelczyk
Larry	Peters
Gloria	Pielke
Roger	Pielke
Dan	Pincus
Annie	Quinn-Diment
John	Rathjen
Tracey	Rathjen
Beth	Remy
David	Remy
Marjorie	Rice
Tom	Rice
Mordy	Rischall
Joni	Robinson
Patti	Rubel
Jerry	Schweitzer
Linda	Schweitzer
Teri	Scott
Lon	Sullivan
Dawn	Tankersley
Joyce	Wainscott
Sue	Wanken
Betsy	Webb
Al	Weigel
Janna	Zabrodsky

Future Trips			Santa Fe, NM	October, 2023	TBD
Destination	Dates	Contact Person			
Bryce Canyon,	Sept. 20-22	Tim Butler			
Borrego Springs, CA	Jan. 31 – Feb. 2, 2023	Randy Park & Arlene Daigle			

Hiking Information

HIKE RATINGS, PACE AND ELEVATION CHANGE

Ratings

Ratings are based on the following round-trip distances and accumulated gains in elevation over the course of the hike. The hike rating is determined by one (or both) of the two values being exceeded. For example, if a hike exceeds the criterion for distance but not for corresponding elevation, the rating would be set for distance. In the hike descriptions that follow, both parameter values are exceeded for some hikes. However, that does not necessarily justify a higher combined rating.

Hike Rating	Distance (miles)	Accumulated Elevation Gain (feet)
A	>14	>3000
B	>8 to 14	>1500 to 3000
C	>4 to 8	>500 to 1500
D	≤4	≤500

Special Conditions

***Some hikes may have special conditions that make a hike more difficult than the mileage/elevation gain rating would suggest. This could be due to unusual trail conditions, such as a very rocky trail, large steps up or down, or more exposure (steep banks or a cliff) which are present. These hikes are denoted with three asterisks beside the letter rating and will be repeated in the hike description with an explanation. When hikers sign up for a hike with the symbol *** they should clarify with the guide about the special condition to determine if the hike is right for them.

Pace

Pace for our hikes is described in terms of the moving average speed in miles per hour (MPH) over the course of a hike. The overall average speed is much more variable, depending on the number and duration of rest breaks and lunch, and the condition of a particular trail (smooth and flat versus rocky and steep). The following four

categories are used to describe pace in the hike descriptions. The following four categories are used to describe pace in the newsletter:

Pace	Moving Average Speed (MPH)
Leisurely	<1.5
Slow	1.5 to <2.0
Moderate	2.0 to <2.5
Fast	≥2.5

Elevation Change

Three indicators are used in the hike descriptions to convey hike difficulty as it relates to elevation change:

Net Elevation Change is generally the change in elevation obtained by subtracting the starting elevation from the highest (or lowest) point reached during the course of the hike, in feet. This estimate may be obtained from USGS maps or a global positioning system (GPS). If no destination is listed, which may be the case for loop hikes or point-to-point hikes, net change is defined as the difference between the trailhead elevation and the highest elevation reached during the hike. If net elevation lost between the trailhead and the destination, a minus sign is used to show that elevation is lost. If an elevation profile is available, which applies in this database to mostly the Arizona Trail hikes for which GPS tracks have been generated, the net elevation change is the difference between the highest and lowest points along the trail.

Accumulated Gain is the sum of all upward stretches of a hike as recorded by a GPS device over the course of the entire hike. Accumulated elevation gain is always a more accurate indicator of hike difficulty than net change in elevation.

Accumulated Loss, another measure of hike difficulty, is the sum of all downward stretches of a hike. Accumulated elevation loss is useful for some downhill hikes and is usually obtained with a GPS device.

A cursory critique of the definition for “net elevation change” reveals that it is vague and imprecise and provides limited insight into trail difficulty (which is more accurately described in terms of accumulated gain or loss (parameters that are measured by GPSs). However, accumulated gain/loss information is unavailable for many hikes in the database, so net change has, for the time being, been retained because it is the only statistic available.

Accumulated gains are always greater than net elevation changes, except for point-to-point hikes where the destination is at a lower elevation than trailhead elevation. In this case, the accumulated gain could be much lower than the net elevation change. A good example of this is the hike from the top of Mt. Lemmon to Catalina State Park, which actually results in little gain but rather a significant accumulated loss. For loop and out-and-back hikes, accumulated elevation gains are usually greater, sometimes much greater, than net elevation changes.

Hikes Offered

Thursday, July 07, 2022 Bear Wallow/Sunset Trail. Rating: C*. Pace: Moderate [526, 06:00 AM, \$13].** The hike starts on the Bear Wallow Road near Summerhaven and goes along a trail under the shade of many, many tall deciduous trees with wonderful color in the Autumn and nice shade the rest of the season. Once we reach Soldier Camp on the Gen Hitchcock Hwy we

will continue along the Sunset Trail with its beautiful canyon and vista views to the Marshall Gulch trailhead. Here is our turn around spot for this out and back hike. ***This trail is relatively easy, but does have a few spots with steep step up/down and a bit with narrow trail and height exposure. Hike 4.9 miles; trailhead elevation 8030 feet; net elevation change 500 feet; accumulated gain 682 feet. RTD 130 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Saturday, July 09, 2022 Pima Canyon to 2nd Dam. Rating: C. Pace: Moderate [336, 06:30 AM, \$4]. The Pima Canyon Trailhead is at the east end of Magee Road. The first mile or so is across open desert along the south side of Pusch Peak. We pass the small first dam as we enter the beautiful, rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. The trail then leads to a rocky open area in the canyon beyond a small dam near several Indian grinding holes. The return is via the same route. Hike 6.7 miles; trailhead elevation 2960 feet; net elevation change 1010 feet; accumulated gain 1315 feet; RTD 42 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com]

Tuesday, July 12, 2022 Alamo Canyon Up/Back or Loop. Rating: D. Pace: SLOW [6, 06:00 AM, \$2 + \$2]. The hike begins at the Romero Ruins Trailhead in Catalina State Park. This hike will be done on south side trail as a loop around Alamo Canyon going up one side and returning down the other (counter-clockwise). Other than one short area by the wash, the elevation change is generally gradual. The south-side trail traverses several rocky washes. This is a lovely hike up to Alamo Canyon Falls and return. There is a very scenic large flat-rock area above the falls. Water may be present in the canyon after rainy periods, but there are no significant water crossings. Hikers may stop by the Romero Ruins and take the informative loop trail from there. Hike 3.5 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com.]

Wednesday, July 13, 2022 Mt. Wrightson via Old Baldy and Super Trails. Rating: A. Pace: Moderate [294, 05:30 AM, \$13]. The hike begins in Madera Canyon in the Santa Rita Mountains and follows Old Baldy Trail to Josephine Saddle where we take the Super Trail to Mt. Wrightson. This provides a more gradual ascent to Baldy Saddle, but the last 0.9 mile to the summit is steep and rocky with moderate exposure. At the top are outstanding 360-degree views of Tucson and the mountain ranges in the area. The return is via the Old Baldy Trail to Josephine Saddle and the Super Trail to the trailhead. There is abundant shade along the way. This hike is a repeat of my first scheduled hike I guided for SBHC back on Oct. 15, 2015. Hike 13.7 miles; trailhead elevation 5450 feet; net elevation change 4003 feet; accumulated gain 4150 feet. RTD 130 miles. There is a fee for parking unless you have a National Park Pass that must be displayed. [Guide: Aaron Schoenberg; askus3@centurylink.net]

Thursday, July 14, 2022 Palisade Trail / Mud Spring. Rating: C. Pace: Moderate [313, 06:00 AM, \$12]. Starting at the Showers Point Campground behind the Palisade Ranger Station off Catalina Hwy, we will hike down the Palisade Trail through pine forest to Mud Spring and return. The spring is a grand lunch site with a panoramic view of the valley. Most of the climb is

on the return. The trail is moderately shady. Hike 5.9 miles; trailhead elevation 7770 feet; net elevation change -1360 feet; accumulated gain 1403 feet; RTD 119 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Tuesday, July 19, 2022 Aspen Draw / Mint Spring Trail. Rating: C. Pace: Moderate [88, 06:00 AM, \$13]. The hike begins on Turkey Run Road in Summerhaven across from the Visitor Center. After about a mile, we take the Aspen Draw Trail to Radio Ridge. From there we descend the Aspen Trail to Marshall Saddle, where we pick up the Mint Spring Trail to Carter Canyon Road, for a short 0.75 miles back to the trailhead. Hikers may choose to have lunch in Summerhaven before returning. Hike 6.9 miles; trailhead elevation 8000 feet; net elevation change 1400 feet; accumulated gain 1573 feet; RTD 130 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Thursday, July 21, 2022 Box Camp Trail to Sabino Canyon Overlook. Rating: C. Pace: Moderate [114, 07:00 AM, \$12]. The hike begins at the Box Camp Trailhead near Spencer Peak on Catalina Hwy. After a short uphill climb, the hike proceeds downhill for 2.5 miles to an overlook that provides a marvelous, panoramic view of Sabino Canyon area. We will have lunch here, and then return slowly uphill to the trailhead. Hike 5.2 miles; trailhead elevation 7920 feet; net elevation change 1126 feet; accumulated gain 1350 feet; RTD 123 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

Saturday, July 23, 2022 Finger Rock Trail to Canyon Overlook. Rating: C. Pace: Moderate [190, 06:30 AM, \$4]. The hike begins from the Finger Rock Trailhead at the north end of Alvernon Way. The hike covers level ground for about a mile, and then sharply climbs up the canyon. Scrambling is necessary at some points going up and coming down, but is not overly difficult for most hikers. From the overlook, hikers will enjoy the beautiful vistas of Mt. Kimball, Finger Rock, and the steep Finger Rock Canyon, then return. Hike 3.3 miles; trailhead elevation 3120 feet; net elevation change 922 feet; accumulated gain 1326 feet; RTD 44 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com]

Tuesday, July 26, 2022 Sunset / Marshall Gulch / Aspen Loop. Rating: C*. Pace: Moderate [394, 07:00 AM, \$13].** The hike begins at Soldier Camp on the Sunset Trail, which starts on the Catalina Highway before reaching Summerhaven, and travels to the Marshall Gulch Picnic Area. *** There is a section of the trail where you must go down a short, steep rock face. It proceeds along the Marshall Gulch Trail to the Marshall Saddle, then down the Lower Aspen Trail to the picnic area. We return via Sunset Trail to the trailhead. There are great views of the Catalinas along the way, hiking mostly in forest shade. Hike 7.0 miles; trailhead elevation 7640 feet; net elevation change 736 feet; accumulated gain 1394 feet; RTD 130 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

Wednesday, July 27, 2022 Mt. Lemmon Ski Lift Loop. Rating: C. Pace: Moderate [274, 06:00 AM, \$13]. From the foot of the ski lift, hikers walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail and the Mt. Lemmon Trail to Mt. Lemmon Rock Lookout (outstanding views). We return to the starting point using a portion of Trail 5 along

Radio Ridge, and a portion of the Aspen Draw Trail. Hike 6 miles; trailhead elevation 8480; net elevation change 700 feet; accumulated gain 1140 feet; RTD 131 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Thursday, July 28, 2022 Fifty-Year Trail Loop via Ridgeline Trail. Rating: D. Pace: SLOW [499, 06:00 AM, \$2 + \$2]. The hike begins at the Equestrian Center in Catalina State Park. After starting on the Fifty-Year Trail hikers will turn left onto an unmarked trail and hike along a rugged, scenic ridge line trail for about 2 miles. At the junction with the Fifty-Year Trail we return to the Equestrian Center via the Fifty-Year Trail. Hike is 4 miles; trailhead elevation 2700 feet; net elevation change 386 feet; total ascent 446 feet. RTD 24 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com]

Thursday, August 04, 2022 Wilderness of Rocks Loop No. 4. Rating: B. Pace: Moderate [488, 06:00 AM, \$13]. The hike begins at the Steward Observatory parking lot. Although the hike can be done in reverse, the most popular route would follow Mount Lemmon Trail 5 to the Lookout Tower spur and down Lemmon Rock Lookout Trail to Wilderness of Rocks Trail where the group would turn SW (right). After 2.3 miles, this trail intersects the Mount Lemmon Trail, which is followed back up to the top. As an alternative, the Meadow Trail (5A) could be followed for the last 0.8 miles to the trailhead. Hike 9.1 miles; trailhead 9100 feet; net elevation change 2131 feet; accumulated gain 2550 feet; RTD 131 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Saturday, August 06, 2022 American Flag. Rating: C. Pace: Moderate [8, 06:30 AM, \$4]. The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. Hike 6.7 miles; trailhead elevation 4400 feet; net elevation change 995 feet; accumulated gain 1267 feet; RTD 41 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com]

Tuesday, August 09, 2022 Palisade Trail / Mud Spring. Rating: C. Pace: Moderate [313, 07:00 AM, \$12]. Starting at the Showers Point Campground behind the Palisade Ranger Station off Catalina Hwy, we will hike down the Palisade Trail through pine forest to Mud Spring and return. The spring is a grand lunch site with a panoramic view of the valley. Most of the climb is on the return. The trail is moderately shady. Hike 5.9 miles; trailhead elevation 7770 feet; net elevation change -1360 feet; accumulated gain 1403 feet; RTD 119 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

Wednesday, August 10, 2022 Esperero Canyon/Rattlesnake/Phoneline Loop Trail. Rating: C. Pace: Moderate [539, 06:00 AM, \$6]. From the Sabino Canyon Visitor Center, the hike proceeds along the Esperero Canyon/Rattlesnake Canyon trails to the Tram stop 1 picnic area on Sabino Creek - a favorite with views of Sabino Creek with velvet ash, cottonwood, willow, and Arizona sycamore trees. After a short break we will cross Sabino Creek (if water level permits) and climb a spur trail up to the Phoneline Trail where we turn to head back down towards the Visitor Center. We will finish on the Bajada Nature loop with a beautiful crested saguaro. Bring

a camera and plenty of water and a snack. Hike 5.1 miles; trailhead elevation 2450 feet; net elevation change 500 feet; accumulated gain 780 feet; RTD 56 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Thursday, August 11, 2022 Huachuca Peak Loop Hike. Rating A. Pace: Moderate [NEW, 05:00 AM, \$22]. This hike starts at the end of Huachuca Canyon Road on the grounds of Fort Huachuca. Red tape: The Army checks to make sure you are US citizen before allowing you through the gate onto the grounds (Bring drivers license). The hike offers beautiful scenery all the way to the Santa Ritas from the summit. This is a challenging and demanding hike requiring a full day to traverse as we climb to the Huachuca Peak summit of 8410 feet. Due to the higher elevation I hope to escape the heat. Hike 11.0 miles; trailhead elevation 5670 feet; net elevation change 2780 feet; accumulated gain 3800 feet. RTD 206 miles. [Guide: Aaron Schoenberg; askus3@centurylink.net]

Tuesday, August 16, 2022 Lower Incinerator Ridge. Rating: C*. Pace: Moderate [48, 06:00 AM, \$12].** A new section of trail was added to the Incinerator Ridge Trail in the spring of 2012. The new trail is noted for it's great vistas. The trail heads north/northwest from the San Pedro Vista Pullout, off the Catalina Hwy. The hike will proceed to Mt Bigelow and return via the same route, ***the 1st section of the trail is steep and rocky, but the views make up for it. Starting Elevation: 7,350 feet. Net Elevation Change 1150 feet. Hiking Length is 6 miles. RTD 123 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Thursday, August 18, 2022 Bear Wallow/Sunset Trail - short version. Rating: D. Pace: Moderate [527, 07:30 AM, \$13]. The hike starts on the Bear Wallow Road near Summerhaven and goes along a trail under the shade of many, many tall deciduous trees with wonderful color in the Autumn. Once we reach Soldier Camp on the Gen Hitchcock Hwy we will continue along the Sunset Trail to a rock outcropping overlooking the canyon which will be our turnaround point for this out & back hike. Hike 3.2 miles; trailhead elevation 8030 feet; net elevation change 233 feet; accumulated gain 348 feet. RTD 130 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

Saturday, August 20, 2022 Oracle Ridge. Rating: C. Pace: Moderate [302, 06:30 AM, \$4]. The hike begins in Oracle at a trailhead off the Cody Loop Road. It follows the Oracle Ridge Trail to the junction with the American Flag/Cody Trail there are great views of Biosphere II and the Tortolitas to the west. We will lunch on the ridge and return by same route. Hike 5.2 miles; trailhead elevation 4700 feet; net elevation change ___ feet; accumulated gain 700 feet; RTD 40 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com]

Tuesday, August 23, 2022 Box Camp Trail to Sabino Canyon Overlook. Rating: C. Pace: Moderate [114, 07:00 AM, \$12]. The hike begins at the Box Camp Trailhead near Spencer Peak on Catalina Hwy. After a short uphill climb, the hike proceeds downhill for 2.5 miles to an overlook that provides a marvelous, panoramic view of Sabino Canyon area. We will have lunch here, and then return slowly uphill to the trailhead. Hike 5.2 miles; trailhead elevation 7920 feet;

net elevation change 1126 feet; accumulated gain 1350 feet; RTD 123 miles. [Guide: Tim Butler, tucsontimmer@gmail.com]

Thursday, August 25, 2022 Sunset / Marshall Gulch / Aspen Loop. Rating: C*. Pace: Moderate [394, 6:00 AM, \$13].** The hike begins at Soldier Camp on the Sunset Trail, which starts on the Catalina Highway before reaching Summerhaven, and travels to the Marshall Gulch Picnic Area. *** There is a section of the trail where you must go down a short, steep rock face. It proceeds along the Marshall Gulch Trail to the Marshall Saddle, then down the Lower Aspen Trail to the picnic area. We return via Sunset Trail to the trailhead. There are great views of the Catalinas along the way, hiking mostly in forest shade. Hike 7.0 miles; trailhead elevation 7640 feet; net elevation change 736 feet; accumulated gain 1394 feet; RTD 130 miles. [Guide: Marc Humphrey, humphreymarc@gmail.com]

Friday, August 26, 2022 Cordones. Rating: D. Pace: SLOW [509, 06:00 AM, \$0]. This is a dog friendly hike. All hikers are welcome with or without a dog. We meet at the intersection of Whispering Tree Ln and S Border Dr. The hike is in the desert area (state trust land parcel 10S-14E-22) between the northwest border of Saddlebrook unit 8A, and the ridgeline in the Cordones, along which Catalina Hills Blvd follows to the Preserve. It is a smooth, level trail that offers a good introduction to desert hiking. We pass a water trough for livestock leasing this parcel of state trust land, and cross over a wash with an old abandoned truck. There are nice views to the east of Saddlebrook and the Catalinas. Hike 3.2 miles; trailhead elevation 3300 feet; accumulated gain 328 feet. RTD 0 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com.]

Saturday, August 27, 2022 Mt. Lemmon Ski Lift Loop. Rating: C. Pace: Moderate [274, 06:30 AM, \$13]. From the foot of the ski lift, hikers walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail and the Mt. Lemmon Trail to Mt. Lemmon Rock Lookout (outstanding views). We return to the starting point using a portion of Trail 5 along Radio Ridge, and a portion of the Aspen Draw Trail. Hike 6 miles; trailhead elevation 8480; net elevation change 700 feet; accumulated gain 1140 feet; RTD 131 miles. [Guide: Don Taylor; (520) 825-5303; donald_r_taylor@yahoo.com]