MAY/JUNE

# SADDLEBROOKE HIKING CLUB NEWSLETTER 

http://saddlebrookehikingclub.com

## AVOIDING INJURY WHILE HIKING Wednesday, May 16, 2018

Residents of SaddleBrooke are invited to come to the Hiking Club May meeting where an EMT member of the Golder Ranch Fire Department will speak about using common sense and prior planning to avoid injury or illness while hiking in Arizona and how rescues are conducted. The meeting will be held at the HOA \#1 Activity Center at 4 p.m. on Wednesday, May 16.

You do not need to be a member of the hiking club to attend. Following the meeting at $5 \mathrm{p} . \mathrm{m}$., there will be a social hour in Agave Lounge at the SaddleBrooke Clubhouse.

Remember there is no street parking near the Activity Center. For more information about the meeting or to learn more about the hiking club, please contact Michael Caryl at lawman69@hotmail.com or call Mike at 206-617-0225.

## CATALINA STATE PARK RANGER GIVES TOUR TO SADDLEBROOKE HIKERS <br> Submitted by Karen Gray



The remains of the Hohokam structure at the Romero Ruins in Catalina State Park Picture by Karen Schickendanz

February 22 was a very cold morning when thirteen SaddleBrooke hikers left to go to Catalina State Park for a tour around Romero Ruins with a ranger, followed by a hike around Alamo Canyon. Jack, the ranger, met us at the Ramada at Romero Ruins parking area and gave us a brief overview of archeological sites in the area and how they differ from Romero Ruins in Catalina State Park. The other sites have been excavated and, in some cases, reconstruction has been done. The ruins have been left mostly as they were found.


Ranger Jack from Catalina State Park discusses the history of the Romero Ruins with SaddleBrooke hikers Picture by Karen Schickendanz

After we went up the stairs to the site, Jack spoke of what each area was and constructed a good image of
what we were seeing. We saw the old walls around the site and the newer remains of the building that Romero built so many years after the Hohokam left the area. He told of us of many customs and traditions of the tribe that lived here. He felt that this site was a major center for these people, as most of the other sites were very small. Jack was very informative, had a great sense of humor, and was very enthusiastic. We followed up with a pleasant hike to Alamo Canyon, stopped for a snack/lunch, and then returned to our cars.

## LOOKING FOR SPRING FLOWERS IN ORACLE STATE PARK

Submitted by Elisabeth Wheeler


Back Row: Lynda Green, Elizabeth Tancock, Larry Williamson, Jan Springer, Fred Norris Front Row: Leslie Hawkins, Jack Jeffrey, Ray Peale Photo by Elisabeth Wheeler

Discovering spring flowers on a hike is delightful. Nine SaddleBrooke hikers hiked the Oracle Passage of the Arizona Trail in March looking for signs of spring. Oracle is at a higher elevation than SaddleBrooke, and Spring flowers arrive later. It took "eagle eyes" to discover early verbena, fairy duster, bladder pods, anemones, silver leaf bahia, blue dicks, fleabane, and desert cucumber. Hikers also enjoyed the cool temperatures, views of the Santa Catalina and the Galiuro Mountains, and yummy cookies by Chris Jeffrey.

## CELEBRATING OVER 450 VOLUNTEER HOURS ON THE ARIZONA NATIONAL SCENIC TRAIL SINCE OCTOBER

Submitted by Elisabeth Wheeler
On March 21, SaddleBrooke hikers celebrated the completion of over 450 volunteer hours (since October) on the Arizona National Scenic Trail. Volunteers under the guidance of Zach

MacDonald of the Arizona Trail Association enjoyed a morning of putting the finishing touches on 1.5 miles of newly built trail on the Oracle Passage of the Arizona Trail. The work was light, the temperatures were cool, and the camaraderie was exuberant.


Back Row: Stan Smith, Linda Barbour, John Barbour, Jim Heinzel, Paul DeBruine, Hank Kreis, Fred Norris, Garrett Ressing, Norm Rechkemmer Front Row: Gayle Hosek, Elissa Cochran, Bonnie Jo Simpson, Marilynn Smith, Elisabeth Wheeler, Walt Ketchem

Photo by Zach MacDonald
The celebration continued at the Kannally Ranch House in Oracle State Park where lunch was provided by the Arizona Trail Association as a "thank you" to SaddleBrooke volunteers. Zach MacDonald honored Gary Faulkenberry of Oracle State Park as a Volunteer of the Year. Anna Perreira of the Arizona Trail Association highlighted the accomplishments of the association and the statewide outdoor youth education program, Seeds of Stewardship. Vincent Micallef, manager of Oracle State Park, described the improvements coming to the park and the expanded educational programs for youth. The SaddleBrooke Hiking Club was recognized as a donor to the education program at Oracle State Park.

## MULE EARS <br> Submitted by Randy Park

Above SaddleBrooke, in the Santa Catalina Mountains, is a rock formation on the Samaniego Ridge called Mule Ears. From most of our community is looks like just another rock formation, but from the $16^{\text {th }}$ or $17^{\text {th }}$ hole on the Preserbevesflif course, one can see that there are in fact two separate upward jutting rocks. If you look at them through your binoculars, you can see why they are called Mule Ears.

On March 16, eight adventurous hikers from the SaddleBrooke, led by Randy Park, set out on foot from Unit 21 with the goal of seeing the formation up close. Our route took us down a concrete drainage ditch, across Canada del Oro, along cow paths, and up Charouleau Gap Road. Five plus miles and 2-1/4 hours later we reached Charouleau Gap which lies at a 5000 -foot elevation, almost 2000 feet higher than our start. We had three plus miles to go along with another 2000 feet of elevation.


Mule Ears with Sananiego Peak in Background
Our journey at that point switched from hiking on a $4 \times 4$ road to a single-track trail. The next mile was not only steep, but had extensive washouts, probably from summer monsoon rains. The hiking poles were definitely put to good use. This route took us on the east side of the ridge with views of Oracle Ridge, Red Ridge, Reef of Rocks, and the town of Oracle. Just when the trail started to level out the path become overwhelmed by thorny and scratchy bushes. One hiker joked that the trail should be renamed to Trail of 1000 Scratches. Thanks to the overgrown nature of the route, we had to stop numerous times to look for the trail as it would temporarily disappear. As we approached our destination, we entered a Ponderosa Pines forest for which everyone was thankful.

The last 100 yards was a mixture of dense shrubbery and boulders that required scrambling. Shortly before noon, we reached our end point, which afforded us a close-up view of Mule Ears and fantastic views in all directions including SaddleBrooke, Picacho Peak, Oro Valley, and much more.

For most of the group this was a new hike, but for Phil McNamee and Tom Geiger, it was a repeat of a hike they had done many years before. They both
agreed that the trail conditions had changed dramatically, and not for the better. At 4 p.m., when we returned to SaddleBrooke, we looked at our GPS gizmos and realized we had just hiked over 17 miles, with 4500 of accumulated elevation gain.


Hikers from left to right: Phil McNamee, Norm Rechkemmer, Ed Kammermeyer, Tom Geiger, Mike Hovan, Randy Park, and Bertie Litchfield. Not pictured and photo by Kaori Hashimoto.

## SADDLEBROOKE HIKERS BRAVE COLD TEMPERATURES TO RE-ROUTE A PASSAGE OF THE ARIZONA TRAIL <br> Submitted by Elisabeth Wheeler



Tom Geiger, Jim Heinzel, Garrett Ressing, Stan Smith, Linda Barbour

Photo by Elisabeth Wheeler
It's fun to build new trail, especially when recent rains have softened the desert floor! Nineteen SaddleBrooke hikers braved 30 - 40 degree temperatures to develop a more user friendly re-route of the Oracle Passage of the Arizona National Scenic Trail. Teams dug out shrubs and smoothed the trail tread for a better hiking, biking, and equestrian experience. SaddleBrooke hikers cheered a thru hiker from Las Vegas, "The Fonz", who was enjoying our newly created trail on his way from Mexico to Utah. Refreshments were provided by Kneaders Bakery and Pam Wakefield. Kneaders

Bakery bakes an extra $10 \%$ of bakery goods each day to donate to non-profits for distribution to needy people and worthy causes. The SaddleBrooke Hiking Club is appreciative and supportive of the food donation program of Kneaders to our wider community.


Standing: Chuck Kaltenbach, Mike Reilly, Stan Smith, Wally Warpeha, Ray Peale, Jim Heinzel, Linda Barbour, Garrett Ressing, Tom Conrad, Norm Rechkemmer, Elaine Fagan, Howie Fagan, Elisabeth Wheeler Kneeling: Terry Caldwell, Marilynn Smith, Pam Wakefield, Kaori Hashimot (Not pictured Tom Geiger) Photo by Zach MacDonald


Howie Fagan, Stan Smith, Ray Peale, Jim Heinzel, Norm Rechkemmer, Pam Wakefield, Elaine Fagan, Marilynn Smith

Photo by Elisabeth Wheeler

## WINTER STORM TO SPRING DAY

Submitted by Elisabeth Wheeler
Only in SaddleBrooke can hikers go from a wintry day with snow on the Santa Catalinas to a sunny spring day of hiking in the Tortolitas. Guide Phil McNamee led 11 hikers on the Wild Mustang/Wild Burro Canyon Loop in the Tortolitas.

On the 8.4-mile hike, hikers climbed 1785 feet to see views of the Santa Rita Mountains, Baboquivari \& Kitt Peak, the Tucson Mountains, two crested saguaros, and the snow-covered Santa Catalinas. On the descent from Alamo Springs, hikers visited the ruins of a ranching cabin and petroglyphs on a large
boulder. It was a perfect day for hiking and enjoying being together in the mountains.


Back Row: Jerry Fleming, Phil McNamee, Mary Hanley, Steve Spence, Kim Jones, Pam Wakefield Front Row: Jim Heinzel, Carole Hays and Stan Smith

Photo by Elisabeth Wheeler


Standing: Pam Wakefield, Elisabeth Wheeler, Kim Jones, Carole Hays, Stan Smith Seated: Jerry Fleming, Phil McNamee, Steve Spence, Jim Heinzel

Photo by Mary Hanley

## FUTURE HIKES <br> Submitted by Randy Park

The online survey recently completed by the membership was a success. Your responses were very beneficial. The Trip Committee is able to use this information to plan our future trips.

Dave Sorensen was kind enough to volunteer his time and effort to be the leader of the Spring 2019 trip to St. George, Utah. Dates will be April 2-4, 2019. This destination has dozens of hikes in places like Snow Canyon and Red Cliffs National Preserve. It also offers hikes to waterfalls, and land formations similar to Zion NP, without Zion's crowds. As a former St. George resident, Dave knows the area quite well.

In looking out farther than 12 months, we are strongly considering trips to Durango/Cortez, Death Valley, Bryce Canyon, and a SaddleBrooke guide led trip to Havasupai with a limited number of participants. Of course, these trips are dependent upon someone volunteering to lead the trip and someone offering to help the leader

## SPRING PICNIC A SUCCESS

Submitted by LaVerne Kyriss

More than 100 SaddleBrooke Hiking Club members trekked the short distance north to Oracle State Park to attend the club's annual meeting and spring picnic, Friday, April 6 . The weather was a sunny 79 degrees with just a few clouds in the bright blue skies. Shaded picnic ramadas were welcomed by all as was the adjacent hillside of in-bloom white irises.


Martha Hackworth, LaVerne Kyriss, Melissa White, \& Joyce Maurizzi of the Picnic Committee (photo by Ken Wong)

Club members also had a choice of two morning hikes and a docent-led tour of the historic Kannally Ranch House. Elisabeth Wheeler reported that her group saw 40 wildflowers on their morning wildflower hike.

Formal activities began with a brief club meeting where new officers were elected unanimously, volunteers were recognized with applause and cheers, and Membership Mistress Karen Cusano was honored for her longtime service to the club. Reports on upcoming club trips and the ever-popular raffle prize drawings rounded out the meeting.

Meanwhile, the mouth-watering aroma of fresh Basha's fried chicken was nearly overpowering for those nearby, but the many dishes were soon uncovered. Club members lined up to fill their plates with samples of the delectable delights provided by
participants. The food must have been pretty good because most dishes went home empty, said one astute observer.


Dave Corrigan, outgoing Club President, summed up the day by thanking all the volunteers who make the club successful and the members who take part in club activities. "Without all of you, we wouldn't have a club."

## NEW SADDLEBROOKE HIKING CLUB BOARD OFFICERS <br> Submitted by Dave Corrigan

Today at the Spring picnic, new board officers were elected as follows:

- Norm Reckhemmer transcends from the Vice President position to become the new President
- Phil McNamee transcends from Associate Chief Guide position to become Senior Chief Guide
- Don Taylor continues as Treasurer for the second year of his term
- Three members were elected to the following open board positions:
- Darlene Carlson, another two-year term as our Secretary
- Frank Earnest as Associate Chief Guide, will transcend to Senior Chief Guide his second year
- Jerry Flemming as our Vice President, will transcend to President his second year

Please join me in congratulating our new Hiking Club Board of Directors.

We also honored Karen Cusano for her years of service as our Membership Chairperson. Her name has been added to our Trailblazer plaque. The plaque is displayed on the lower level of the HOA1 clubhouse.

Happy hiking to everyone.
Dave Corrigan
Past President of SaddleBrooke Hiking Club

## WINDMILL LOOP HIKE -SADDLEBROOKE HIKERS EXPERIENCE THE DESERT AT ITS BEST

Submitted by Elisabeth Wheeler


Hikers: Elissa Cochran, Ken \& Marry Riemersma, Kathy Warren, Michael Hovan, Stuart Bridges, Liz McCutcheon, Linda Barbour, Sue Frederickson, Mary Bubla and Ray Peale

Twelve SaddleBrooke hikers got an early morning start to enjoy hiking the Windmill Loop in Oracle State Park before the hiking club spring picnic. The "early bird" hikers were rewarded with over 40 wildflowers and 58 sightings of the stunning mariposa lily. Hikers delighted in the views of the

Galiuro Mountains from the fairy duster covered slopes of the ridgeline. Two gila monsters were sighted as well a rattlesnake whose tail safely extended from his den. Several hikers remarked that this was their new favorite hike in Oracle State Park because of the views and wildflowers.


Gila Monster


Mariposa Lily


Diamondback Rattlesnake hiding in his den

## ALAMO CANYON TRAIL

SaddleBrooke hikers enjoy the beautiful saguaros and wildflowers on the Alamo Canyon Trail in Catalina State Park on March 26.


[^0] Bush.

Picture by hike leader Tim Butler

## WASSON PEAK HIKE

Submitted by Dave Corrigan

Wasson peak hike on March 14, 2018. Camera on a tripod with camera timer. Hike lead by Dave Corrigan. This was an 8 -mile hike with 1776 feet of accumulated elevation gain.


Hikers from left to right are: Stan Smith, Seth Basker, Ronald Horst, Kim Jones, Jerry Flemming, Norm Rechkemmer, Pam Corrigan, Fred Norris, Dave Corrigan

|  | Future Trips |  |  |
| :---: | :---: | :---: | :---: |
| Destination | Dates | Contact Person |  |
| Grand Canyon <br> National Park, <br> Arizona | Apr 30 - <br> May 4, <br> 2018 | Dianne Temple <br> diannetempleaz@ gmail.com |  |
| Chiricahua Mountains | June 13- <br> 15, 2018 | Aaron Schoenberg <br> askus3@ centurylink.net |  |
| Santa Fe, New Mexico | Oct 2-4 | Walt Shields <br> waltshields@ mac.com |  |
| St. George, Utah | April 2-4 | Dave Sorenson <br> Iowaboy1950@ yahoo.com |  |


| News You Can Use |  |  |
| :---: | :---: | :---: |
| Avoiding Injury While Hiking | $5 / 16$ | $4: 00-5: 00$ P.M. |
|  | Wed. |  |
| SBHC Social Hour | $5 / 16$ | $5: 00$ P.M. |
| Agave Lounge HOA \#1 | Wed. |  |
|  |  |  |

## Club Calendar



## HIKE ELEVATION, RATINGS \& PACE

Elevation Change: Three indicators are used in the hike descriptions to convey hike difficulty as it relates to elevation change.

1. Net Elevation Change: the change in elevation obtained by subtracting the starting elevation from the highest (or lowest) point reached during the course of the hike, in feet. This estimate may be obtained from USGS maps or a global positioning system (GPS).
2. Accumulated Gain: the sum of all upward stretches of a hike as recorded by a GPS device over the course of the entire hike. Accumulated elevation gain is generally a more accurate indicator of hike difficulty than net change in elevation.
3. Accumulated Loss: another measure of hike difficulty, is the sum of all downward stretches of a hike. Accumulated elevation loss is useful for some downhill hikes and is usually obtained with a GPS device.

Ratings: Ratings are based on the following round-trip distances and accumulated gains in elevation over the course of the hike. The hike rating is determined by one (or both) of the two values being exceeded. For example, if a hike exceeds the criterion for distance but not for corresponding elevation, the rating would be set for distance. Ratings flagged with an "!" indicate special trail conditions that might be of concern to some hikers. Please read the hike descriptions or talk to the hiking guide before deciding whether to sign-up. Ratings flagged with a smiling face indicate an easier, smoother trail (often paved) than normal at that rating.

| Rating | Distance | Accumulated Gain in Elevation |
| :---: | :--- | :--- |
| A | Greater than 14 miles | Greater than 3,000 ft |
| B | Greater than 8 miles, less than 14 <br> miles | Greater than 1,500 ft, Less than 3,000 ft |
| C | Greater than 4 miles, less than 8 miles | Greater than 500 ft, Less than 1,500 ft. |
| D | Less than 4 miles | Less than 500 ft |

Pace: Pace is described in terms of average speed in miles per hour (MPH) over the course of a hike from start to finish (excluding lunch). Average speed is affected by speed and length of stride, number of rest stops, incline, type of terrain, and trail conditions. The following four categories are used to describe pace in the hike descriptions. Unless otherwise noted, all hikes are assumed to be Moderate pace.

| Pace | Average Speed - MPH |
| :---: | :--- |
| Leisurely | Less than 1.5 |
| Slow | Greater than 1.5, Less than 2.0 |
| Moderate | Greater than 2.0, Less than 2.5 |
| Fast | Greater than 2.5 |

Thu, May 03, 2018 Canyon Loop, Birding, and Nature Trails. Rating: C. Pace: Slow- Moderate [136, 7:00 AM, $\$ 2+\$ 2]$. Starting at the main trailhead in Catalina State Park, this hike traverses an area that is a great example of the Sonoran Desert and its riparian areas. We first hike the Nature Trail which has panoramic views, and then continue onto the Canyon Loop Trail. We will fork onto the Birding Loop Trail prior to returning. If the group is really ambitious, we will swing through the Canyon Loop Trail the opposite way we came for a total of 6.7 miles. Depending upon the season, some water crossings are possible. Hike 4.6 miles; trailhead elevation 2700 feet; net elevation change _ feet; accumulated gain 370 feet; RTD 24 miles. [Guide: Karen Gray, 818-0337, kgrayinaz@yahoo.com]

Sun, May 06, 2018 Quantrell Mine + 2 Elephants. Rating: A! Pace: Moderate [New, 05:30 AM, \$7]. Elephant Head is the craggy massive rock on the west side of the Santa Ritas which looks like an elephant's head when viewed from I-19. The hike starts from Forest Road \#183 and we head out on the Elephants Head Trail and follow it. Along the way we take a spur user trail and ascend to Little Elephants Head ( 5,139 ', 2.0 miles RT). After returning to the main trail we continue to the Quantrell Mine Trail and turn eastward on the abandoned mining road which winds around Chino Basin to Chino Canyon. Around the corner into Chino Canyon is the first unobstructed view of Elephant Head. From here we make a side trip continuing along the old mine road to Quantrell Mine to the east ( 1.8 miles RT). Bring a flashlight/headlamp for mine exploration here. Returning back to the viewpoint into Chino Canyon, we follow a user trail that descends very steeply 500 feet into the canyon to a stream crossing with pools of water. This is a pleasant place for a rest break before climbing 800 feet to the ridgeline to the north. At the ridgeline, we turn to the west and follow a rocky trail with many steps-up and narrow passages along the final ascent. A few places are very steep and exposed. Four-point rock scrambling is required along the final $1 / 4$ mile. Besides the magnificent 360 -degree view from the Elephants Head summit ( 5,641 ') there is a whimsical display of miniature elephants which are fun to view and arrange. Return via the same trails. Dress defensively. Hiking poles and gloves are recommended. Hike 10.0 miles; trailhead elevation 4589 feet; net elevation change 1110 feet; accumulated gain 3500 feet; RTD 137 miles. [Guide: Aaron Schoenberg 825-2060; askus3@centurylink.net

Mon, May 07, 2018 Box Camp Trail to Sabino Canyon Overlook. Rating: C. Pace: Moderate [114, 7:30 AM, \$9]. The hike begins at the Box Camp Trailhead near Spencer Peak on Catalina Hwy. After a short uphill climb, the hike proceeds downhill for 2.5 miles to an overlook that provides a marvelous, panoramic view of Sabino Canyon area. We will have lunch here, and then return slowly uphill to the trailhead. Hike 5.25 miles; trailhead elevation 7920 feet; net elevation change 1363 feet; accumulated gain 1353 feet; RTD 123 miles. [Guide: Tim Butler, 8250193, tucsontimmer@gmail.com]

Tue, May 08, 2018 Brandi Fenton Memorial Park Loop. Rating: C. Pace: Moderate [NEW, 6:30 AM, \$4] Explore part of the new multi-use trail in Tucson, The Loop. The Loop is a system of paved, shared-use paths and short segments of buffered bike lanes built on top of soil cement banks along several waterways. It is currently 131 miles long, with more spurs and expansions to come. The part we will be exploring is along the Rillito River. We will begin at the Brandi Fenton Memorial Park on River Road, and hike along the trail to the crossover bridge at Mountain Avenue. Enjoy the beautiful views of Tucson as we make our way back to the park. The trail is level and is lined down the middle to allow two-directional use. Hike 6.2 miles: elevation change negligible. [Guide: Howie and Elaine Fagan, 818-9555, howieandelaine@q.com]

Tue, May 08, 2018 Mt. Wrightson via Old Baldy Trail. Rating: A. Pace: Moderate [295, 06:30 AM, \$10]. The hike begins in Madera Canyon in the Santa Rita Mountains and follows the Old Baldy Trail to Mt. Wrightson. The return is via the same route. This trail provides the shortest route to the top (el. 9453 feet) of Mt. Wrightson. The last 0.9 miles to the summit is steep and rocky with moderate exposure. At the top are outstanding 360 -degree views of Tucson and the mountain ranges in the area. There is shade along much of the way. Hike 11.1 miles; trailhead elevation 5450 feet; net elevation change 4003 feet; accumulated gain 4029 feet; RTD 130 miles. [Guide: Frank Earnest, 507-261-9175, fearnestiv@gmail.com]

Wed, May 09, 2018 Sutherland Trail. Rating: C. Pace: Moderate [428, 7:30 AM, \$2 + \$2]. The Sutherland is a great trail for viewing wildflowers after adequate winter rains. Along the way, there are several beautiful saguaro cacti and great rock formations. There are numerous photo opportunities. We will also pass the cutoff to Dripping Springs which makes a nice short side trip if the waterfalls are flowing. The hike begins in Catalina State Park and ends at a very scenic, flat, rocky area. The return is via same route. Note: Start time may be earlier if temperature warrants change. Hike 5.4 miles; trailhead elevation 2700 feet; net elevation change 642 feet; accumulated gain 818 feet; RTD 24 miles. [Rob Simms (prefer email) Spartan7375@gmail.com or 517-410-9031]

Fri, May 11, 2018 Sunset / Marshall Gulch / Aspen Loop. Rating: C. Pace: Moderate [394, 7:00 AM, \$10]. The hike begins at Soldier Camp on the Sunset Trail, which starts on the Catalina Highway before reaching Summerhaven. It proceeds along the Marshall Gulch Trail to the Marshall Saddle, then down the Aspen Trail and Sunset Trail to the trailhead. There are great views of the Catalina's along the way, hiking mostly in forest shade. Hike 7.0 miles; trailhead elevation 7640 feet; net elevation change 736 feet; accumulated gain 1394 feet; RTD 130 miles. [Guide: Tim Butler, 825-0193, tucsontimmer@gmail.com]

Mon, May 14, 2018 Bug Spring Trail \# 1. Rating: B. Pace: Moderate [125, 7:00AM,\$7]. From the Lower Bug Spring Trailhead (a quarter mile up the Catalina Highway from Hirabayashi Campground), the hike proceeds southeast along a narrow ribbon of trail carved into the granite hillside. After an uphill set of switchbacks, the terrain mellows out with outstanding vistas and views of granite sculptures. The trail dives down the north side of the ridge into a heavily forested drainage. Upward to the highpoint of the trail, you can see a few big madrone trees and views of the Sierrita Mountains, Baboquivari and the mighty Rincons. The trail descends steeply to the Upper Bug Spring Trailhead (a quarter mile south of General Hitchcock Campground), which is the turnaround point. Return is via the same trail. Hike 8.7 miles; trailhead elevation 5000 feet; net elevation change 1625 feet; accumulated gain 2270 feet; RTD 94 miles. [Guide: Susan Hollis, 520-825-6819 or slhollis@yahoo.com]

Tue, May 15, 2018 Marshall Gulch/Aspen Loop. Rating: C. Pace: Moderate [256, 7:00 AM, \$10]. The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break or lunch. Hike may be done in reverse. Hike 4.0 miles; trailhead elevation 7440 feet; net elevation change 575 feet; accumulated gain 882 feet; RTD 130 miles. [Guide: Howie and Elaine Fagan, 240-9556, howieandelaine@q.com]

Wed, May 16, 2018 4:00 P.M. Please join us for the SBHC program at 4 pm in the HOA\#1 Activity Center. A Golder Ranch Fire Department Representative will be presenting: "Using common Sense and Prior Planning to Avoid Injury or Illness while hiking in Arizona, and How Rescues are Conducted". Planned by Michael Caryl, SBHC Program Committee member.

Wed, May 16, 2018 5:00 P.M. SBHC Social Hour following the program ~5:00pm in the Agavé Lounge at HOA\#1.

Thu, May 17, 2018 Mt. Lemmon to Samaniego Ridge. Rating: B. Pace: Moderate [288, 06:30 AM, \$10]. Starting from the top of Mt. Lemmon, we take the Mt. Lemmon Trail and Samaniego Ridge Trail to Walnut Spring and back. The last 3 miles to Walnut Spring is sometimes very brushy and difficult to follow, but thanks to efforts by volunteers and Forest Service staff, was in excellent condition as of July 2011. Defensive clothing and gloves are suggested. Hike 12 miles. Trailhead elevation 9100 feet; net elevation change 2000 feet; accumulated gain 2815 feet; RTD 131 miles. [Guide: Randy Park, 825-6819, rparktucson@gmail.com]

Sat, May 19, 2018 Maiden Pools. Rating: C!. Pace: Moderate [254, 07:00 AM, \$4]. Starting at the public parking lot on the left (past the employees' parking lot) at Ventana Canyon Resort, hikers follow the new Forest Service trail into the canyon. The trail is rocky in places with some steep climbing and substantial steps-up which make it more difficult than the average C hike. There are numerous wash crossings which involve boulder hopping if water is flowing. On the return, there are fine views of the east side of Tucson. The pools provide an excellent place for lunch. The return is by the same route. Hike 5.2 miles; trailhead elevation 3000 feet; net elevation change 1100 feet; accumulated gain 1266 feet; RTD 54 miles. [Guide: Don Taylor, 825-5303, donald_r_taylor@yahoo.com]

Mon, May 21, 2018 Josephine Saddle. Rating: B. Pace: Moderate [234,7:30AM, \$10] The hike starts in Madera Canyon (Santa Rita Mountains) and goes up the Old Baldy Trail to Josephine Saddle. Hikers will rest at the Saddle and return via the Super Trail. This hike can be done in reverse, going up the Super Trail and returning on the Old Baldy Trail. Hike 6.2 miles; trailhead elevation 5450 feet; net elevation change 1630 feet; accumulated gain 1725 feet; RTD 130 miles. [Guide: Susan Hollis, 825-6819, slhollis@ yahoo.com]

Thu, May 24, 2018 Sutherland Trail. Rating: C. Pace: SLOW [428, 7:00 AM, $\$ 2+\$ 2$ ]. The Sutherland is a great trail for viewing wildflowers after adequate winter rains. Along the way, there are several beautiful saguaro cacti and great rock formations. There are numerous photo opportunities. We will also pass the cutoff to Dripping Springs which makes a nice short side trip if the waterfalls are flowing. The hike begins in Catalina State Park and ends at a very scenic, flat, rocky area. The return is via same route. Hike 5.4 miles; trailhead elevation 2700 feet; net elevation change 657 feet; accumulated gain 818 feet; RTD 24 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com , 818-0337]

Thu, May 24, 2018 Guthrie Mountain. Rating: B. Pace: Moderate [213,7:00AM, \$8].The hike starts at the General Hitchcock Campground off Catalina Hwy and proceeds up the Green Mountain Trail to the Bear Saddle at the head of Bear Canyon. At the Saddle, hikers take the trail southeast to Guthrie Mountain. Return is via the same trail. Parking is usually available in the campground overflow parking lot. The Saddle and the trail along the ridge top from the Saddle to Guthrie Mountain afford great views of the Catalina's and the San Pedro Valley. A large rock face ( 0.25 mile/200 feet) will need to be climbed to reach the Peak. Hikers not wishing to do that portion of the hike would wait at an overlook. Hike 6.2 miles; trailhead elevation 6000 feet; net elevation change 1200 feet; accumulated gain 1959 feet; RTD 104 miles. [Guide: Susan Hollis, 825-6819, slhollis@yahoo.com slhollis@yahoo.com]

Thu, May 31, 2018 Marshall Gulch/Aspen Loop. Rating: C. Pace: SLOW [256, 7:00 AM, \$10]. The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break or lunch. Hike may be done in reverse. Hike 4.0 miles; trailhead elevation 7440 feet; net elevation change 575 feet; accumulated gain 882 feet; RTD 130 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com, 818-0337]

Thu, May 31, 2018 Josephine Saddle. Rating: B. Pace: Moderate [234, 6:30 AM, \$10]. The hike starts in Madera Canyon (Santa Rita Mountains) and goes up the Old Baldy Trail to Josephine Saddle. Hikers will rest at the Saddle and return via the Super Trail. This hike can be done in reverse, going up the Super Trail and returning on the Old Baldy Trail. Hike 6.4 miles; trailhead elevation 5450 feet; net elevation change 1630 feet; accumulated gain 1650 feet; RTD 130 miles. [Guide: Michael Reale; 825-8286; mjreale@msn.com]

Sat, June 02, 2018 American Flag. Rating: C. Pace: Moderate [8, 07:00 AM, \$3]. The hike begins at the American Flag Trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. Hikers take the

American Flag/Cody Trail to its intersection with the Oracle Ridge Trail, where there are great views to the west of Biosphere II and the Tortolitas. On the return, we may swing by the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. Hike 6.7 miles; trailhead elevation 4400 feet; net elevation change 995 feet; accumulated gain 1325 feet; RTD 41 miles. [Guide: Don Taylor, 825-5303, donald r taylor@yahoo.com]

Tue, June 05, 2018 Wilderness of Rocks Loop \# 4. Rating: B. Pace: Moderate [488, 06:30 AM, \$10]. The hike begins at the Steward Observatory parking lot. Although the hike can be done in reverse, the most popular route would follow Mount Lemmon Trail \# 5 to the Lookout Tower spur and down Lemmon Rock Lookout Trail to Wilderness of Rocks Trail where the group would turn SW (right). After 2.3 miles, this trail intersects the Mount Lemmon Trail, which is followed back up to the top. As an alternative, the Meadow Trail (\#5A) could be followed for the last 0.8 miles to the trailhead. Hike 9.4 miles; trailhead 9100 feet; net elevation change 2072 feet; accumulated gain 2558 feet; RTD 131 miles. [Guide: Frank Earnest, 507-261-9175, fearnestiv@gmail.com]

Tue, June 12, 2018 Wilderness of Rocks. Rating: B. Pace: Moderate [484, 7:00 AM,\$10]. The hike begins at the Marshall Gulch picnic area at the top of Mt. Lemmon. We climb up to Marshall Saddle then down the Wilderness of Rocks Trail. Three fourths of a mile past the intersection with the Lemmon Rock Lookout Trail is the Lemmon Canyon area in the heart of the Wilderness of Rocks. There are beautiful rock formations with great views along the way. The return is via the same route, or optionally, by the Aspen Loop Trail. Hike 7.2 miles ; trailhead elevation 7440 feet; net elevation change 1550 feet; accumulated gain 1538 feet; RTD 131 miles. [Guide: Howie and Elaine Fagan, 240-9556, howieandelaine@q.com]

Tue, June 12, 2018 Canyon Loop and Birding Trail. Rating: D. Pace: Moderate [135, 7:00 AM, \$2 + \$2]. From the main trailhead in Catalina State Park, hikers will start up the Romero Trail in Catalina State Park; follow the Canyon Loop Trail, and then come back on the Sutherland Trail. This area is a great example of the Sonoran Desert and its riparian areas. Following this portion of the hike, we will hike the Birding Trail. Depending upon the season, some water crossings are possible. Hike 3.4 miles; trailhead elevation 2700 feet; net elevation change __ feet; accumulated gain 270 feet; RTD 24 miles. [Guide: Karen Gray, 818,0337, kgrayinaz@yahoo.com]

Wed, June 13, 2018 Chiricahua Mountains. Rating: B. Pace: Moderate [New, 09:00 AM, \$20]. This is a trip that will hike each day for $\mathbf{3}$ days in the Chiricahua Mountains. For lodging or camping info contact Aaron for further info. Hikes scheduled are: Wednesday, June 13: Buena Vista Peak to Bootlegger Saddle, 7.6 miles; trailhead elevation 8425 feet; net elevation change 675 feet; accumulated gain 1800 feet. Thursday, June 14: Silver Peak, 9.2 miles; trailhead elevation 5000 feet; net elevation change 2950 feet; accumulated gain 3000 feet. Friday, June 15: Fly Peak \& Centella Point, 8.3 miles; trailhead elevation 8425 feet; net elevation change 1240 feet; accumulated gain 2000 feet. RTD 200 miles. [Guide: Aaron Schoenberg 825-2060; askus3@centurylink.net]

Thu, June 14, 2018 Green Mountain Trail. Rating: C. Pace: Moderate [211, 7:00 AM, \$9]. Starting at the Green Mountain Trailhead near San Pedro Vista on Catalina Hwy, we follow Green Mountain Trail \#21 which provides beautiful views of the San Pedro River Valley. Along the trail, a short side trail, .8 additional miles round trip, leads to Maverick Springs. Continuing along Green Mountain Trail, at Bear Saddle, turn right and hike down towards General Hitchcock Campground. At General Hitchcock Campground, the trail continues south toward Middle Bear Picnic Area. Hike Dependent on Drivers: This is a one way hike, and requires a second car to be left at Middle Bear Picnic area (between mileposts 11 and 12 on the Catalina Hwy). Hike 5.3 miles; trailhead elevation 7497; net elevation change minus 1632; accumulated elevation LOSS 2,333; accumulated elevation gain 714. RTD 115 miles [Rob Simms (prefer email) Spartan7375@gmail.com or 517-410-9031]

Fri, June 22, 2018 Alamo Canyon. Rating: D. Pace: Slow - Moderate [6,7:00 AM, $\$ 2+\$ 2$. The hike begins at the Romero Ruins Trailhead in Catalina State Park. Other than one short area by the wash, the elevation change is
gradual. This is a lovely hike up to Alamo Canyon Falls and return. Water may be present in the canyon after rainy periods, but there are no water crossings. Hikers will stop by the Romero Ruins and take the informative loop trail from there. Hike 3.3 miles; trailhead elevation 2700 feet; net elevation change 360 feet; accumulated gain 435 feet; RTD 24 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com, 818-0337.]

Sat, June 23, 2018 Mt. Lemmon Ski Lift Loop. Rating: C. Pace: Moderate [274, 07:00 AM, \$10]. From the foot of the ski lift, hikers walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail and the Mt. Lemmon Trail to Mt. Lemmon Rock Lookout (outstanding views). We return to the starting point using a portion of Trail \# 5 along Radio Ridge, and a portion of the Aspen Draw Trail. Hike 6 miles; trailhead elevation 8480; net elevation change 700 feet; accumulated gain 1140 feet; RTD 131 miles. [Guide: Don Taylor, 825-5303, donald_r_taylor@yahoo.com]

Thu, June 28, 2018 Marshall Gulch / Aspen Loop with Lunch. Rating: C. Pace: SLOW [257, 7:00 am, \$10]. The hike starts at the Marshall Gulch Picnic Area and goes up the Marshall Gulch Trail to the Marshall Saddle. From the Saddle, we turn left down the Aspen Trail and head back to the picnic area. After about 0.25 miles on the Aspen Trail, there is a large rock that provides a great spot for a break. Bring lunch money. Hike 3.7 miles; trailhead elevation 7440 feet; net elevation change 480 feet; accumulated gain 830 feet; RTD 130 miles. [Guide: Karen Gray, kgrayinaz@yahoo.com, 818-0337.]


[^0]:    From left to right - Hy and Rosanne Beraznik, Ruth Leman, Sue and Phil

