



SADDLEBROOKE

HIKING CLUB NEWSLETTER

<http://www.SaddleBrooke.org>

JULY/AUGUST

2008-4

Advice for Hot Weather Hiking

1. Bring extra water and stay hydrated.
2. Carry a small spray bottle of water (e.g. clean margarine spray bottle) to keep yourself cool. A wet handkerchief or neck wrap is also helpful.
3. Snack frequently, including something salty. Carry power gel, Gatorade type drink or powdered electrolyte mix for times of increased fatigue.
4. Wear wide brimmed hat for shade. Dress in layers, with wicking shirt next to your skin. Wear light-weight zip-off pants or shorts and wicking socks.
5. Slather on plenty of sunscreen. Re-apply as needed.
6. Hike early in the day. Build up your tolerance for exercise in hot weather.

Be prepared for hotter days so your hiking will remain enjoyable!

Hiking Club Awards

A survey of the SaddleBrooke hiking club members found that 19% of the members consider the awards important. Of these 88% indicated that they would maintain their own

records of hikes so the club can continue to recognize their achievements.

Based upon these results, your Board has decided to discontinue having the statistics person maintain records of hikes completed by individuals, effective June 1. The club will continue to recognize those hikers who voluntarily maintain their own records and who reach the following milestones: 10 hikes, 25 hikes, 50 hikes, 100 hikes, 250 hikes, 500 hikes, and 1000 hikes. The newsletter will continue to note those who have received these awards.

To assist you in keeping your records, we prepared a club Hiker's Log, a copy of which is attached to this newsletter. There is a place at the top of each form for the Starting Number of Hikes as of June 1. You can obtain this number from Mary Hlushko (825-9675). Record your hikes or fitness walks sponsored by the SaddleBrooke Hiking Club on this form. Return completed forms to Susan Hollis as directed on the bottom of the form.

If you have any questions, contact Michael Reale (825-8286 or mjreale@msn.com) or Jim Strickler (825-8735 or sherabjim@wbhsi.net).

AWARDS

10 Hikes	Ann Gioenco	
25 Hikes	George Brunder Harry Rosenbleet	Susan Hollis Melissa White
100 Hikes	Jeanne Reale	
500 Hikes	Philip Cotton	

CONGRATULATIONS!!

OFFICERS

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Catalina Hills Cleanup - Bill Leightenheimer
818-1465, whlaz@wbhsi.net

We appreciate your willingness to serve in

these positions for this coming year. NEWS YOU CAN USE

Social Hour	July 16th	4:00 p.m.
Hiking Guide Meeting	August 6th	4:00 p.m.
Board Meeting	August 13th	4:00 p.m.
Social Hour	August 20th	4:00 p.m.

Hard copies of the Newsletter are available at the MountainView Clubhouse and the SaddleBrooke Fitness Center. They are also available on our web page at www.saddlebrooke.org.

GENERAL HIKING INFORMATION

Reservations: Call the guide to make a reservation for a hike. Let the guide know if you would be available to drive and whether or not you have a 'park entry pass' for the area. If you are unable to go on the hike after making a reservation, call the guide to cancel. The guide will call if hike canceled.

Arrival Time and Departure Area: The time listed for the hike is the departure time. It is important to arrive 10 to 15 minutes before departure time. All hikes leave from the left front parking lot of the MountainView Clubhouse (just east of the tennis courts) unless otherwise noted.

Medical Conditions: Prior to starting the hike, inform the guide of any special medical conditions or medications you may need.

Voluntary driver donations: Voluntary driver donations are shown at the end of the hike descriptions. Most include the entry and/or parking fees where required, however some hikes may require additional fees. Guides may also wish to split costs between drivers for drop-offs and/or unequal passenger loads. Small bills are appreciated. Due to automobile insurance coverage considerations, it is recommended that any payment to the driver be made upon return to MountainView.

Items to Bring: Every hiker should carry identification and any medical alerts in a waterproof container. Always bring ample water (this can vary from a pint on a winter fitness walk to 3 or 4 quarts on a summer hike). On strenuous hikes or in very hot weather you may need to replace electrolytes (eat salty snacks, add electrolyte mix to water, or use sport drinks). A wide brim hat, sunscreen, sunglasses, and hiking stick or trekking poles are recommended in Arizona. Other suggested items include comfortable hiking boots, whistle, map, compass, tweezers, first-aid kit, and moleskin. Layered clothing works well due to possible changes in weather conditions. In addition, you should bring a snack or lunch depending upon the hike. High complex carbohydrates (nuts, trail mix, and etc.) are good.

Choosing Hikes: Hikes are more difficult than a walk in SaddleBrooke due to elevation change and our Arizona terrain. It is not unusual to encounter rocks, unsteady ground, and steep inclines. It is your responsibility to choose an appropriate hike that matches your physical abilities. The hike description is a great tool. Look closely at the length, elevation change, and comments in the description to determine if a hike is within your physical ability. If you aren't feeling "up to snuff" on the day of the hike, don't hesitate to cancel until a better day.

Assumption of Risk: When you joined the club, you were asked to sign a 'Release of Liability'. **We want to reinforce the fact that by signing the release you acknowledge that**

participation in the club's activities involves an inherent risk of physical injury and that you assume all such risks. Accidents can happen. Learn about the risks and how to avoid them. Take an active part in protecting yourself and fellow hikers. We are an organization of volunteers who share their skills and love for the wilderness with one another.

Guest Policy: Normally a SaddleBrooke resident, whether year-round or part-time, must be a club member in order to join a hike. They may however, come on one hike as a guest in order to see if they are interested in joining the club. Members must accompany their guest(s), and all guests will be required to sign a Release Form prior to hiking (if under age 18, must be signed by parent or legal guardian). If the guest is younger than 16 years old, you must notify the guide who has sole discretion whether or not to allow minors on the hike.

HIKE RATINGS, PACE, AND SYMBOLS

Rating:

- A Hikes >14 miles or >3000 foot climb
- B Hikes >8 to 14 miles or >1500 to 3000 foot climb
- C Hikes >4 to 8 miles or >500 to 1500 foot climb
- D Hikes 4 miles or less and 500 foot climb or less

Pace:

Refers to the speed you walk/hike, or to the average speed of a hike. When we denote the pace of a hike, we are referring to the average speed. This means that from start to finish (excluding lunch) you can expect to be traveling at an average speed of () MPH. The average speed or pace of a hike is affected by speed and length of stride, number of rest stops, incline, type of terrain, and trail conditions. We use the following four categories to describe our hikes. Unless otherwise specified, hikes will be done at a moderate pace.

- Leisurely Pace:** Average speed of hike < 1.5 MPH
- Slow Pace:** Average speed of hike ≥ 1.5 to <2.0 MPH
- Moderate Pace:** Average speed of hike ≥ 2.0 to <2.5 MPH
- Fast Pace:** Average speed of hike ≥ 2.5 MPH

Elevation change is the net change in elevation obtained from subtracting the starting elevation from the highest point reached in feet. **Elevation change (gps)** is the accumulated gain in elevation (sum of all upward stretches of the hike) obtained from a Global Positioning System (gps). GPS measurements are a more accurate measure of hike difficulty than net elevation. **Elevation loss (gps)** may also indicate accumulated loss on downhill hikes.

Symbols:

"+"and "-" after a rating. The plus and minus signs are used to show that a hike is harder or easier than the average hike in that rating category. It may have a plus sign added due to a loose rocky area or perhaps due to an unusually steep area. A minus sign might be added to a hike due to it having a very easy, smooth trail surface.

***** by a hike.** Hikes marked by a double asterisk are new additions to our club database or a new 'one time' hike.

++ by a hike. Hikes marked by a double plus are Orientation

Hikes. Orientation hikes are encouraged for all "beginner" hikers and are intended for sharing information and for personal assessment of current physical fitness.

FITNESS WALKS - FIVE DAYS A WEEK

Maintain your fitness or get into better shape by joining us for a morning fitness walk. Enjoy the company of other hikers while perusing SaddleBrooke. The sessions last about one hour and are suitable for walkers of all ability levels. No advanced signup is required to participate in these walks.

On Monday, Wednesday and Friday the fitness walks will start at **6:00 a.m.** from the parking lot just west of the SaddleBrooke HOA #1 Fitness Center. On Tuesdays and Thursdays the walks will also start at **6:00 a.m.**, but we will leave from Mountain View Clubhouse parking lot. If you have any questions please contact Michael at 825-8286 or Dean at 818-0299.

The Tuesday and Thursday fitness walks will start at **6:00 a.m.** beginning June 5th. The Tuesday walk will start at the Mountain View Clubhouse parking lot. The Thursday walk will start at the SaddleBrooke Tennis center parking lot. Each walk will begin at exactly 6:00 and will be about 3-4 miles long. We have walkers at all levels walking. For more information e-mail Judy Barenkopf at mbarenkopf@msn.com, or call 825-7077.

Happy Walking!

HIKES OFFERED

****July 1 – Tues. Palisade Trail to Prison Camp. Rating B+.**

This through hike starts in the high pine forest just below the Palisade Administrative site. Palisade Trail descends down the ridge separating Palisade and Pine canyons and yields views into both canyons, Sabino Basin below, and parts of the Central Canyons and the Front Range. The trail passes Mud Spring, then begins 2 miles of steep, rocky, and brushy switchbacks, descending a total of over 4,000 ft. before its end at the East Fork of Sabino Canyon Trail. East Fork Trail immediately begins switchbacking gaining over 800 ft. in 1.5 miles, then levels out for about a mile. At the junction of Bear Canyon we will visit Sycamore Reservoir and Dam, built in the 1930's to provide water to Prison Camp, 2.4 miles to the east. We will then climb about 600 more ft. in a mile. After that, Molino Trail becomes fairly level during the last 1.5 miles to Prison Camp. If hikers are interested we can view the monument in this W.W. II internment camp. We will need Mt. Lemmon passes and 2 cars. We will leave one car at Prison Camp then drive 13 miles up Mt. Lemmon Rd. to the Palisade Trailhead. After the hike we will retrieve the 2nd car at the top. Hike 11-12 miles; elevation=1,700/4,700 feet (gain/loss); starting elevation 7,900 feet; leave at **5:00 a.m.**, driver donation \$9.00. Dean & Cheryl Werstler, 825-9057.

July 2 – Wed. Extended Fitness Walk. Rating C+/B.

This walk begins at the SaddleBrooke parking lot and travels one of several routes in or around SaddleBrooke. Carry at least one quart of water. Hike 7.5 – 10 miles; elevation change 500-600 ft; leave at **6:00 a.m.** (duration 2.5-3.0 hours; Optional: Breakfast at the Road Runner Grill (need credit card as cash is not accepted). Michael Reale, 825-8286.

July 5 – Sat. Pima Canyon. Rating C. The trailhead is at the end of Magee Road. The first mile or so of trail is across open desert along the south side of Pusch Peak. We will pass the first dam as we enter the beautiful rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. We will hike to a rocky open area in the canyon beyond a small dam near Indian grinding holes and then return to the trailhead. Hike 6.2 miles; elevation change 977 feet (gps); starting elevation 2900 feet; leave at **6:00 a.m.**; round trip drive 42 miles; driver donation \$3.00. Philip Cotton, 825-2243.

****July 8 – Tues. Rillito River Hike # 1. Rating D. (SLOW PACE)** We park at Children's Park on the north side of the Rillito River. We walk upriver (east) on an asphalt walking/bicycle path to a footbridge across the river at Mountain Avenue. We then cross over and walk on a dirt path on the south side of the river back to Stone Avenue. Crossing back over the river on Stone Avenue, we then return along the north side back to Children's Park. Hike distance 4.2 miles. Leave at: **5:30 a.m.** Jan & Dean Wilson, 818-0299.

July 16 – Wed. OSP East Loop. Rating C. This hike begins at the Kannally Ranch House parking lot in Oracle State Park. We hike the Nature Trail to the Wildlife Corridor Trail where we go northeast to the AZ Trail. At the intersection we turn southeast and follow trail to the intersection with the Manzanita Trail. We follow this trail west and onto the Nature Trail that takes us back to the cars. This route is fairly level with little elevation change with wide open views and interesting rock formations among the low desert plants. Hike 6.22 miles, elevation change 760 feet (gps); starting elevation 4350 feet; leave at **7:00 a.m.**; round trip drive 40 miles; driver donation \$4.00. Marv Rossof, 877-9262.

July 16 – Wed. Hiking Club Social – MountainView Clubhouse, 4:00 p.m.

July 18 - Fri.. Romero Pools. Rating C+. The hike begins in Catalina State Park and follows Romero Canyon Trail into the foothills. Trail crosses open desert then climbs steeply until it reaches a saddle and then down the canyon area where several pools are located. An option is a ¾ mile round-trip hike to the upper pools. We will have lunch there. Trail is rocky and rough in places. Hike 5.64 miles; elevation change 1500 feet (gps); starting elevation 2700 feet; leave at **6:00 a.m.**; round trip drive 24 miles; driver donation \$3.00. Dave Hydeman, 825-7816.

July 19 – Sat. Incinerator Ridge. Rating C. (SLOW PACE) We will begin at the Palisade Ranger station and climb 400 feet to a saddle. Then we will walk along the ridge to reach a 360 degree view that includes Barnum Rock; San Pedro river Valley, and Tucson. This is one of the premier views off of Mt. Lemmon, which truly gives you the concept of a sky island. Hike 3.9 miles; elevation change 950 feet (gps); starting elevation 8000 feet; leave at **7:00 a.m.**; round trip drive 119 miles; driver donation \$9.00. Jim Strickler, 825-8735.

July 22 – Tues. Mt. Lemmon/Wilderness of Rocks Loop. Rating B. We'll park at the Observatory and head down the Mt. Lemmon trail branching off onto the Lookout trail for a steep

descent to 7200 feet then back up to the Wilderness of Rocks trail. Then up to Marshall Saddle, over to Radio Ridge and back to the Observatory parking area. Hike 6 miles; elevation change 2000 feet; starting elevation 9150 feet; leave at **6:00 a.m.**; round trip drive 131 miles; driver donation \$10.00. Don Taylor & Sandy Businger, 825-9294.

****July 25 – Fri. Mt. Wrightson via Super Trail/Old Baldy Trail. Rating A.** Hike up the Super Trail (8 miles) to the summit and come down the Old Baldy Trail. At the top are 360-degree views from Tucson to Mexico. This is a shady all day hike to an outstanding mountain. Hike 14 miles; elevation change 4029 feet; starting elevation 5400 feet; leave at **6:00 a.m.**; round trip drive 130 miles; driver donation \$10.00. Don Taylor & Sandy Businger, 825-9294.

July 28 – Mon. Pusch Peak. Rating A. The first mile of the trail is mostly level then a steep, difficult climb begins. The trail has loose rock that requires caution. In a few places you may want to use your hands to climb the trail. Bring gloves. Hiking stick desirable. One and one-half miles more and we reach the top. The views of Oro Valley and Tucson are fantastic. This is a very strenuous hike. Hike 5 miles; elevation change 2700 feet; starting elevation 2650 feet; leave at **5:30 a.m.**; round trip drive 28 miles; driver donation \$2.00. Don Taylor & Sandy Businger, 825-9294.

**** July 28 – Mon. Chiricahua Heart of Rocks. Rating C. (SLOW PACE)** This hike consists of the Ed Riggs, Mushroom Rock, Big Balanced Rock and Heart of Rocks Loop trails, visiting the most spectacular rock formations in Chiricahua National Monument. Time permitting, we can include a portion of the scenic Echo Canyon trail. Because this is an all day trip (140 miles to the Monument), those wishing to, will stop for dinner at a very good, reasonable Italian Restaurant in Benson on the way back. Hike 7.3 miles; elevation change <1,000 feet; starting elevation 6780 feet; leave at **6:00 a.m.**; round trip drive 288 miles; driver donation \$20.00. Michael Reale, 825-8286.

July 30 – Wed. OSP West Loop. Rating C. This hike begins at the Kannally Ranch House parking lot in Oracle State Park. We hike the Nature Trail to the Wildlife Corridor Trail where we go northeast to the AZ Trail. At the intersection we turn west and hike toward Highway 77. We then turn south to the Mariposa Trail and onto the Bellota Trail that takes us back to the cars. The first third of the hike is fairly level, the second third is a series of up and down hills on rocky trail and the last third has gentle hills. Hike 6.8 miles, elevation change 1001 feet (gps); starting elevation 4350 feet; leave at **7:00 a.m.**; round trip drive 40 miles; driver donation \$4.00. Marv Rossof, 877-9262.

**** July 30 – Wed. Mt. Lemmon/Romero Pass Loop. Rating A.** We'll park at the Observatory and head down the Mt. Lemmon trail branching off onto the Lookout trail for a steep descent to the junction with the Wilderness of Rocks trail at 7200 feet. We will proceed down to Sabino Pass at 6000 feet. Return via the W Fork Sabino Canyon/Mt. Lemmon and Meadow trails. Hike 12.4 miles; elevation change 3100 feet; starting elevation 9150 feet; leave at **6:00 a.m.**; round trip drive 131 miles; driver donation \$10.00. Don Taylor & Sandy Businger, 825-9294.

Aug. 4 – Mon. Josephine Saddle + Rogers Rock. Rating B. (SLOW PACE). We start in Madera Canyon (Santa Rita Mountains) and go up Old Baldy Trail to Josephine Saddle. We then go down the Super Trail for about 1 mile and take a turnoff for Rogers Rock and travel about .25 miles to the rock, climb to the top, have a wonderful view and eat lunch. We continue down the Super Trail back to the parking lot. This hike can be done in reverse going up the Super Trail and returning on the Old Baldy Trail. Hike, 6 .5miles; climb 1700 feet; starting altitude 5400 feet; leave at **7:00 a.m.**; round trip drive 130 miles; driver donation \$10.00. Michael Reale & Karen Gray, 825-8286.

Aug 6 – Wed. Extended Fitness Walk. Rating C+/B. This walk begins at the SaddleBrooke parking lot and travels one of several routes in or around SaddleBrooke. Carry at least one quart of water. Hike 7.5 – 10 miles; elevation change 500-600 ft; leave at **6:00 a.m.** (duration 2.5-3.0 hours; Optional: Breakfast at the Road Runner Grill (need credit card as cash is not accepted). Michael Reale, 825-8286.

Aug 6 - Wed. Oracle Ridge to Saddle. Rating C+. This hike begins in Oracle off the Cody Loop Road. It follows the Oracle Ridge Trail to the junction with the American Flag/Cody Trail where we have great views of Biosphere II and the Tortolitas to the west. We follow the ridge south where we will lunch in a saddle at the top of Camp Bonita Canyon on the northwest side of Apache Peak. Return by the same route. Hike 7 miles; elevation gain 1000 feet; starting elevation 4700 feet; leave at **7:00 a.m.**; round trip drive 40 miles (dirt); driver donation \$3.00. Marv Rossof, 877-9262.

Aug 6 – Hiking Guide Meeting, 4:00 p.m., Jim Strickler, 825-8735.

Aug 7 – Thurs. Knagge Cabin/Peck Basin Overlook. Rating B. From the Palisade Ranger Station we'll hike along the Butterfly Trail to the saddle, then take the Knagge Trail down to the cabin. Most of the climb is on the way up from the cabin (1300 ft). Once back at the saddle we will take short side hike to Peck Basin overlook and return. Hike 6 miles; elevation change 2000 feet; starting elevation 8000 feet; leave at **6:00 a.m.**; round trip drive 119 miles; driver donation \$9.00. Elisabeth Wheeler, 818-1547.

****Aug 8 – Fri. Rillito River Hike # 2. Rating D. (SLOW PACE).** We park at Children's Park on the north side of the Rillito River. We walk down river (west) on an asphalt walking/bicycle path to the bridge at La Cholla Blvd. After crossing the river on La Cholla, we walk east on a dirt path. Depending on water conditions, we cross back over the river opposite Children's Park. If water conditions preclude crossing there, we continue on the south side trail to the Oracle Road bridge, cross over to the north side and return to Children's Park on an asphalt trail. Hike distance 4.2 to 4.8 miles, depending on water levels in the river. Leave at: **5:30 a.m.** Jan & Dean Wilson, 818-0299.

Aug 11 – Mon. Mt. Wrightson--Ring around Wrightson. Rating A. We start in Madera Canon (Santa Rita Mountains) and go up the Super Trail to Josephine Saddle. We then follow the Super Trail past Josephine Peak to Baldy Saddle, and then follow Old Baldy Trail through Josephine Saddle to the starting point. This is a shady all-day hike with outstanding views in all

directions. Hike 11.7 miles; elevation change 3300 feet; starting elevation 5400 feet. Leave at **5:30 am**; round trip drive 130 miles; driver donation \$10.00. Michael Reale, 825-8286.

Aug 13 – Wed. Hiking Club Board Meeting, 3:00 p.m., Michael Reale, 825-8286

****Aug 13 -15 – Wed.-Fri. Chiricahuas Camping Trip.** This camping trip will feature two hikes in the Chiricahua Wilderness from Rustler Park. **Leave at 1 p.m.**; round trip drive approx. 300 miles; driver donation approximately \$23.00 (dirt). Elisabeth Wheeler 818-1547.

Day 1 – Drive to Rustler Park and set up camp. Campfire if permitted.

Day 2 – Snowshed Peak. Rating A. From Rustler Park we hike the Crest Trail to Juniper Spring. We join the Snowshed Trail and bushwack up Snowshed Peak (9665 ft) and hike back to Rustler Park. Hike 15 miles; elevation change 3,550 ft; starting elevation is 8450 ft. Optional: Chiricahua Peak on the hike back to Rustler Park.

Day 3 - Centella Point/Flys Peak. Rating B. From Rustler Park we hike the Crest Trail past Tub Spring to Centella Point. Then we go to Bear Wallow Spring, up and over Flys Peak. We rejoin the Crest Trail back to Rustler Park. Hike 9.7 miles; elevation change 1800 ft; starting elevation is 8450 ft. Drive back to SaddleBrooke.

Aug 18 - Mon. Mt. Lemmon Rock Lookout/Mint Spring. Rating B. Starting in Summerhaven, we will climb 1200 feet via Carter Canyon to Aspen Trail, then up to the top of Mt. Lemmon (9157'). Then down Lemmon Rock Lookout Trail, 1900', into the Wilderness of Rocks. Then another climb of 750' will get us to Marshall Saddle. From there we can coast down the Mint Spring Trail back to the start. The hike is in forest shade and all above 7000'. Hike 8 miles; elevation change 2100 feet; starting elevation above 7000 feet; leave at **6:00 a.m.**; round trip drive 130 miles; driver donation \$10.00. Michael Reale, 825-8286.

Aug 20 - Wed. Romero Pools. Rating C+. The hike begins in Catalina State Park and follows Romero Canyon Trail into the foothills. Trail crosses open desert then climbs steeply until it reaches a saddle and then down the canyon area where several pools are located. An option is a ¾ mile round-trip hike to the upper pools. We will have lunch there. Trail is rocky and rough in places. Hike 5.64 miles; elevation change 1500 feet (gps); starting elevation 2700 feet; leave at **7:00 a.m.**; round trip drive 24 miles; driver donation \$3.00. Marv Rossof, 877-9262.

Aug 20 – Wed. Hiking club Social MountainView Clubhouse, 4:00 p.m.,

Aug 21 – Thurs. Gardner Canyon to Kentucky Camp. Rating B. From the Gardner Canyon Trailhead of the Arizona Trail we will hike along the east side of the Santa Ritas through historic mining country. The Santa Rita Water and Mining Company was founded in 1904. The company headquarters was in Kentucky Gulch, named for two Kentucky prospectors who had a temporary camp in the area in the 1880's. One hundred year old adobe cabins and other ruins are being preserved by the Coronado National Forest Service. Hike 12 miles, elevation change 1000 feet (climb/descend); starting elevation 5300 feet; leave at **5 a.m.**; round trip drive 155 miles(dirt); driver donation \$14.00. Elisabeth Wheeler 818-1547.

Aug 23 – Sat. Mt. Lemmon/Meadow/Fire Lookout. Rating C-. (SLOW PACE). We will drive to the very top of Mt. Lemmon and park by the astronomical observatories operated by the UA, also known as Radio Ridge. We then hike down the Meadow Trail, through Lemmon Park, to where it intersects the Mt. Lemmon Trail that will lead us back to Lemmon Rock fire lookout cabin, which offers spectacular views. We will then hike back to the top of Mt. Lemmon. Hike 3 miles; elevation change 500 feet; starting elevation 9157 feet; leave at **7:00 a.m.**; round trip drive 131 miles; driver donation \$10.00. Jim Strickler, 825-8735.

Aug 25 – Mon. Blackett's Ridge. Rating B. This hike takes you up to a ridge between Sabino and Bear Canyons. It has spectacular views of Tucson and the canyons. We hike through lower Sabino Canyon to the Phoneline Trail. After 0.4 miles we turn onto the Blackett's Ridge Trail where we begin the ascent. This trail has several series of steep switchbacks mixed in with some level areas. There are three false summits at the top. Hike 6 miles; elevation change 1620 feet (gps); starting elevation 2700 feet; leave at **5:30 a.m.**; round trip drive 56 miles; driver donation \$5.00. Dave Hydeman, 825-7816.

Aug. 25 – Mon. Mt. Lemmon to the Ski Lift. Rating C+. (SLOW PACE). From the foot of the ski lift, we will walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail to the junction with the Mt. Lemmon Trail, then back up to Mt. Lemmon Rock (outstanding views), back to the top, and then down the Aspen Draw trail to the point of beginning. Hike 6 miles; elevation change 700 feet; starting elevation 8400 feet; leave at **7:00 a.m.**; round trip drive 131 miles; driver donation \$10.00. Michael Reale, 825-8286.

Aug 26 - Tues. Pusch Ridge to First Overlook. Rating C+. From the trailhead at the East end of Linda Vista Blvd, the trail proceeds part way up Pusch Ridge to a great overlook. The first mile of the trail climbs gradually along a wash. The final 0.5 mile is difficult with stretches of slippery footing, rock scrambling, and exposed, narrow, steep paths. Gloves are recommended. The trail passes four man-made dams. The overlook provides fantastic views north and west. Hike 3 miles; elevation change 1100 feet; starting elevation is 2650 feet; leave at **7:00 a.m.**; round trip drive 28 miles; driver donation \$2.00. Roy Carter, 818-3137

****Aug 26 – Tues. Rillito River Hike #3. Rating D. (SLOW PACE).** We park at Curtis Park on the south side of the river at

La Cholla. We walk downriver (west) on an asphalt walking/bicycle path to Interstate 10. We then cross the river, either there, or back at Cmo. de la Tierra and return to La Cholla bridge on a dirt path, and then cross back over to Curtis Park. Hike distance 3.6 miles. Leave at: **5:30 a.m.**, Jan & Dean Wilson, 818-0299.

Aug 28 – Thurs. Pima Canyon – 3rd Dam. Rating B. The trailhead is at the end of Magee Road. The first mile or so of trail is across open desert along the south side of Pusch Peak. We pass the first dam as we enter the beautiful rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again into the open. We will hike past a rocky open area in the canyon beyond the second dam near ancient grinding holes and continue on to the third dam. We return to the trailhead via the same route. Hike 8.1 miles; elevation change 2210 feet (gps); starting elevation 2900 feet; leave at **6:00 a.m.**; round trip drive 42 miles; driver donation \$3.00. Dave Hydeman, 825-7816.

Aug 30 – Sat. Pima Canyon. Rating C. The trailhead is at the end of Magee Road. The first mile or so of trail is across open desert along the south side of Pusch Peak. We will pass the first dam as we enter the beautiful rugged canyon. The rocky trail passes through a grove of large trees providing welcome shade before emerging again in the open. We will hike to a rocky open area in the canyon beyond a small dam near Indian grinding holes and then return to the trailhead. Hike 6.2 miles; elevation change 977 feet (gps); starting elevation 2900 feet; leave at **6:00 a.m.**; round trip drive 42 miles; driver donation \$3.00. Philip Cotton, 825-2243.



Hiker's Log

Record only hikes or fitness walks sponsored by the SaddleBrooke Hiking Club

Hiker: _____ Telephone No. _____

Address: _____ e-Mail _____

Address: _____

Starting Number of Hikes: _____

	Date	Name of Hike	Length/Rating/Pace	Guide
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Award Levels:

A congratulations letter is sent at 10 hikes and 25 hikes.

A rocker, for placement around SBHC patch, is sent at 50 hikes, 100 hikes, 250 hikes, 500 hikes and 1000 hikes.

Send completed forms to Susan Hollis, 62681 E. Flower Ridge Drive; alternatively, place them in the box in her entryway. Forms can be sent as you accumulate them, or in a batch when you reach an award level.

