

SADDLEBROOKE

HIKING CLUB NEWSLETTER

<http://saddlebrookehikingclub.com>

JANUARY/FEBRUARY

2019

HIKING TRAINING AND INJURY PREVENTION: A PHYSICAL THERAPY PERSPECTIVE

Wednesday, January 16, 2019

Submitted by Myrna Simms



On Wednesday, January 16, 2019, Robert Klingman a Master's prepared Physical Therapist, Board Certified Orthopedic Clinical Specialist, and Director of Athlon Physical Therapy in Oro Valley will discuss prevention of hiking injuries. Robert has rehabilitated and trained both amateur and professional athletes. He is a guest lecturer for the U of A Medical School Residency Program. He will share with us preventative methods and injury management related to hiking.

Residents of SaddleBrooke are invited to attend the meeting at the HOA #1 Activity Center at 4 PM on January 16, 2019. You do not need to be a member of the hiking club to attend. Following the meeting there will be a social hour in the Agave Lounge at the SaddleBrooke Clubhouse. Remember there is no street parking near the Activity Center. For more information about the meeting or to learn more about the hiking club, please contact Myrna Simms at medicinetp@gmail.com or call 517-488-8644.

RANDY PARK AND SUSAN HOLLIS RECEIVE HIKING CLUB AWARD

Submitted by Norm Rechkemmer



Annually at the fall picnic, the SaddleBrooke Hiking Club honors one or more individuals who have made a significant contribution to the club during the past year. This year the SBHC Board of Directors has chosen Susan Hollis and Randy Park.

Randy and Susan have kept the club hiking statistics for many years and have been instrumental in planning group trips. In 2018 Susan headed the committee to facilitate the club's group trip to Grand Canyon. Susan has also served as assistant and chief hiking guide.

Randy is chairman of the group trip planning committee and has worked diligently to select exciting locations. The committee makes recommendations for locations and finds a trip coordinator. Randy has served as vice president and president. Randy has also helped in recruiting members to fill board and committee positions.

And, lastly, Randy and Susan are both active guides in the club and lead numerous hikes throughout the year. Together they are an integral part of the hiking club.

FALL COLORS IN DURANGO

Submitted by Randy Park

With the Hiking Club's Fall trip scheduled for the last week in September to Durango, Colorado, participants will be able to enjoy the Fall colors in its full glory.



Nestled in the corner of the San Juan mountains, Durango sits at 6,500 feet elevation along the Animas River. Surrounded by the San Juan National Forest, hikers will be treated to pines, firs, spruces, and the colorful Aspen trees.



For more information on this wonderful trip, go to the club's web site and click on "Programs and Club Trips". To sign up for the trip, please email Gayle Hosek-Spies (drgaylehosek@gmail.com).

ANONYMOUS LETTER

Submitted by Norm Rechkemmer

I received this note from one of our fellow hikers and wanted to pass it on to the membership. We are richly blessed to have dedicated guides with a vast amount of medical experience. Our guides cannot be

compensated but we can all tell them how much we appreciate them. GIVE YOUR GUIDE A HUG!!!

Norm Rechkemmer - SBHC President

I just wanted to take a moment of your time to let you know what a fabulous hiking club we belong to. A short time ago, I was doing a club hike with a group of 10 – 12 fellow hikers when I must have turned my ankle or stepped wrong, followed by a slide down a ravine by the side of the trail. The guide and several hikers quickly sprang into action helping me up the ravine and wrapping my ankle. The guide was even prepared with a SAM splint which I was very grateful for as I had to hike over a mile to get back to the car. The guide was very professional and very prepared for such an unexpected and unfortunate event.

I knew that our guides were well trained and carry a lot of 1st aid items for emergencies, but I never expected to benefit from their knowledge and compassion. I feel compelled to acknowledge them for their professionalism and training. Kudos to my guide, all the other guides, and all the hikers in the club who are always willing to help.

Anonymous Author

SANTA FE – FREY TRAIL

Submitted by Karen Gray

One of the popular hikes on the second day in Santa Fe was the Frey trail down to the Bandelier National Monument. Because it was such a large group, Walt Shield led a group starting at the Valles Caldera and ending up at the Monument. Another group started at 8000' on the Frey trail and dropped into the park at about 7500'.

We visited almost all the ruins structures, climbing many ladders to view the inside of the dwellings cut into the volcanic tuff, including the ceremonial cave which had several ladders to climb in order to get into the upper structure.

We then went to the Valles caldera and saw the scale of the volcano that created all the rocks in the area. The caldera is over 13.7 miles in diameter and exploded violently 1.2 million years ago forming the Bandelier Tuff almost all the rock that is seen in the area. This volcano erupted between 200-300 times as much ash and lava as did Mt. St. Helens. It had several more eruptions over time and the most recent and much smaller eruption was about 50-60 thousand

years ago. Both hikes were beautiful and had interesting views of volcanic formations.



Back Row: Kathryn Madore, Carol Burke, Deb Engleman, Mary Riemersma, Aaron Schoenberg, John Tancock, Elizabeth Tancock, Ken Riemersma. Front Row: Janis Deetz, Karen Gray (guide) Kathy Shimada, Judy Shyman, Ed Melnick Photo by: Joy Rieckers

BABY JESUS TRAIL

Submitted by Sandra Sowell

Beautiful hike today on Baby Jesus Trail to rock grouping that looks in profile like Madonna and Child for which the trail is named. The Sonoran Desert is unbelievably green with heavily leafed-out ocotillos, plump cacti, wildflowers, tall colorful grasses, proud chollas displaying their yellow fruits, along with soaring red tail hawks and shy phainopeplas, plus a quick peak at a Gila Monster.



And there were fourteen water crossings. The group was led by Tim Butler and included Mary Riemersma, Ken Riemersma, Gayle Hosek-Spies, Jan Springer, Roddy Wilder, Frank Earnest, Deb Engleman, Norm Rechkemmer, Susan Hollis, Randy Park, Sandra Sowell.

SANTA FE – TENT ROCKS NATIONAL MONUMENT

Submitted by Karen Gray

Hike to Tent Rocks National Monument was part of the very successful hiking trip to Santa Fe. On Thursday, the last day of the trip, a group went to Tent Rocks National Monument.



This is a spectacular place with an unusual eroded volcanic tuff overlain by sediments mixed with a different volcanic tuff. There is a top layer that is quite hard and there are many boulders within the sediments. These rocks are the reason that this area erodes the way it does. The sediments and tuff are not very hard, but are protected, to some degree, by the harder upper layer and rocks. Erosion starts to work on the softer materials and undercut the capstones and hard upper layer to form the teepee shape that gives the area its name. In time the capstones become unstable and topple to the ground causing the tents to erode more rapidly.



Left to Right: Janis Deetz, Lenore Henninger, Karen Hop, Ruth Leman, Dale Leman, Barbara Wilder, Kathy Shimada, Deb Engleman, Carol Burke, Mary Kopp, Karen Schickendanz, Larry Gray, Linda Bowers, Janis Rechkemmer, Karen Gray (Guide), Norm Rechkemmer (Guide), Kathryn Madore, Gail Thom, Marlen D'Ambrosio, Jim Thom, Joe D'Ambrosio. Photos by: Barbara Wilder

The canyon formed within this formation made for fun hiking and climbing. Some found it too hard to get to the top – but many with the help of Norm Rechkemmer, co-leader, made it to the top for spectacular views. Everyone loved the hike whether they made it to the top or not.



**SADDLEBROOKE HIKING CLUB
MEMBERS BEAUTIFY
CATALINA HILLS DRIVE**
Submitted by Walt Shields

Since 2007, the Saddlebrooke Hiking Club has participated in a bi-annual cleanup of Catalina Hills Drive from SaddleBrooke Blvd to its entrance into the Preserve as part of the Adopt-A-Highway program of Pinal County.

On November 28, nine members of the Hiking Club spent time on a treasure hunt along the highway. In addition to the usual beer cans and Jack Daniels bottles, the unique find of the day was an intact child’s guitar. You never know what lurks out there. Everyone came away with a good feeling that, in our small way, we left the community a better place.



Many thanks to the nine members participating: Jeanine Storrs, Jan Springer, Suzanne Bassett, Linda Bowers, Larry Allen, Tiggy Shields, Pam Wakefield, Tim Butler, and Walt Shields (organizer).

SEEDS OF STEWARDSHIP PROGRAM
Submitted by Elisabeth Wheeler

The Arizona Trail Association presented the SaddleBrooke Hiking Club a thank you letter for the donation of \$1,000 to Seeds of Stewardship program.



The Seeds of Stewardship program takes students into outdoor settings to provide environmental education and stewardship learning.





Students from Mountain Vista School, Oracle, hiking and learning in the forest of Mt. Lemmon. Photos by Elisabeth Wheeler

DEER CAMP/BABY JESUS LOOP

Submitted by Sandra Sowell

Nice hike today to Deer Camp/Baby Jesus Loop. Special Gila Monster sighting, an array of beautiful flowers - including Trailing Four O'clocks, Caltrops, Scarlet Creepers, Arizona Blue Eyes, Range Ratany, Red Spiderling, and featuring the very deep purple Morning Glories.



Tim Butler led the group that included Tim Lawler, Bill Johnston, Roddy Wilder, Debra Engleman, Rob Simms, Myrna Simms, Julie Davis, Frank Earnest, Margrit Wehrli, Chris Wehrli, Sandra Sowell.

SADDLEBROOKE HIKING CLUB EXPLORES MEXICO

Submitted by Lou Powers

On November 2, Phil McNamee arranged for 42 members and guests of the SaddleBrooke Hiking Club to travel 1,300 miles round trip by tour bus to visit the majestic 25,000 sq. mile Copper Canyons Park area of Mexico. Stops along the way included

Hermosillo with a stroll around the Plaza Zaragoza depicting its intricate gazebo and beautiful Cathedral

de La Asunción. Then on to charming San Carlos which offered lovely water views, dynamic sunsets, and a scenic cruise to view the animal life on the Sea of Cortez. A tour to the first cultured pearl farm in the Americas provided the ladies an opportunity to do some fine jewelry shopping.



A beautiful sunset in San Carlos, Mexico

Our next stop, in the foothills of the Sierra Madre, was the town of Alamos. Noted as being the best-preserved colonial town in northern Mexico, it was full of colorful arches, courtyards, and old cobblestone streets. While enjoying margaritas in the courtyard of our hotel, we were serenaded by local musical entertainers that were lively and authentic.

Saying farewell to Sonora, we continued on to the town of El Fuerte in the State of Sinaloa. We toured the historic fort built in 1610 which offered striking views of the river from its rooftop. We also toured the dramatic mural and arch filled city hall. Then in the twilight of our hotel courtyard, we were treated to an authentic “deer dance” performance.

Next was the crown jewel of the trip, the Copper Canyons. The train ride passed through many tunnels and over many bridges in its ascent to our destination of Posada Barrancas Station and the Urique Canyon (one of 5 main canyons). Along the way, we were greeted by the local Tarahumara Indian women selling their beautiful handwoven baskets while colorfully dressed in bright jewel tone clothes. They are the second largest indigenous group in North America. Their homes are sprinkled throughout the canyon and finally more visible during our tram ride. The Tarahumara lead a primitive semi-nomadic life living as their ancestors did. They even have their own language that contains no words of profanity, and they are famous for their long-distance running.

The canyon was only 15 feet off of our hotel room patio, which created spectacular views to enjoy and photograph. A special adventure was hiking the canyon along trails overlooking the deep cliffs. There were some steep rocks to climb, and no guardrails, but the SaddleBrooke Hiking Club made it safe and sound!



The Unique Canyon— of the 5 main canyons of Copper Canyons Park

Upon saying farewell to the canyon, we continued on to the State of Chihuahua where cattle and agricultural abound. We visited a Mennonite museum and then continued on to Casas Grandes...a city close to Mata Ortiz. We had the opportunity to purchase the beautiful pieces of pottery at the Paquime Archaeological Culture Center where we viewed ruins of the former adobe city. I will just add here that the museum had to stay open past closing time in order to wrap all the purchases from our group! Our farewell dinner included a demonstration of the firing of the pots which then were auctioned off to the members of our group. And, a generous group we were!

I am sure I can speak for everyone in thanking Phil McNamee for finding this interesting all-inclusive adventure. Also, a big thanks to our favorite Mexico tour guide, Edel, who kept the margaritas flowing! The accommodations and food were great everywhere we went.

Due to the popularity of this trip, a second group trip departed over the Thanksgiving holiday, and they too had a most enjoyable time.

So, Phil has another Copper Canyon excursion planned for April 1, 2019. Eight couples have already signed up, so hurry up and contact Phil

McNamee at mcnameephil@gmail.com if you want to be included.



Hiking in Copper Canyons Park

**50-YEAR TRAIL
IN CATALINA STATE PARK**
Submitted by Bill Brown



Photo of intrepid leader Rob Simms and wife Myrna during lunch break on hike of 50-Year Trail in Catalina State Park on 11/17/18. The 14 hikers enjoyed some nice fall colors in the wash.

**SADDLEBROOKE HIKERS
DO TRAIL WORK AND HAVE FUN!**
Submitted by Elisabeth Wheeler

It's fun to begin a work session on the Arizona Trail with a 4x4 ride down Kannally Wash in Oracle State Park. Sixteen volunteers were transported to the work site in off-road vehicles driven by Steve Meyers, Joe Maurizzi, Barry Larson, Gary Faulkenberry, and Zach MacDonald. Even though the temperatures were cold on the 14th of November, hikers warmed up as they built drainage berms and

cleared overgrowth on the trail. To replenish their energy, volunteers consumed four loaves of delicious sweet bread provided by Norm Rechkemmer, Katie Atkins, and Elisabeth Wheeler. Hot chocolate and coffee were also provided.



SaddleBrooke hikers who would like to join the fun and camaraderie of Arizona Trail work on Wednesday, January 16, are invited to email co-stewards: Ray Peale at raypeale@gmail.com or Elisabeth Wheeler at hikerelisabeth@gmail.com.



**ARAVAIPA CANYON
END-TO-END**
Submitted by Dave Corrigan

Aravaipa Canyon is one of the true jewels of Southern Arizona. This end-to-end hike within the Aravaipa Wilderness follows the creek through majestic cottonwoods and sycamores. This pristine 19,410 acres is set against beautiful cliff walls along the river corridor. The river water originates from an underground spring and flows continuously all year. For the most part, the water is only ankle deep, with

occasional deeper pockets. The hike does require you to be in and out of the water continuously.



Photo by Dave Corrigan

You are required to obtain a hiking permit from the Bureau of Land Management. They allow 50 hikers per day in the wilderness area. The permit can be obtained as far out as 13 weeks before your entry date. Each group is limited to 10 people. Our Saddlebrooke hiking group consisted of 8 hikers, with 4 of us entering from the East entrance and 4 entering from the West entrance. I led the group from the East entrance, and Walt Shields led the group from the West entrance. We did the hike on November 15. The weather was a little cooler that day, but we did have some sunshine. Temps were around 37 degrees when we started the hike at 9:00 AM.



Hikers in the photo from left to right are, Dave Corrigan, Diane Temple, Ray Peale, Birtie Litchfield, Walt Shields, Kaori Hashimoto, Seana Kobak, and Roddy Wilder. Photo by: Dave Corrigan with tripod timer

The end-to-end hike is a bit of an endurance challenge. The key exchange hike, allows us to hike the entire river corridor. For those of us entering from

the East end, we had a 3 hour and 45-minute drive just to get to the trailhead. The distance to the West trailhead is only one hour and 15 minutes. But coming from either direction means a long day. The 12-mile hike took our group approximately 7 hours to complete. This included short breaks every hour and lunch with the other group when we met on the river. Our group left at 5:00 AM, and were back in Saddlebrooke about 5:30 PM.

Along the way we were lucky enough to see deer, turkeys, and group of about 10 Coatimundis. Despite the long day, the hike is a wonderful adventure.

ANNUAL FALL HIKING PICNIC
Submitted by Karen Gray

On November 2, the hiking club held their Annual Fall picnic in Catalina State Park. There was only one hike to Alamo Canyon. The weather was perfect, and the views were beautiful. The picnic was, as always, wonderful. People bring such delicious food. However, I do not think the hike was enough exercise to burn off any of the desserts, not to mention the main dishes. A good time was had by all.



Left to right: Kathryn Madore, Karen Gray- guide- Deb Engleman, Linda Nagy, Eric Robinson, Ruth Robinson, Elizabeth Wheeler

Photo by Bernie Nagy

DOUBLE YOUR HIKE
DOUBLE YOUR PLEASURE
Submitted by Randy Park

Double your hike, double your pleasure. On Thursday, November 29, the hiking club did a rare double hike. Two groups of hikers left the Oracle Ridge trail head in Summerhaven, high on Mt. Lemmon, heading north. These 10 people all hiked together for the first 2.5 miles, starting at about 7800

feet elevation, to a location called Dan's Saddle, elevation 6900 feet.



Old Mining Shack

Group A, doing the A level hike, turned left onto the Catalina Camp trail, continued on downhill, passing by an old mining shack a mile later. Finding nothing of value there, they trudged further downhill to Catalina Camp, elevation 5500 feet, where they met the Red Ridge Trail. After a brief lunch, the big climb up the Red Ridge trail started; 2800 feet in about 3 miles, with great views of the Reef of Rocks formation. No slowpokes in this group, they all kept together. After reaching the paved road between Summerhaven and the ski area, they walked the road back to the cars.



Double Hike Participants; Linda Eglin, Donney Ramsey, Michael Hovan, Margaret Valair, Katie Atkins, Frank Earnest, Dianne Temple, Seana Kobak, and Susan Hollis. Photo by Randy Park

Group B, doing the B level hike, left Dan's Saddle with a moderate climb en route towards Rice Peak. Great views of SaddleBrooke, Oracle, Picacho Peak, the Superstition Mountains, and the San Pedro

valley were enjoyed by all. Passing by Rice Peak, the hikers continued on down the trail that is visible from MountainView Boulevard. Skirting Apache Peak, upon reaching Campo Bonito Rd, they turned right and walked towards Mt. Lemmon Road (a.k.a. The Control Road). Amazingly, 50 yards from reaching The Control road, Group A arrived in their high clearance vehicles after driving down that road from Summerhaven. Great timing!! And we missed the snow that closed both Catalina Highway and the Control Road by less than 12 hours.

SADDLEBROOKE HIKING CLUB SUPPORTS YOUTH OUTDOOR LEARNING

Submitted by Elisabeth Wheeler

A generous donation by the SaddleBrooke Hiking Club enabled over 100 children from Faith Mather Sossaman Elementary School in Queen Creek to participate in the Environmental Education Program of Oracle State Park. Volunteer naturalists guided small groups of students on trails, teaching them to use their five senses.



Queen Creek third graders arrive at Oracle State Park for Environmental Education Photo by Barb Wilder

(Parental Permission granted for photos of students)

Each group had a scent canister from a desert critter. At stations along the trail there were 3 additional scent canisters. In matching their scent canisters to one at each station the students gained valuable clues to the identity of their critter. Students discussed all they learned at the 5 stations and were very excited to identify their animal.

Students identified many plants and critters, such as caterpillars, horned toads, hawks, and snakes discovered along the trail. For many students this was their first opportunity to explore nature trails and discover the joys of outdoor learning. Their teachers

were thrilled to get their students involved in using their five senses to learn!

Thank you, SaddleBrooke Hiking Club, for making this outdoor learning possible by funding two school buses of students.



Queen Creek students eager to explore Oracle State Park
Photo by Elisabeth Wheeler

**NEW PUBLICITY CHAIR -
LYNDA GREEN**
Submitted by Sue Bush

For all those who write articles and take pictures for the newspapers, please note that starting January 1, 2019, the club will have a new Publicity Chair, Lynda Green. I have really enjoyed the job for the past four years and working with the club members to get our articles and pictures into the newspapers. I will handle anything needed during December; but starting January 1, please send your articles and pictures to Lynda at lgreen2@earthlink.net. She is ready and eager to hear from you!

DOG FRIENDLY HIKES
Submitted by Michael Hovan

Beginning in January, 2019, the SBHC will start to offer dog friendly hikes in the schedule. Many members enjoy hiking with their canine friends, and feel guilty when they have to leave their pet behind with their sad, disappointed eyes.

Now there will be the availability, on designated hikes, to bring your dog. The hikes will be labeled with a dog emoji, 🐕, and the words "dog friendly" will be in the description. Anyone is welcome, with or without a dog on these hikes. Most dogs enjoy being together in a pack, and socialize well. Owners

should use good judgment not to bring the rare aggressive pet. The hiking guide will make the final decision as to who may join the hike.

The hikes will have the usual A-D ratings, and the owner should exercise good judgment to be sure the pet is capable of the distance and gain. While most dogs can easily "out-hike" their owners, some aging pets may have difficulty on the often rocky trails.

Be sure to bring extra water, or have your friend carry their own pack. Rattlesnake training is advised. The desert, compared to the Midwest or elsewhere, has its own special challenges that bother people and canines.

Remember, that you do not need a dog to attend these hikes. Everyone is welcome at their discretion, since dogs will be present.

**2019 BANFF FILM FESTIVAL WORLD
TOUR - FRIDAY, MARCH 1, 2019**

Submitted by Aaron Schoenberg

The Banff Film Festival World Tour returns to the Fox Theater in Tucson on Friday, March 1. Aaron will once again be guiding this annual outing to this series of outdoor adventure films. He is purchasing 20 tickets for the group; and this performance will sell out, so contact Aaron (825-2060 or askus3@centurylink.net) to get your tickets in advance. Tickets last year were \$15. For the time being, save the date on your calendar; and he will start accepting reservations on Jan. 14, 2019.

Don't miss the epic stories of remote journeys, ground-breaking expeditions, and cutting-edge adventures told through the eyes of adventurers, authors, photographers, and filmmakers from around the globe. Ignite your passion for adventure, action, and travel! This tour will exhilarate you with amazing big-screen stories and take you on a journey to exotic locations. Paddle through the wildest waters, and climb the highest peaks! These are the best films selected by a panel of judges at Banff last summer and then packaged to present at showings around the world. We are fortunate that Tucson is one location that is chosen and sponsored by Summit Hut on the Banff Film World Tour.

Doors open at 7 PM, and the show will run from 7:30 until a little after 10 PM. Plan on returning to Saddlebrooke around 11 PM, Friday night. For those that want to carpool, meet at Mountain View at 5:30 PM. This allows time to get parked and be able to get

seats close together, as seating is on a first come/first served basis.

**SADDLEBROOK HIKING CLUB
ST. GEORGE, UTAH
APRIL 9-11, 2019**

Submitted by Dave Sorenson

The St George trip has already had 80 hikers sign up. But there is room for more. I have secured a motel rate for the trip that is far below market at the Best Western Coral Hills in St George, so it is imperative that you sign up soon. Only 5 rooms remain as of this writing.

St George has dozens of other motels and campgrounds if the Best Western gets filled. Let Rob Simms know you want to participate in the trip.

As some of you have read, I have moved to Prescott Valley, AZ; but I will still be organizing the St George trip and will be there next April. As a former St George resident, I know it will be a great success.

**2019 ORGAN PIPE CACTUS NATIONAL
MONUMENT CLASS B/A HIKING TRIP
FEBRUARY 25-27, 2019**

Submitted by Aaron Schoenberg

This year Aaron Schoenberg is guiding a trip to Organ Pipe Cactus National Monument for class B & A hikers. He will be taking 3 major hikes over 3 days. They will include an ascent of Mt. Ajo, the highest peak in the park with awesome all-around views, a grand tour of the gold/silver mine sites in the park, and an exploration of Arch Canyon and Boulder Overlook. – This includes the viewing of a couple of arches and amazing rock formations. He also will see the only organ pipe cactus habitat in the United States. Depending on the park ranger/naturalist schedule, he will schedule and partake in several lectures and programs including a night sky presentation provided by the National Park Service. The exact schedule is dependent on the weather and shuttle arrangements scheduled by the National Park, which will not be available until after SBHC schedule deadlines.

By January 1, 2019, Aaron will have a specific hike schedule set up and be able to give you detailed hiking plans and lodging arrangements for Ajo, AZ. Please inquire about the specific plans after the new year. Upon inquiry, you will receive a questionnaire and lodging/camping information. Receipt of the questionnaire is required by a deadline of Sunday,

February 10, which will allow me to make travel arrangements and final coordination of plans.

Contact info: Aaron Schoenberg – Cell phone: (845) 987-4893 or E-mail: askus3@centurylink.net

When contacting me, make sure you supply e-mail address, so I can reply to you with word attachments.

FYI: Aaron is planning a shorter hike plan to guide a similar trip to Organ Pipe Cactus National Monument for class C hikers at the same time in 2020.

**IDENTIFYING WILDFLOWERS IN THE
CATALINAS**

WEDNESDAY, FEBRUARY 20, 2018

Submitted by Michael Caryl



Photo by Tim Butler

On Wednesday, February 20, 2019, Tim Butler, a hike leader from the SaddleBrooke Hiking Club, will present a program to help club members identify the wildflowers they see while hiking in the Catalinas. He will focus on how to hike and enjoy wildflowers, as well as locating them on the trails and specifically which trails and times of day are the best for finding wildflowers.

Residents of SaddleBrooke are invited to attend the meeting at the HOA #1 Activity Center at 4 p.m. on February 20, 2019. You do not need to be a member of the hiking club to attend. Following the meeting there will be a social hour in the Agave Lounge at the SaddleBrooke #1 Clubhouse. Remember there is no street parking near the Activity Center. For more information about the meeting please contact Michael Caryl at: (520) 825-6568.

Future Trips			News You Can Use		
Destination	Dates	Contact Person	Dog Friendly Hikes Begin	January 2019	
2019 Organ Pipe Cactus National Monument Class B/A Hiking Trip	Feb. 25-27, 2019	Aaron Schoenberg askus3@centurylink.net	New Publicity Chairman Lynda Green	January 2019	
			AZ. Trail Work Session Meet: MountainView Lot	1/16 Wed.	7:30 A.M. - Noon
Banff Film Festival World	March 1, 2019	Aaron Schoenberg askus3@centurylink.net	Hiking Training & Injury Prevention – A Physical Therapy Perspective Robert Klingman	1/16 Wed.	4:00 – 5:00 P.M.
Cooper Canyon	April 1, 2019	Phil McNamee mcnameephil@gmail.com			
St. George, Utah	April 9 – 11, 2019	Dave Sorenson iowaboy1950@yahoo.com	SBHC Social Hour Agave Lounge HOA #1	1/16 Wed.	5:00 P.M.
Durango, Colorado	Sept. 26-27, 2019	Gayle Hosak-Spies drgaylehosek@gmail.com	Recreation & Activity Fair HOA2 Ballroom	1/19 Sat.	
			New Hiker Orientation HOA2 Ballroom West	1/31 Thurs.	2:00 P.M.
			SBHC Board of Directors Coyote Room North HOA1	2/6 Mon.	2:30 – 4:00 P.M.
			SBHC Guide Meeting Coyote Room North HOA1	2/6 Mon.	4:00 – 5:00 P.M.
			AZ. Trail Work Session Meet: MountainView Lot	2/20 Wed.	7:30 A.M. - Noon
			Flora of the Upper Catalinas Tim Butler	2/20 Wed.	4:00 – 5:00 P.M.
			SBHC Social Hour Agave Lounge HOA #1	2/20 Wed.	5:00 P.M.

Club Calendar

Saddlebrooke Hiking Club Calendar

Jan 2019 (Mountain Standard Time - Phoenix)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5
			(C) Tortolita :	(C) Hidden C- Dripping	B Wasson Peak	
6	7	8	9	10	11	12
	(C) Canyon (B) Finger Rock	B Tortolita	(D) Finger Rock C! Sutherland	(D) Alamo Cyn. C American	B - Catalina	B - Arizona C OSP
13	14	15	16	17	18	19
	(C) Baby Jesus C - Lower	C Fifty-Year D - Sweetwater	AZT Work SBHC Program	(B) Wasson (C) David	(C) Tortolita C Hidden	SB Recreation
20	21	22	23	24	25	26
(C) Deer Camp	(B) Seven Falls (C!) Romero	(C) Deer	D Alamo	(C) American D Linda Vista	C Tortolita:	C! - Pontatoc
27	28	29	30	31	1	2
C/B Bellota Trail	(C) Sutherland (B) Phone Line 4pm - SBHC	C Tort Mtns	C! Sutherland	(C) Tortolita D- Alamo SBHC 2pm New	C Brown	C! Deer

Saddlebrooke Hiking Club Calendar

Feb 2019 (Mountain Standard Time - Phoenix)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
C/B Bellota Trail	(C) Sutherland (B) Phone Line 4pm - SBHC	C Tort Mtns	C! Sutherland	(C) Tortolita D- Alamo SBHC 2pm New	C Brown	C! Deer
3	4	5	6	7	8	9
	(D) Alamo (B)		SBHC BOD Mtg SBHC Guides	Guide First Aid	C Fifty Year D - Honey Bee	C-History Hike.
10	11	12	13	14	15	16
D Canyon Loop	(C!) Panther	(C) Pima (D) Alamo Cyn.	(C) Bridal B CSP	(B) Tortolita C! Sutherland	B Rogers D Hiking Poles	(C!) Maiden
17	18	19	20	21	22	23
	(B) Tortolita	C - Sweetwater C Deer Camp	AZT Work SBHC Program	C Dripping C- Brown	(C!) Romero D! Pima	A Romero Falls
24	25	26	27	28	1	2
	A/B-Organ Pipe Cactus National Monument Hiking	(C!) Weavers	C! Sutherland	(B) (C) Catalina	Banff Film	

Hiking Information

HIKE ELEVATION, RATINGS & PACE

Elevation Change: Three indicators are used in the hike descriptions to convey hike difficulty as it relates to elevation change.

1. **Net Elevation Change:** the change in elevation obtained by subtracting the starting elevation from the highest (or lowest) point reached during the course of the hike, in feet. This estimate may be obtained from USGS maps or a global positioning system (GPS).
2. **Accumulated Gain:** the sum of all upward stretches of a hike as recorded by a GPS device over the course of the entire hike. Accumulated elevation gain is generally a more accurate indicator of hike difficulty than net change in elevation.
3. **Accumulated Loss:** another measure of hike difficulty, is the sum of all downward stretches of a hike. Accumulated elevation loss is useful for some downhill hikes and is usually obtained with a GPS device.

Ratings: Ratings are based on the following round trip distances and accumulated gains in elevation over the course of the hike. The hike rating is determined by one (or both) of the two values being exceeded. For example, if a hike exceeds the criterion for distance but not for corresponding elevation, the rating would be set for distance. Ratings flagged with an “!” indicate special trail conditions that might be of concern to some hikers. Please read the hike descriptions or talk to the hiking guide before deciding whether to sign-up. Ratings flagged with a smiling face indicate an easier, smoother trail (often paved) than normal at that rating.

Rating	Distance	Accumulated Gain in Elevation
A	Greater than 14 miles	Greater than 3,000 ft
B	Greater than 8 miles, less than 14 miles	Greater than 1,500 ft, Less than 3,000 ft
C	Greater than 4 miles, less than 8 miles	Greater than 500 ft, Less than 1,500 ft.
D	Less than 4 miles	Less than 500 ft

Pace: Pace is described in terms of average speed in miles per hour (MPH) over the course of a hike from start to finish (excluding lunch). Average speed is affected by speed and length of stride, number of rest stops, incline, type of terrain, and trail conditions. The following four categories are used to describe pace in the hike descriptions. Unless otherwise noted, all hikes are assumed to be Moderate pace.

Pace	Average Speed - MPH
Leisurely	Less than 1.5
Slow	Greater than 1.5, Less than 2.0
Moderate	Greater than 2.0, Less than 2.5
Fast	Greater than 2.5

Hikes Offered

Wednesday, January 02, 2019 Tortolita Mountains: Alamo Springs Loop. Rating: C Pace: Moderate [455, 08:00 AM, \$4]. From the Ritz Carlton hiker parking lot, proceed through the Wild Burro Wash to the Alamo Springs Trail. The group will follow the Alamo Springs Trail to the spring. Upon leaving the spring, the return is down the Wild Burro Trail to an old stone house and cistern which belonged to goat herders in the early 1900's. There is also a large water catch basin dubbed the "swimming pool". From this point, hikers walk back along the Wild Burro Trail to the parking lot. Hike 7.5 miles; trailhead elevation 2780 feet; net elevation change 1088 feet; accumulated gain 1518 feet; RTD 44 miles. [Larry Allen, 520-8181246, allenlw70@gmail.com.]

Thursday, January 03, 2019 Dripping Springs from the Sutherland Trail. Rating: C. Pace: SLOW [172, 8:00 AM, \$2 + \$2]. From the main trailhead at the east end of Catalina State Park, the hike follows the Sutherland Trail past the wilderness sign, and then turns toward Dripping Springs at a Sutherland Trail sign. There are large rocks placed in a row on the right (east) side of the Sutherland Trail. Much of the trail is sandy and there may be several water crossings. After entering the wilderness area, the trail is somewhat rocky. An old abandoned mine is visible to the left of the canyon. Keep to the left at a trail junction for lower Romero Canyon, which can be visited later. Hike 4.5 miles; trailhead elevation 2700 feet; net elevation change 475 feet; accumulated gain 468 feet; RTD 24 miles. [Guide: Karen Gray, 818-0337, kgrayinaz@yahoo.com.]

Thursday, January 03, 2019 Hidden Canyon Loop. Rating: C. Pace: Moderate [219, 8:00 AM, \$2]. This is a beautiful hike, practically in our "back yard," to a secluded canyon in the upper reaches of the Sutherland Wash. There are many beautiful rock formations and saguaro cacti along the way and a rock ledge with a great view down the valley. The ledge is a great place for lunch. The hike begins in the Fifty-Year Trail area past Golder Ranch Road gate. After lunch, we will continue out of the canyon, circle around Hidden Canyon Peak back to the "North Gate," and return to the trailhead via the Fifty-Year Trail. Hike 8.2 miles; trailhead elevation 3200 feet; net elevation change 750 feet; accumulated gain 1195 feet; RTD 12 miles (dirt). [Guide: Michael Reale; mjreale@msn.com; 825-8286.]

Friday, January 04, 2019 Wasson Peak via Sendero Esperanza and Hugh Norris Trails. Rating: B. Pace: Moderate [480, 8:00 AM, \$7]. The hike begins at Sendero Esperanza Trailhead off Golden Gate Road. The route follows the Esperanza Trail (1.8 miles) to the Hugh Norris Trail and on to Wasson Peak (2.2 miles). The climb is gradual and the Hugh Norris section is primarily a ridge trail with spectacular views. The 360-degree views from Wasson Peak include Tucson and Santa Catalinas to the east, Green Valley/Santa Ritas to the south, Sells to the west, and Picacho to the north. We will lunch on top of the Peak and return the same way. Hike 8.0 miles; trailhead elevation 2960 feet; net elevation change 1624 feet; accumulated gain 1776 feet; RTD 73 miles (dirt). [Michael Hovan, michaelhovan@ameritech.net]

Monday, January 07, 2019 Finger Rock Trail to Linda Vista Saddle. Rating: B. Pace: Moderate [192, 08:00 AM, \$4]. The hike begins from the Finger Rock Trailhead at the north end of Alvernon Way. The hike starts on level ground for about a mile, and then sharply climbs 2500 feet to the Linda Vista Saddle. Scrambling is necessary at some points going up, and coming down is just as difficult. From the Saddle, hikers can enjoy the beautiful vistas of Mt. Kimball, the Santa Ritas, and Tucson as it spreads out below and into the distance. Hike 6.1 miles; trailhead elevation 3120 feet; net elevation change 2530 feet; accumulated gain 2719 feet; RTD 44 miles. [Guide: Frank Earnest - Email: fearnestiv@gmail.com.]

Monday, January 07, 2019 Canyon Loop, Birding, and Nature Trails. Rating: C. Pace: Moderate [136, HH:MM 8:00 AM, \$2 + \$2]. Starting at the main trailhead in Catalina State Park, this hike traverses an area that is a great example of the Sonoran Desert and its riparian areas. We first hike the Nature Trail which has panoramic views, and then continue onto the Canyon Loop Trail. We will fork onto the Birding Loop Trail prior to returning. If the group is really ambitious, we will swing through the Canyon Loop Trail the opposite way we came for a total of 6.7 miles. Depending upon the season, some water crossings are possible. Hike 4.6 miles; trailhead elevation 2700

feet; net elevation change ___ feet; accumulated gain 370 feet; RTD 24 miles. [Guide: Kathryn Madore, Contact: Kathryn.Madore@Gmail.com.]

Tuesday, January 08, 2019 Tortolita Mountains: Ridgeline and Wild Burro with Key Exchange. Rating: B. Pace: Moderate [New, 07:30AM, \$4]. One group of hikers will start the hike off of an old jeep road, at the end of the Rail-X Marble Mine Road. The other group of hikers start at the Ritz Carlton trailhead. Southbound hikers hike to Wild Burro Canyon from the north side of the Tortolitas on Jeep road past an old stone wall (that once was a goat corral), to the Loop Trail. This trail connects to the Ridgeline Trail. They then hike the Ridgeline Trail to the Alamo Springs Trail, then follow the Alamos Spring Trail a short distance to the Wild Burro Trail, taking the Wild Burro Trail down to the Ritz Carlton hiker parking lot. Northbound hikers do the same in reverse. 4WD vehicles will be needed to reach the northern starting point. Hike 10 miles; trailhead elevation 3800 feet at the north end, 2800 feet at the Wild Burro Trailhead; net elevation change 1000 feet; accumulated gain north 1800 feet, 1400 feet south; RTD 20 miles (dirt). [Guide: Susan Hollis & Randy Park, slhollis@yahoo.com 825-6819.]

Wednesday, January 09, 2019 Finger Rock Trail to Finger Rock Spring. Rating: D. Pace: Moderate [191, 08:00 AM, \$4]. The hike begins from the Finger Rock Trailhead at the north end of Alvernon Way. Taking the Finger Rock Canyon Trail, which leads to Mt. Kimball, we will only go as far as Finger Rock Spring. The trail passes some beautiful rock formations and native desert plant life along the way. The trail is relatively level but relatively rocky. There are some fairly significant ups and downs along the way. Hike 2.8 miles; trailhead elevation 3120 feet; net elevation change 500 feet; accumulated gain 500 feet; RTD 44 miles. [Guide: Howie Fagan, 520-240-9556, howieandelaine@q.com].

Wednesday, January 09, 2019 Sutherland Wash Petroglyphs. Rating: C!. Pace: Moderate [431, 08:00 AM, \$2]. This hike takes us on a tour of several concentrations of ancient petroglyphs located west of Baby Jesus Ridge near the Sutherland Wash. According to the book "Paradise Found" by Kathy Alexander there are over 1,400 petroglyphs in the area. Along our hike we will see beautiful saguaros, seasonal wildflowers, and beautiful vistas of Pusch Ridge. The hike involves a few short, steep, rocky sections of trail, some rock scrambling, and a short section of mild bushwhacking. There are also two crossings of a wash which may involve some easy rock-hopping depending on the season. Bring a lunch or snack to enjoy while we rest in the shade of some giant boulders at one of the petroglyph locations. This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. Hike 4.1 miles; trailhead elevation 3240 feet; net elevation change 235 feet; accumulated gain 759 feet; RTD 12 miles (dirt). [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Thursday, January 10, 2019 Alamo Canyon. Rating: D. Pace: Moderate [6, 08:00 AM, \$2 + \$2]. The hike begins at the Romero Ruins Trailhead in Catalina State Park. Other than one short area by the wash, the elevation change is gradual. This is a lovely hike up to Alamo Canyon Falls and return. Water may be present in the canyon after rainy periods, but there are no water crossings. Hikers will stop by the Romero Ruins and take the informative loop trail from there. Hike 3.3 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Tim Butler, 825-0193, tucsontimmer@gmail.com.]

Thursday, January 10, 2019 American Flag. Rating: C. Pace: Moderate [8, 8:00 AM, \$3]. The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. Hike 6.7 miles; trailhead elevation 4400 feet; net elevation change 995 feet; accumulated gain 1267 feet; RTD 41 miles. [Guide: Rob Simms Spartan7375@gmail.com.]

Friday, January 11, 2019 Catalina Circular. Rating: B. Pace: Slow [181, 8:00 AM, \$2 + \$2]. The hike begins at the Equestrian Center in Catalina State Park. The Fifty-Year Trail leads north to a stream terrace that provides a fantastic view of the Sutherland Wash area and the Santa Catalina Mountains. We then hike down to the Sutherland Wash, take the Trail Link to the Sutherland Trail, and head back into the park. Note that the pace will be slow and the hike does not have significant elevation gain. It is rated B due to the distance. Hike 8.4 miles; trailhead elevation 2700 feet; net elevation change 415 feet; accumulated gain 500 feet; RTD 24 miles. [Guide: Aaron Schoenberg (845) 987-4893; askus3@centurylink.net].

Saturday, January 12, 2019 🐾 Mariposa/Granite Overlook. Rating: C Pace: Moderate [309, 8:00 AM, \$3 + \$2]. This is a dog friendly hike. All members are welcome with or without a dog. The hike begins at the American Ave Trailhead. We proceed through rolling, desert grasslands, then uphill through boulders, oak trees, and manzanita stands to the highest point in the park. The hike offers great views of the former Kannally Ranch which originally extended all the way to the San Pedro River. Hike 4.2 miles; trailhead elevation 4250, net elevation change 400 feet, accumulated gain 560 feet; RTD 40 miles. [Michael Hovan, michaelhovan@ameritech.net]

Saturday, January 12, 2019 Arizona Trail: Oracle (Passage 13 + section of Oracle Ridge, Passage 12). Rating: B. Pace: Moderate [56-modified, 7:30am, \$4]. From Bonito Canyon, we will hike north to the American Flag Trailhead for 3.6 miles (section of Passage 12) then proceed in a northerly direction across National Forest Land and State Trust Land, crossing Webb Road and continuing to Oracle State Park. We will hike the entire section of the Arizona Trail in Oracle State Park that our hiking club maintains. When we reach Highway 77, we go under the highway, then hike along Tiger Mine Road for the last 1.5 miles to the Tiger Mine Road Trailhead. This hike is a one-way hike, using either a car shuttle or as a key exchange. Hike 12.5 miles; trailhead elevations 4600 feet south and 4066 feet north; net elevation change 500 feet; accumulated gains 500 feet northward and 850 feet southward; RTD 41+car shuttle miles. [Susan Hollis, slhollis@yahoo.com]

Monday, January 14, 2019 🐾 Tortolita Mountains: Lower Javelina Loop. Rating: C. Pace: Slow [459, 8:00 AM, \$3]. Dog-friendly. All members are welcome with or without a dog. Hike begins at the Ritz Carlton Hotel hiker parking lot. The group will hike up Wild Burro Canyon 1/2 mile to the Lower Javelina Trail which we follow for 2 miles in a loop, then return with the Wild Burro Canyon again. Hike 3.1 miles; trailhead elevation 2806 feet; net elevation change 400 feet; accumulated elevation 600 feet; RTD 46 miles. [Guide: Aaron Schoenberg (845) 987-4893, askus3@centurylink.net].

Monday, January 14, 2019 Baby Jesus. Rating: C. Pace: Moderate [96, 08:00 AM, \$2]. The hike starts in the Fifty-Year Trail area near the east end of Golder Ranch Road and follows a jeep road that connects to the beginning of the Baby Jesus Trail across the Sutherland Wash. Hikers follow the trail on the east side of Baby Jesus Ridge to a rock grouping that looks in profile like the Madonna and Child, (for which the ridge is named) seeing a "window," beautiful saguaros, and rock formations along the way. The return is via the same route. Hike 7.5 miles; trailhead elevation 3200 feet; net elevation change 702 feet; accumulated gain 1335 feet; RTD 12 miles (dirt). This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. [Guide: Frank Earnest - Email: fearnestiv@gmail.com.]

Tuesday, January 15, 2019 🐾 Fifty-Year Trail to Middlegate. Rating: C. Pace: Moderate [501, 08:00 AM, \$1]. This is a dog friendly hike. All members are welcome with or without a dog. Park cars at the Corral one-half mile from the end of Golders Ranch Rd. Hike jeep trails and cycle trails to Middlegate. Cross Sutherland Wash and return S via Deer Camp Trail. This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained

through the state land department. Hike 5 miles; accumulated gain ~600 feet; RTD 4 miles (dirt). [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Tuesday, January 15, 2019 Sweetwater Trail (short version). Rating: D. Pace: Moderate [433, 8:00 AM, \$5].

The hike begins from the trailhead at the end of El Camino del Cerro on the east side of the Tucson Mountains and covers about half the distance to the saddle where the Kings Canyon and Sweetwater Trails meet. The return is via the same route. The trail passes through some of the prettiest saguaro forests in the area. Along the way there are good views of Tucson and Wasson Peak. Hiking boots and stick are recommended. Bring binoculars. Hike 4 miles; trailhead elevation 2800 feet; net elevation change 350 feet; accumulated gain 450 feet; RTD 60 miles. [Guide: Walt Shields, 404-8998, waltshields@mac.com]

Wednesday, January 16, 2019 Wednesday, January 16, 2019. Arizona Trail: Work Session. Rating: C.

Pace: Moderate [87, 7:30 AM, \$3 Paid by club]. Come and join the fun — it's enjoyable to work side by side with other hiking club members, as we help maintain the "Oracle Passage" section of the Arizona National Scenic Trail. This 8.6-mile section starts at the American Flag TH, ambles through washes and across low ridges speckled with high desert plants just east of Oracle State Park, north to Highway 77 and onto the Tiger Mine Road to the TH. Generally, the work is light, and involves clipping, brushing, raking, pruning, building cairns and developing/clearing erosion control devices. Bring along gloves, hat, water, and pruners. Other tools, if needed, will be provided. The work session usually lasts about 3 hours. Hike 3-4 miles. RTD 41 miles. The club will pay the \$3 driver donation. [Guide: Elisabeth Wheeler, 520-818-1547 or hikerelisabeth@gmail.com]

Wednesday, January 16, 2019 SBHC Program @4pm, HOA1 Activity Center and Social Hour @5pm in

Agavé Lounge. "Preventing Hiking Injuries", Robert Klingman, Director, Athlon Physical Therapy. Introduction by Myrna Simms, Program Committee Member.

Thursday, January 17, 2019 Wasson Peak via Sendero Esperanza and Hugh Norris Trails. Rating: B. Pace:

Moderate [480, 8:00 AM, \$7]. The hike begins at Sendero Esperanza Trailhead off Golden Gate Road. The route follows the Esperanza Trail (1.8 miles) to the Hugh Norris Trail and on to Wasson Peak (2.2 miles). The climb is gradual and the Hugh Norris section is primarily a ridge trail with spectacular views. The 360-degree views from Wasson Peak include Tucson and Santa Catalinas to the east, Green Valley/Santa Ritas to the south, Sells to the west, and Picacho to the north. We will lunch on top of the Peak and return the same way. Hike 8.0 miles; trailhead elevation 2960 feet; net elevation change 1624 feet; accumulated gain 1776 feet; RTD 73 miles (dirt). [Guide: Dave Corrigan, 520-820-6110, dave@daveandpam.com.]

Thursday, January 17, 2019 David Yetman Trail. Rating: C. Pace: Moderate [165, 8:00 AM, \$6].

The hike is an easy walk through typical vegetation of the Sonoran Desert. The trail has two trailheads; one at Camino de Oeste and one near the bottom of the west side of Gates Pass. Cars will be left at one end and hikers will drive to the other trailhead. From the Gates Pass side, the trail is easy for the first mile, easy down a wash, but steep upward for a short distance along the climb back up to the ridge. Hikers pass the Central Arizona Project, an old stone house built in the early 1930's by Sherry Bowen, and a well that serves a wildlife watering tank. Bring lunch, water, hat, sun lotion, and hiking stick. Hike 6.4 miles; trailhead elevation 2800 feet; net elevation change 643 feet; accumulated gain 730 feet; RTD 75 miles. [Guide: Michael Reale; mjreale@msn.com; 825-8286.]

Friday, January 18, 2019 Hidden Canyon Loop. Rating: C. Pace: Moderate [219, 8:00 AM, \$2].

This is a beautiful hike, practically in our "back yard," to a secluded canyon in the upper reaches of the Sutherland Wash. There are many beautiful rock formations and saguaro cacti along the way and a rock ledge with a great view down the valley. The ledge is a great place for lunch. The hike begins in the Fifty-Year Trail area past Golder Ranch Road gate. After lunch, we take a scenic connecting trail over several rock slabs and return to the trailhead via the Fifty-

Year Trail. Hike 7.7 miles; trailhead elevation 3200 feet; net elevation change 750 feet; accumulated gain 1195 feet; RTD 12 miles (dirt). [Michael Hovan, michaelhovan@ameritech.net]

Friday, January 18, 2019 Tortolita Mountains: Upper Javelina and Wild Mustang Trails to Lookout. Rating: C. Pace: Moderate [462, 08:00 AM, \$4]. The trailhead is at the Ritz Carlton Hotel parking lot. Hikers proceed through the Wild Burro Wash, up the Upper Javelina Trail, and connect with the Wild Mustang Trail. The hike continues to a rocky ridge with views of Dove Mountain development, Tucson and Marana. At that point we will stop for lunch/snacks and return to the trailhead. Hike 5.1 miles; trailhead elevation 2780 feet; net elevation change 795 feet; accumulated gain 950 feet; RTD 44 miles. [Guide: Larry Allen 520-818-1246, allenlw70@gmail.com]

Saturday, January 19, 2019 SB Recreation & Activities Fair HOA Ballroom. The SBHC will have a table.

Sunday, January 20, 2019 Deer Camp. Rating: C. Pace: Moderate [166, 10:00 AM, \$2]. The hike begins in the parking lot at the end of Golder Ranch Road at the Fifty-Year Trail. We hike east up and out of Sutherland Wash, through beautiful rock formations with many saguaros to a camp at the base of Samaniego Peak. The return is via the same route. Hike 7.0 miles; trailhead elevation 3200 feet; net elevation change 880 feet; accumulated gain 1069 feet; RTD 12 miles (dirt). [Guide Phil McNamee email mcnameephil@gmail.com]

Monday, January 21, 2019 Romero Pools. Rating: C!. Pace: Moderate [370, 8:00 AM, \$2 + \$2]. The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where several pools are located. There are excellent views of Romero and Montrose Canyons along the way. The well-maintained trail is rocky and rough in places, but is not overly difficult for most hikers. An option is a 0.75 miles round-trip, relatively level hike to the upper pools. We will have lunch at the lower or upper pools. The return is via the same route. Hike 5.6 miles; trailhead elevation 2700 feet; net elevation change 980 feet; accumulated gain 1400 feet; RTD 24 miles. [Dave Corrigan, 520-820-6110, dave@daveandpam.com]

Monday, January 21, 2019 Seven Falls. Rating: B. Pace: Moderate [387, 08:00 AM, \$4]. The hike begins at the Sabino Canyon Visitor Center, and continues to lower Bear Canyon, then along the Bear Canyon Trail to Seven Falls. The return is via the same route. The falls, which constitute one of the most spectacular natural features in the Tucson area, usually have some water flowing over them but may be dry if there has been inadequate rain. The trail crosses the Bear Canyon wash several times in each direction and can involve significant boulder hopping/wading after rainy periods. Ask the guide about current conditions. Hike 8.7 miles; trailhead elevation 2720 feet; net elevation change 662 feet; accumulated gain 1307 feet; RTD 56 miles. [Guide: Frank Earnest - Email: fearnestiv@gmail.com.]


Tuesday, January 22, 2019 Deer Camp / Baby Jesus Loop. Rating: C. Pace: Moderate [167, 08:00 AM, \$2]. The hike begins in the Fifty-Year Trail area. We hike easterly toward Deer Camp, and then take the Middle Tank Connecting Trail to the Baby Jesus Trail which leads back to the trailhead. The area has little traffic and is a delight to the senses. Hike 6.2 miles; trailhead elevation 3200 feet; net elevation change 650 feet; accumulated gain 1126 feet; RTD 12 miles (dirt). This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. [Guide: Tim Butler, 825-0193, tucsontimmer@gmail.com.]

Wednesday, January 23, 2019 🐕 Alamo Canyon. Rating: D. Pace: Moderate [6, 08:00 AM, \$2 + \$2]. This is a dog friendly hike. All members are welcome with or without a dog. The hike begins at the Romero Ruins Trailhead in Catalina State Park. Other than one short area by the wash, the elevation change is gradual. This is a lovely hike up to Alamo Canyon Falls and return. Water may be present in the canyon after rainy periods, but there are no water

crossings. Hikers will stop by the Romero Ruins and take the informative loop trail from there. Hike 3.3 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Thursday, January 24, 2019 Linda Vista Loop. Rating: D. Pace: Moderate [249, 08:30AM, \$2]. The Linda Vista Trailhead and parking lot is one block east of Oracle Road on Linda Vista Blvd. The hike proceeds into the foothills of Pusch Ridge and is an excellent introduction to desert hiking. The trail gradually ascends to provide excellent views of Oro Valley. Hiking sticks may be helpful for rocky steps -up and steps-down. The trail passes through a riparian area and ascends to a rocky outcropping which is a good place for a snack break. There are magnificent saguaros throughout the drainage from Pusch Ridge. Hike 2.9 miles (mileage may be extended by doing an extra loop –ask the guide); trailhead elevation 2720 feet; net elevation change 400 feet; accumulated gain 535 feet; RTD 28 miles. [Francois Brault, fbrault@shaw.ca]

Thursday, January 24, 2019 American Flag. Rating: C. Pace: Moderate [8, 8:00 AM, \$3]. The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. Hike 6.7 miles; trailhead elevation 4400 feet; net elevation change 995 feet; accumulated gain 1267 feet; RTD 41 miles. [Guide Phil McNamee email mcnameephil@gmail.com]

Friday, January 25, 2019  Tortolita Mountains: S. Wild Burro Canyon / Alamo Springs Trail / Spur Trail Loop. Rating: C. Pace: Moderate [461, 8:00 AM, \$4]. Dog Friendly. All members are welcome with or without a dog. The trailhead is at the Ritz Carlton hiker parking lot. The hike proceeds up Wild Burro Canyon to the Alamo Springs Trail, which is followed in a counterclockwise direction. The Ritz Carlton Hotel and new golf course are visible from many points along the trail. After about 3.5 miles, we reach the final "pass," then descend to the Spur Trail, which we follow into Wild Burro Canyon. Soon after reaching the canyon floor, there is an old stone house, and cistern on the right which belonged to goat herders in the early 1900's. There is also a large water catch basin, dubbed the "swimming pool". From this point, hikers walk back along the Wild Burro Trail to the trailhead. Hike 5.7 miles; trailhead elevation 2810 feet; net elevation change 1029 feet; accumulated gain 1166 feet; RTD 44 miles. [Michael Hovan, michaelhovan@ameritech.net]

Saturday, January 26, 2019 Pontatoc Ridge. Rating: C!. Pace: Moderate [344, 08:00 AM, \$4]. The hike starts at the Finger Rock Trailhead at the north end of Alvernon Way. Sometimes called the "Old Spanish Mine Trail," the trail goes up the northwest side of Pontatoc Ridge to just below some old mines. There are great views of Tucson and the surrounding area from a saddle along the way. The hike is strenuous in some areas due to the steep incline and rocky path. There are short stretches of exposed trail near the old mines. Hike 4.3 miles; trailhead elevation 3100 feet; net elevation change 1300 feet; accumulated gain 1557 feet; RTD 44 miles. [Don Taylor, Donald_R_taylor@yahoo.com]

Sunday, January 27, 2019 Bellota Trail and La Milagrosa Trail Key Exchange. Rating: C/B. Pace: Moderate [62, 7:30am, \$7] This is a Key Exchange hike. The "C" group of hikers start at Molina Basin Campground off of the Catalina Hwy. The "B" group starts at Horsehead Road (near Soldier Trail Road). The hike traverses a portion of AZT Passage 10 (Bellota Trail) for 2.5 miles and the La Milagrosa Trail for 5 miles. There is a short walk also on Horsehead Rd to access the trail. There are great views along the way of the valley and sheer rock walls of Milagrosa and Agua Caliente Canyons. The trail is mostly good with a few rocky areas. "B" group of hikers have mostly an uphill hike from Horsehead Road (Net elevation gain of 1600 feet, accumulated gain of 2,500 ft.) to Molina Basin. "C" group of hikers will do mostly a downhill hike from Molino Basin to Horsehead Road (Net elevation loss of 1600, accumulated gain 900, accumulated loss 2500 ft.). Hike 7.9 miles; Molino Basin Trailhead

elevation 4300 feet. Horsehead Road Trailhead elevation 2,800 feet. RTD 88 miles. [Susan Hollis & Randy Park. slhollis@yahoo.com]

Monday, January 28, 2019 Phone Line Trail - Round Trip. Rating: B. Pace: Moderate [323, 08:00 AM, \$4].

The hike begins in the Sabino Canyon Visitor Center parking lot. After crossing Sabino Creek there is a moderate climb to the Phone Line Trail, which is above and generally parallels the tram road. The trail offers outstanding views of the canyon. There are three options for the return: the tram road, the same trail, or back part way on the same to trail to a connecting trail that takes us down to the creek and dam and back to the parking lot. There are extended stretches of exposed trail. Hike 10.2 miles; trailhead elevation 2720 feet; net elevation change 964 feet; accumulated gain 1425 feet; RTD 56 miles. [Guide: Frank Earnest - Email: fearnestiv@gmail.com.]

Monday, January 28, 2019 Sutherland Trail. Rating: C. Pace: Moderate [428, HH:MM 8:00 AM, \$2 + \$2].

The Sutherland is a great trail for viewing wildflowers after adequate winter rains. Along the way, there are several beautiful saguaro cacti and great rock formations. There are numerous photo opportunities. We will also pass the cutoff to Dripping Springs which makes a nice short side trip if the waterfalls are flowing. The hike begins in Catalina State Park and ends at a very scenic, flat, rocky area. The return is via same route. Hike 5.4 miles; trailhead elevation 2700 feet; net elevation change 642 feet; accumulated gain 818 feet; RTD 24 miles. [Guide: Kathryn Madore, Contact: Kathryn.Madore@Gmail.com.]

Tuesday, January 29, 2019 Tortolita Mountains: Vision Seeker's Gorge. Rating: C! . Pace: Moderate [500, 8:00 AM, \$2].

The hike begins at the windmill/water tank approximately five miles down Edwin/Rail-X road west of Oracle where we park. Hike on trail/wash south to the base of Tortolita Peak and follow animal trails over a ridge to the Gorge. We lunch at top of a large gorge w/ a seasonal waterfall. There are petroglyphs nearby. Return is via the same route. Gloves recommended. Note: Rail-X (Edwin) road is very rough & unimproved which requires high clearance vehicles (pick-up, jeep, SUV). Hike: 7 miles; trailhead elevation 3,600 feet; net elevation change 800 feet; accumulated gain 850 feet. RTD 14 miles (dirt). This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. [Guide: Rob Simms Spartan7375@gmail.com.]

Wednesday, January 30, 2019 Sutherland Wash Petroglyphs. Rating: C!. Pace: Moderate [431, 08:00 AM, \$2].

This hike takes us on a tour of several concentrations of ancient petroglyphs located west of Baby Jesus Ridge near the Sutherland Wash. According to the book "Paradise Found" by Kathy Alexander there are over 1,400 petroglyphs in the area. Along our hike we will see beautiful saguaros, seasonal wildflowers, and beautiful vistas of Pusch Ridge. The hike involves a few short, steep, rocky sections of trail, some rock scrambling, and a short section of mild bushwhacking. There are also two crossings of a wash which may involve some easy rock-hopping depending on the season. Bring a lunch or snack to enjoy while we rest in the shade of some giant boulders at one of the petroglyph locations. This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. Hike 4.1 miles; trailhead elevation 3240 feet; net elevation change 235 feet; accumulated gain 759 feet; RTD 12 miles (dirt). [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Thursday, January 31, 2019 Alamo Canyon. Rating: D. Pace: SLOW [6, 8:00 AM, \$2 + \$2].

The hike begins at the Romero Ruins Trailhead in Catalina State Park. Other than one short area by the wash, the elevation change is gradual. This is a lovely hike up to Alamo Canyon Falls and return. Water may be present in the canyon after rainy periods, but there are no water crossings. Hikers will stop by the Romero Ruins and take the informative loop trail from there. Hike 3.3 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Karen Gray, 818-0337, kgrayinaz@yahoo.com.]

Thursday, January 31, 2019 SBHC 2pm New Hiker Orientation; HOA2 Ballroom West

Thursday, January 31, 2019 Tortolita Mountains: S. Wild Burro Canyon / Alamo Springs Trail / Spur Trail Loop. Rating: C. Pace: Moderate [461, 8:00 AM, \$4]. The trailhead is at the Ritz Carlton hiker parking lot. The hike proceeds up Wild Burro Canyon to the Alamo Springs Trail, which is followed in a counterclockwise direction. The Ritz Carlton Hotel and new golf course are visible from many points along the trail. After about 3.5 miles, we reach the final "pass," then descend to the Spur Trail, which we follow into Wild Burro Canyon. Soon after reaching the canyon floor, there is an old stone house, and cistern on the right which belonged to goat herders in the early 1900's. There is also a large water catch basin, dubbed the "swimming pool". From this point, hikers walk back along the Wild Burro Trail to the trailhead. Hike 7.3 miles; trailhead elevation 2780 feet; net elevation change 1029 feet; accumulated gain 1417 feet; RTD 44 miles. [Guide: Michael Reale; mjreale@msn.com; 825-8286.]

Friday, February 01, 2019 Brown Mountain. Rating: C. Pace: Moderate [124, 8:00 AM, \$6]. The Brown Mountain Trail is along a ridge in the heart of the Tucson Mountains. It starts at a trailhead on McCain Loop Road, just south of Kinney Road east of the Arizona Sonoran Desert Museum. Along this "ridge ramble" are excellent views of the mountains, valleys, and desert vegetation. The route has many up and downs. Hike 5 miles; trailhead elevation 2700 (trailheads at either end are 2640 and 2880) feet; net elevation change 424 feet; accumulated gain 943 feet; RTD 73 miles. [Guide: Walt Shields, 404-8998, waltshields@mac.com]

Saturday, February 02, 2019 Deer Camp / Samaniego Roost Loop #1. Rating: C!. Pace: Moderate [168, 8:00 AM, \$2]. The hike begins in the Fifty-Year Trail car park and proceeds along the Baby Jesus trail past a beautiful stand of large, 100-year old saguaros to a connecting wash. Along the way we pass two chollas that are so big they look like trees. There is some hiking over rocks off-trail in the wash bed for about 1/2 mile. If water is present in the wash, footing can be unstable. We then proceed up the Samaniego Ridge trail which climbs up some large, moderately steep rock slabs to Deer Camp. Depending upon the interest of the group, we may detour up to Samaniego Roost, a large rock outcropping that affords magnificent views of the valley floor. The route back is an easy ramble on the Deer Camp Trail. This hike can also be done in the reverse direction, starting out of the Sutherland Wash to Deer Camp. Hike 6.5 miles; trailhead elevation 3200 feet; net elevation change 905 feet; accumulated gain 1235 feet; RTD 12 miles (dirt). [Michael Hovan, michaelhovan@ameritech.net]

Monday, February 04, 2019 Superstitions: Dutchman Trail / Bluff Springs Loop. Rating: B. Pace: Moderate [402, 07:00 AM, \$14]. The hike starts at the Peralta Trailhead off Hwy # 60 in the Superstitions and follows the Dutchman Trail through Barkley Basin. From the basin, the trail climbs past Miners Needle (smaller sister of Weavers Needle) to Miners Summit, then descends along the Bluff Springs Trail to Bluff Spring (has seasonal water). There are netleaf hackberry and oak shade trees along the way. Hikers then continue back to the trailhead with superb views of Weavers Needle. Hike 9.6 miles; trailhead elevation 2415 feet; net elevation change 883 feet; accumulated gain 1580 feet; RTD 154 miles (dirt). [Guide: Frank Earnest - Email: fearnestiv@gmail.com.]

Monday, February 04, 2019 Alamo Canyon Loop. Rating: D. Pace: Moderate [6, HH:MM 8:00 AM, \$2 + \$2]. The hike begins at the Romero Ruins Trailhead in Catalina State Park. This hike will loop around Alamo Canyon going up one side and returning down the other. Other than one short area by the wash, the elevation change is gradual. This is a lovely hike up to Alamo Canyon Falls and return. Water may be present in the canyon after rainy periods, but there are no water crossings. Hikers may stop by the Romero Ruins and take the informative loop trail from there. Hike 3.3 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: insert name & phone # and/or e-mail.] [Guide: Kathryn Madore, Contact: Kathryn.Madore@Gmail.com.]

Wednesday, February 06, 2019 SBHC BOD Mtg 1st Wed - Even Months. HOA#1 Coyote Room North Reserved 2:30pm to 4:00om

Wednesday, February 06, 2019 SBHC Guides Mtg 1st Wed - Even Months. HOA#1 Coyote Room North Reserved 4:00pm to 5:00pm

Friday, February 08, 2019 Honey Bee Canyon South. Rating: D. Pace: slow to moderate [224, 8:00 AM, \$2]. The hike takes place in Honey Bee Canyon at Rancho Vistoso. We will explore the canyon, identify some of the vegetation, look for petroglyphs, find a large hole in a rock, and look for animals and animal tracks. Bring water, snack, sunscreen, hat, camera (optional). Hike &4 miles; trailhead elevation 2700 feet; net elevation change 100 feet; accumulated gain ___ feet; RTD 26 miles. [Guide: Karen Gray, 818-0337, kgrayinaz@yahoo.com.]

Friday, February 08, 2019 Fifty-Year Trail to Middlegate. Rating: C. Pace: Moderate [501, 08:00 AM, \$1]. This is a dog friendly hike. All members are welcome with or without a dog. Park cars at the Corral one-half mile from the end of Golders Ranch Rd. Hike jeep trails and cycle trails to Middlegate. Cross Sutherland Wash and return S via Deer Camp Trail. This hike is on State Trust Land. This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. Hike 5 miles; accumulated gain ~600 feet; RTD 4 miles (dirt). [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Saturday, February 09, 2019 History Hike: The Sutherlands. Rating: C-minus. Pace: Moderate [New, 8:00 AM, \$2]. Hike approximately one mile, a little rough terrain. Cross under/through barbwire fence (protective clothing recommended). Caravan to north entrance of Catalina State Park to see the remaining adobe walls of William H. Sutherland's pioneer home and his nearby well. Then drive a short distance and hike to the mystery dam at the Cottonwoods, then to the stone reservoir built by William Ray Sutherland. Explore the adjacent remains of the hand-dug well that supplied the reservoir. Finally, returning by car, view from short distances the sites of the Frank and William Ray Sutherland homestead homes. An oral history of the Sutherlands will be provided as the hike progresses. Limit 15 hikers. This hike is partly on State Trust Land. Hike ~ approx. one mile; minimal elevation gain; RTD 4 miles (dirt). [Bob Simpson pinalbj@outlook.com (520) 818-2610]

Sunday, February 10, 2019 Canyon Loop and Birding Trail. Rating: D. Pace: Moderate [135, 10:00 AM, \$2 + \$2]. Dog Friendly hike. All members are welcome with or without a pet. From the main trailhead in Catalina State Park, hikers will start up the Romero Trail in Catalina State Park; follow the Canyon Loop Trail, and then come back on the Sutherland Trail. This area is a great example of the Sonoran Desert and its riparian areas. Following this portion of the hike, we will hike the Birding Trail. Depending upon the season, some water crossings are possible. Hike 4.1 miles; trailhead elevation 2700 feet; net elevation change 433 feet; accumulated gain 499 feet; RTD 24 miles. [Michael Hovan, michaelhovan@ameritech.net]

Monday, February 11, 2019 Panther Peak. Rating: C!. Pace: Moderate [315, 08:00 AM, \$5]. Panther Peak is an iconic Tucson landmark. The hike begins at the Cam-Boh parking lot - west off Picture Rocks Road, with the first 1.2 miles on the Roadrunner trail. Then, a steep, difficult climb begins up a cairn marked trail to the saddle between Panther and Safford peaks. Approximately 1,000 feet are gained in one mile. The final one-half mile is more gradual to the summit. The use of gloves, long pants, and a hiking poles are recommended. There are outstanding views from the top; Picacho Peak is visible to the north and Wasson Peak to the south. The return is via the same route. This is a short but strenuous hike. Hike 5.5 miles; trailhead elevation 2480 feet; net elevation change 955 feet; accumulated gain 1250 feet; RTD 60 miles. [Guide: Frank Earnest - Email: fearnestiv@gmail.com.]

Tuesday, February 12, 2019 Pima Canyon to 2nd Dam. Rating: C. Pace: Moderate [336, 8:00 AM, \$3]. The Pima Canyon Trailhead is at the east end of Magee Road. The first mile or so is across open desert along the south side of Pusch Peak. We pass the small first dam as we enter the beautiful, rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. The trail then leads to a

rocky open area in the canyon beyond a small dam near several Indian grinding holes. The return is via the same route. Hike 6.6 miles; trailhead elevation 2960 feet; net elevation change 1013 feet; accumulated gain 1310 feet; RTD 42 miles. [Guide Phil McNamee email mcnameephil@gmail.com]

Tuesday, February 12, 2019 Alamo Canyon. Rating: D. Pace: Moderate [6, 08:00 AM, \$2 + \$2]. The hike begins at the Romero Ruins Trailhead in Catalina State Park. Other than one short area by the wash, the elevation change is gradual. This is a lovely hike up to Alamo Canyon Falls and return. Water may be present in the canyon after rainy periods, but there are no water crossings. Hikers will stop by the Romero Ruins and take the informative loop trail from there. Hike 3.3 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 429 feet; RTD 24 miles. [Guide: Tim Butler, 825-0193, tucsontimmer@gmail.com.]

Wednesday, February 13, 2019 Bridal Wreath Falls Loop. Rating: C. Pace: Moderate [119, 08:30 AM, \$6]. The Douglas Spring Trailhead is located at the east end of Speedway Blvd. The hike involves some relatively steep climbing up the Douglas Spring Trail for the first 2.5 miles, before turning off on the 0.3-mile spur leading to the falls. We return via the Douglas Spring trail for 0.3 miles, and then take the Three Tanks Trail for 1.5 miles to where it joins the Carillo Trail. We hike for 0.5 miles and rejoin the Douglas Spring Trail, with considerable elevation, and return to the trailhead. Another option is to continue on the Three Tanks Trail to the Garwood Trail that joins the Douglas Spring Trail only 0.3 mile from the trailhead. The trail is well used and easy to follow. Bring sun protection. Water may be flowing over the falls if there has been sufficient rainfall. Hike 7.8 miles; trailhead elevation 2720 feet; net elevation change 1050 feet; accumulated gain 1368 feet; RTD 80 miles. [Guide: Howie Fagan, 520-240-9556, howieandelaine@q.com]

Wednesday, February 13, 2019 Sutherland Trail to X-Stream View. Rating: B Pace: Moderate [NEW, 8:00 AM, \$2 + \$2] . The hike begins at the main trailhead in Catalina State Park and goes on the Sutherland Trail through the “flat rocks” area just outside the park. We turn right (east) on the rocky power- line road and follow it up Cargodera Canyon. We proceed on the Sutherland past the Baby Jesus Trail connection for one mile; then take a short bushwhack to a picturesque point in Cargodera Canyon where two streams meet and flow over large flat rock formations. We lunch there and return by the same route. Hike Est 10 miles; trailhead elevation 2700 feet; net elevation change ____; accumulated gain 1500 feet; RTD 24 miles. [Guide: Rob Simms Spartan7375@gmail.com.]

Thursday, February 14, 2019 Sutherland Wash Petroglyphs. Rating: C!. Pace: Moderate [431, 08:00 AM, \$2]. This hike takes us on a tour of several concentrations of ancient petroglyphs located west of Baby Jesus Ridge near the Sutherland Wash. According to the book “Paradise Found” by Kathy Alexander there are over 1,400 petroglyphs in the area. Along our hike we will see beautiful saguaros, seasonal wildflowers, and beautiful vistas of Pusch Ridge. The hike involves a few short, steep, rocky sections of trail, some rock scrambling, and a short section of mild bushwhacking. There are also two crossings of a wash which may involve some easy rock-hopping depending on the season. Bring a lunch or snack to enjoy while we rest in the shade of some giant boulders at one of the petroglyph locations. This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. Hike 4.1 miles; trailhead elevation 3240 feet; net elevation change 235 feet; accumulated gain 759 feet; RTD 12 miles (dirt). [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Thursday, February 14, 2019 Tortolita Mountains: Cochie Spring Trail. Rating: B. Pace: Moderate [456, 8:00 AM, \$4]. The hike begins in the hikers parking area of the Ritz Carlton and proceeds up a connecting spur behind the hotel to join the Upper Javelina trail. The Upper Javelina Trail provides views of the Tucson Mtns and Boboquiveri Peak to the south. After a short hike on the Wild Mustang Trail, hikers join the Cochie Spring Trail and continue several miles to the remains of a dam past a windmill. Hikers will experience a quiet mountain

wilderness. The return is by the same route. Hike 9.0 miles; trailhead elevation 2780 feet; net elevation change 645 feet; accumulated gain 1799 feet; RTD 44 miles. [Guide: Michael Reale; mjreale@msn.com.]

Friday, February 15, 2019 Hiking Poles Clinic/Linda Vista Loop. Rating: D. Pace: Moderate [249, 8:00 AM, \$2]. For those Club members wanting to learn about proper use of hiking poles, setting the correct pole length and polling technique this is the hike for you. Bring your hiking poles and questions. Participation will be limited to 12 hikers. The Linda Vista Trailhead and parking lot is one block east of Oracle Road on Linda Vista Blvd. The hike proceeds into the foothills of Pusch Ridge and is an excellent introduction to desert hiking. The trail gradually ascends to provide excellent views of Oro Valley. Hiking poles are helpful for rocky steps-up and steps-down. The trail passes through a riparian area and ascends to a rocky outcropping which is a good place for a snack break. There are magnificent saguaros throughout the drainage from Pusch Ridge. Hike 2.9 miles (mileage may be extended by doing an extra loop – ask the guide); trailhead elevation 2720 feet; net elevation change 400 feet; accumulated gain 535 feet; RTD 28 miles. [Guide: Walt Shields, 404-8998, waltshields@mac.com]

Friday, February 15, 2019 Superstitions: Roger's Canyon Cliff Dwellings. Rating: B. Pace: Moderate [424, 7:00 AM, \$15]. The hike reaches deep into a wilderness area of the Superstition Mountains. The trailhead is reached via Florence to Hwy # 60 east and then northeast on 19 miles of scenic, rough unimproved Forest Service roads that require 4WD vehicles with adequate clearance. The trail may be slippery in places during rainy seasons. The trail proceeds downhill into the canyon area to the ancient cliff dwellings built by the Salado Indians around A.D. 1150 to A.D. 1250. The ruins are in very good shape and present a nice opportunity for the photographer to get good photos. Entering the ruins is possible but involves some rock scrambling. Care should be taken not to damage 700 years of history. An additional one-mile, round-trip hike to Angel Basin is an option along with the exploration of Fish Creek Canyon. The hike out is all uphill via the same route. Hike 8.5 miles; trailhead elevation 4800 feet; net elevation change 1056 feet; accumulated gain 1425 feet; RTD 166 miles (dirt). [Michael Hovan, michaelhovan@ameritech.net]

Saturday, February 16, 2019 Maiden Pools. Rating: C!. Pace: Moderate [254, 08:00AM, \$4]. Starting at the public parking lot on the left (past the employees' parking lot) at Ventana Canyon Resort, hikers follow the trail into the canyon. The trail is rocky in places with some steep climbing and substantial steps-up which make it more difficult than the average C hike. There are numerous wash crossings which involve boulder hopping if water is flowing. On the return, there are fine views of the east side of Tucson. The pools provide an excellent place for lunch. The return is by the same route. Hike 5.2 miles; trailhead elevation 3000 feet; net elevation change 1100 feet; accumulated gain 1266 feet; RTD 54 miles. [Susan Hollis, slhollis@yahoo.com Please email before 2/1 or after 2/9 - out of country with no email 2/1-2/9]

Monday, February 18, 2019 Tortolita Mountains: Wild Mustang / Wild Burro Canyon Loop. Rating: B. Pace: Moderate [469, 8:00 AM, \$4]. The trailhead is at the Ritz Carlton hiker parking lot. Hikers proceed through the Wild Burro Wash, connect with the hotel spur Trail, and make their way up to the Wild Mustang Trail. The trail will lead the group over the higher elevations of the mountains to the north past at least 3 crested saguaros. Near the upper end of Wild Mustang Trail we take a connector trail southeast down to the Wild Burro Canyon Trail. The trail overlooks the narrow upper canyon which spreads wide with numerous side canyons and tributaries. As we continue down Wild Burro Canyon, we pass a crumbling stone structure and arrive at a boulder strewn falls which thunders with runoff from the upper side canyons and tributaries when it rains. A short distance later we will merge onto Lower Javalina Trail, quickly descending through hillsides covered with enormous boulders and a forest of saguaro cacti. We will then rejoin Wild Burro Trail to return to the trailhead. Hike 8.7 miles; trailhead elevation 2680 feet; net elevation change 1150 feet; accumulated gain 1731 feet; RTD 44 miles. [Guide Phil McNamee email mcnameephil@gmail.com]

Tuesday, February 19, 2019 🐕 Sweetwater Preserve. Rating: C. Pace: Slow [432, 08:00 AM, \$4]. Dog Friendly. The trailhead is at the end of Tortolita Road, one mile off El Camino del Cerro. The 703-acre preserve is in the Tucson Mountains (this is not the Sweetwater Trail which leads to Wasson Peak.) There is a system of trails within the park where we will make a loop of 4.8 miles; trailhead elevation 2600 feet; net elevation change 250 feet; accumulated gain 500 feet; RTD 60 miles. [Guide: Aaron Schoenberg (845) 987-4893, askus3@centurylink.net]

Tuesday, February 19, 2019 Deer Camp. Rating: C. Pace: Moderate [166, 08:00 AM, \$2]. The hike begins in the Fifty-Year Trail area. We hike east up and out of Sutherland Wash, through beautiful rock formations with many saguaros to a camp at the base of Samaniego Peak. The return is via the same route. This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. Hike 6.0 miles; trailhead elevation 3200 feet; net elevation change 880 feet; accumulated gain 1069 feet; RTD 12 miles (dirt). [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Wednesday, February 20, 2019 Wednesday, February 20, 2019. Arizona Trail: Work Session. Rating: C. Pace: Moderate [87, 7:30 AM, \$3 Paid by club]. Come and join the fun — it's enjoyable to work side by side with other hiking club members, as we help maintain the "Oracle Passage" section of the Arizona National Scenic Trail. This 8.6-mile section starts at the American Flag TH, ambles through washes and across low ridges speckled with high desert plants just east of Oracle State Park, north to Highway 77 and onto the Tiger Mine Road to the TH. Generally, the work is light, and involves clipping, brushing, raking, pruning, building cairns and developing/clearing erosion control devices. Bring along gloves, hat, water, and pruners. Other tools, if needed, will be provided. The work session usually lasts about 3 hours. Hike 3-4 miles. RTD 41 miles. The club will pay the \$3 driver donation. [Guide: Elisabeth Wheeler, 520-818-1547 or hikerelisabeth@gmail.com]

Wednesday, February 20, 2019 SBHC Program @4pm, HOA1 Activity Center and Social Hour @5pm in Agavé Lounge. "Flora of the Upper Catalinas": Tim Butler, SBHC Guide. Introduction by Michael, Caryl, Program Committee Chair.

Thursday, February 21, 2019 Dripping Springs from the Sutherland Trail. Rating: C. Pace: Moderate [172, 08:30AM, \$2 + \$2]. From the main trailhead at the east end of Catalina State Park, the hike follows the Sutherland Trail past the wilderness sign, and then turns toward Dripping Springs at a Sutherland Trail sign. There are large rocks placed in a row on the right (east) side of the Sutherland Trail. Much of the trail is sandy and there may be several water crossings. After entering the wilderness area, the trail is somewhat rocky. An old abandoned mine is visible to the left of the canyon. Keep to the left at a trail junction for lower Romero Canyon, which can be visited later. Hike 4.8 miles; trailhead elevation 2700 feet; net elevation change __ feet; accumulated gain 460 feet; RTD 24 miles. [Francois Brault: fbrault@shaw.ca]

Thursday, February 21, 2019 Brown Mountain. Rating: C. Pace: SLOW [124, 8:00 AM, \$6]. The Brown Mountain Trail is along a ridge in the heart of the Tucson Mountains. It starts at a trailhead on McCain Loop Road, just south of Kinney Road east of the Arizona Sonoran Desert Museum. Along this "ridge ramble" are excellent views of the mountains, valleys, and desert vegetation. The route has many up and downs. Hike 5 miles; trailhead elevation 2700 (trailheads at either end are 2640 and 2880) feet; net elevation change 424 feet; accumulated gain 943 feet; RTD 73 miles. [Guide: Karen Gray, 818-0337, kgrayinaz@yahoo.com.]

Friday, February 22, 2019 Romero Pools. Rating: C!. Pace: Moderate [370, 08:00 AM, \$2 + \$2]. The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where several pools are located. There are excellent views of Romero and Montrose Canyons along the way. The well-

maintained trail is rocky and rough in places, but is not overly difficult for most hikers. An option is a 0.75 miles round-trip, relatively level hike to the upper pools. We will have lunch at the lower or upper pools. The return is via the same route. Hike 5.6 miles; trailhead elevation 2700 feet; net elevation change 980 feet; accumulated gain 1400 feet; RTD 24 miles. [Guide: Larry Allen 520-818-1246, allenlw70@gmail.com]

Friday, February 22, 2019 Pima Canyon to 1st Dam. Rating: D!. Pace: Moderate [335, 8:00 AM, \$3]. The Pima Canyon Trailhead is at the east end of Magee Road. We will hike the first part of Pima Canyon to the first dam and enjoy the beautiful scenery, take photos. There are pools of water at the dam most of the year. The trail is rocky at some points and involves some steps-up and steps-down but is not difficult. Hike 2.7 miles; trailhead elevation 2960 feet; net elevation change 320 feet; accumulated gain 487 feet; RTD 42 miles. [Guide: Walt Shields, 404-8998, waltshields@mac.com]

Saturday, February 23, 2019 Romero Falls. Rating: A. Pace: Moderate [368, 7:30 AM, \$2 + \$2]. The hike begins in Catalina State Park at the easternmost trailhead and follows Romero Canyon Trail into the foothills. The trail crosses open desert then climbs steeply until it reaches a saddle and then down into the canyon area where Romero pools are located. The falls are about 30 feet high and consist of water flowing down a steeply sloped rock face, and are a very unique feature in southern Arizona. The falls are located about 2.6 miles past the Romero pools and about 0.6 miles (and a little less than 500 feet additional elevation gain) past Romero Springs. The springs and falls are located in a very scenic section of the canyon, and have been known to attract quite a bit of wildlife. Lunch will be at the falls. The return is via the same route. Hike 11.6 miles; trailhead elevation 2700 feet; net elevation change 2420 feet; accumulated gain >3200 feet; RTD 24 miles. [Michael Hovan, michaelhovan@ameritech.net]

Monday, February 25, 2019 Organ Pipe Cactus National Monument. Rating: B/A. Pace: Moderate/Fast [New, 06:00 AM, \$25]. We will be taking 3 major hikes over 3 days. They will include an ascent of Mt. Ajo, a grand tour of the gold/silver mine sites in the park and an exploration of Arch Canyon which includes a couple of arches and amazing rock formations. We also will see the only organ pipe cactus habitat in the US. Hikes range from 8.5 to 15 miles; trailhead elevation is around 2300 feet and ascend to the highest point of 4808 feet with 2700 feet being the most accumulated gain for any specific hike; RTD 400 miles. Contact Aaron for lodging, camping and travel arrangements. Deadline to register: Feb. 10, 2019. [Guide: Aaron Schoenberg; cell phone # (845) 987-4893; askus3@centurylink.net].

Monday, February 25, 2019 Dripping Springs from the Sutherland Trail. Rating: C. Pace: Moderate [172, HH:MM 8:00 AM, \$2 + \$2]. From the main trailhead at the east end of Catalina State Park, the hike follows the Sutherland Trail past the wilderness sign, and then turns toward Dripping Springs at a Sutherland Trail sign. There are large rocks placed in a row on the right (east) side of the Sutherland Trail. Much of the trail is sandy and there may be several water crossings. After entering the wilderness area, the trail is somewhat rocky. An old abandoned mine is visible to the left of the canyon. Keep to the left at a trail junction for lower Romero Canyon, which can be visited later. Hike 4.5 miles; trailhead elevation 2700 feet; net elevation change 475 feet; accumulated gain 468 feet; RTD 24 miles. [Guide: Kathryn Madore, Contact: Kathryn.Madore@Gmail.com.]

Tuesday, February 26, 2019 Superstitions: Weavers Needle to Fremont Saddle and Overlook Point. Rating: C!. Pace: Moderate [497, 8:00 AM, \$14]. This in-and-out hike through the beautiful Superstition Mountains, brings you up to a stunning vista overlooking Weavers Needle. The needle is an iconic Arizona landmark often pictured in photos. The hike begins at the Peralta Trailhead and rises quickly on a rugged, vegetated path. Oak and mesquite trees are common along the trail as well as huge bolder formations. Magnificent vistas of the Superstitions are visible as the ascent continues. The trail reaches its highest elevation at Fremont Saddle and Weavers Needle comes into view. The hike continues for another 1/2 mile to reach Overlook Point (sometimes referred to as Lone Pine). After enjoying the view and a snack, we descend down the same trail. Hike 6 miles; trailhead elevation 2500

feet; net elevation change 1,385 feet; RTD 154 miles (dirt). [Guide: Dave Corrigan, 520-820-6110, dave@daveandpam.com]

Wednesday, February 27, 2019 Sutherland Wash Petroglyphs. Rating: C!. Pace: Moderate [431, 08:00 AM, \$2]. This hike takes us on a tour of several concentrations of ancient petroglyphs located west of Baby Jesus Ridge near the Sutherland Wash. According to the book "Paradise Found" by Kathy Alexander there are over 1,400 petroglyphs in the area. Along our hike we will see beautiful saguaros, seasonal wildflowers, and beautiful vistas of Pusch Ridge. The hike involves a few short, steep, rocky sections of trail, some rock scrambling, and a short section of mild bushwhacking. There are also two crossings of a wash which may involve some easy rock-hopping depending on the season. Bring a lunch or snack to enjoy while we rest in the shade of some giant boulders at one of the petroglyph locations. This hike is on or crosses Arizona State Trust Land: "The Arizona Land Department's trust management responsibilities include requiring a permit or lease and charging a fee for use of Trust land." Please note that Trust Land is private (not public) and requires a recreation permit for hiking which can be obtained through the state land department. Hike 4.1 miles; trailhead elevation 3240 feet; net elevation change 235 feet; accumulated gain 759 feet; RTD 12 miles (dirt). [Guide: Ruth Caldwell, contact: azcaldwell3@gmail.com]

Thursday, February 28, 2019 Catalina State Park - Exploring the Trails. Rating: C. Pace: Moderate [142, 8:00 AM, \$2 + \$2]. The hike will explore various trails within the park. We take the 50 Year Trail to the Link Trail to the Nature Link Trail to the Nature Trail and back on the Bridal Trail. The park is a great example of the Sonoran Desert with its native plants and wildlife. Come enjoy the beautiful views of the Santa Catalina Mountains. Hike 8 miles; trailhead elevation 2700 feet; net elevation change 400 to 500 feet; accumulated gain __ feet; RTD 24 miles. [Guide Phil McNamee email mcnameephil@gmail.com]

Thursday, February 28, 2019 Superstitions: Dutchman Trail / Bluff Springs Loop. Rating: B. Pace: Moderate [402, 7:00 AM, \$14]. The hike starts at the Peralta Trailhead off Hwy # 60 in the Superstitions and follows the Dutchman Trail through Barkley Basin. From the basin, the trail climbs past Miners Needle (smaller sister of Weavers Needle) to Miners Summit, then descends along the Bluff Springs Trail to Bluff Spring (has seasonal water). There are netleaf hackberry and oak shade trees along the way. Hikers then continue back to the trailhead with superb views of Weavers Needle. Hike 9.6 miles; trailhead elevation 2415 feet; net elevation change 895 feet; accumulated gain 1660 feet; RTD 154 miles (dirt). [Guide: Michael Reale; mjreale@msn.com; 825-8286.]