

# SADDLEBROOKE

HIKING CLUB NEWSLETTER

http://www.SaddleBrooke.org

# JULY/AUGUST

# Exploring Our Backyard: The Santa Catalinas

We in SaddleBrooke are fortunate to live against the backdrop of the Santa Catalina Mountains. A day never goes by that we are not affected by the majesty of this magnificent range. Members of the SaddleBrooke Hiking Club have taken more opportunities than most in our community to enjoy this wonderful resource.

The Santa Catalina Mountains have been important to humans for many centuries. The Hohokam Indians were traced through their bedrock mortars and petroglyphs to 900 A.D. The Pima Indians roamed the mountains at least as early as the late 1600's. By the early 1800's Apache Indians hunted in the Catalinas and occasionally raided nearby settlements. Mining activity began in the 1880's and Anglos built trails into the Catalinas looking for precious metals. Later, trails were built into the high country by Tucsonans looking for relief from the heat in the summer. By 1920 a rough road went from Oracle to a logging camp in Upper Sabino Canyon, now Summerhaven. Construction by federal prisoners began for a paved road from Tucson in 1933, and Catalina Highway was completed in 1951. Very little development occurred in the mountain range before the 20<sup>th</sup> Century. A few cabins were built during the early 1900's, but it has only been since World War II that most of the development has come about. In 1948 Trico Electric built a power line up the west side of the range to serve an Air Force radar station on Mount Lemmon. This station has since been deactivated and is now used by the University of Arizona for astronomical purposes. Mount Lemmon is also the site for several television transmitters and a fire lookout tower. Mount Lemmon's Ski Valley is the southernmost winter sports facility in the country.

2007-4

The Catalinas became protected in 1902 as the Catalina forest Preserve and in 1908 as the Coronado National Forest. In 1978, 56,933 acres were closed to future development and motor vehicles when nearly the entire Front Range of the Catalinas was preserved as the Pusch Ridge Wilderness Area. The Catalinas are one of a dozen Sky-Island mountain ranges in the Coronado National Forest. In elevation the mountains vary from 2,750 feet at the Visitor Center in Sabino Canyon to 9,157 feet at the summit of Mt. Lemmon. They cover an area of over 200 square miles and contain more than 170 miles of trails.

The Santa Catalinas are divided into four sections. Most of the Front Range lies within the Pusch Ridge Wilderness Area. It comprises seven canyons and runs west and south of Sabino and Romero canyons. It is the most rugged portion of the Catalinas and is well known as the background setting for the city of Tucson. First prospectors and then cattlemen built trails in the canyons, however, unless the Forest Service took over their maintenance, most of them can no longer be followed. Today trails go all or part way up Romero, Pima, Finger Rock, Pontatoc, Ventana, Esperero and Sabino Canyons. However, with the exceptions of Pusch Peak and Mount Kimball, none of the peaks along the crest can be reached by a trail. Catalina State Park is located on the north side of Pusch Ridge and provides access to the Pusch Ridge Wilderness Area.

The North Ridge section of the Catalinas includes the part we SaddleBrookers gaze upon every day. It is made up of two major ridges, Samaniego and Oracle and two interior ridges, Red Ridge and Reef of Rocks. Also included is the Canada del Oro which drains the entire area between Samaniego and Oracle Ridges. The trails through these areas come into the North Ridges from the top of Mount Lemmon.

The North-East Back Country is the portion of the Catalinas east of Oracle-Summerhaven Road and north and east of Mount Lemmon Highway. Most of this area drains into the San Pedro River. It is the most remote and least visited area of the range, but much of it is at higher elevations and some trails are popular during summer months. Extensive loops can be followed by backpackers; however, some trails are not well maintained.

The Central Canyon section comprises the heart of the Catalinas, consisting of drainage canyons running south from the crest of the range and west of Mount Lemmon Highway. Most of the development in the Catalinas is located in this section in the areas of Willow Canyon, Soldier Camp, and Summerhaven. This is also the location of the popular Sabino Canyon recreational area.

Forty-seven of the 800 miles of the Arizona Trail goes through the Santa Catalinas, from The Lake, north of Redington Pass Road, to near the town of Oracle. Much of the route is in the Pusch Ridge Wilderness area, but parts run through the North-East Back Country, the Central Canyons, and the North Ridges sections.

The SaddleBrooke Hiking Club follows a long history of exploration in the Santa Catalina Mountains. There are 152 hikes in the Hiking Club database in the mountain range proper or in the locations immediately adjacent, Catalina State Park and the Fifty-Year Trail area. During the period of a year ending April, 2007, the Club offered 252 hikes outside of SaddleBrooke.

Of these 252 hikes, 110 were in the Catalinas and immediately adjacent areas and went to 38 of the 152 Catalina locations in the database. Eight hundred eight (808) hikers enjoyed these 110 hikes. Thirtyeight hikes enjoyed by 272 hikers were offered from Catalina State Park. Seventeen hikes enjoyed by 133 hikers were offered from the Fifty-Year Trail area. The most frequently offered hike was Romero Pools followed by Dripping Springs. The single hike enjoyed by the most hikers (19) was to Ramsfield Pass on Feb. 29. The hike with the highest average hiker attendance was the Sutherland Wash Petroglyphs, averaging 11 hikers per hike. Other popular hikes were Deer Camp, the Sutherland Trail, Canyon Loop, Pima Canyon to the first dam, Alamo Canyon, Ramsfield Pass, and Blackett's Ridge. Unfortunately, Phoneline Trail, a frequently enjoyed route in past years, was closed due to flooding damage.

The Catalina Mountains impacts each and every one of us every day in SaddleBrooke. Hopefully you have found these statistics interesting on how the Hiking Club has enjoyed its trails in recent months. Now is a particularly good time to focus on the Catalinas because with hiking opportunities curtailed during the hotter months, higher elevation trails in our mountains still beckon. Examples of these trails are Marshall Gulch, Aspen Trail, Wilderness of Rocks, Mt. Lemon Trail, and Butterfly Trail, all accessed by Mt. Lemmon Highway. So, let's get out and hike!

# **OFFICERS**

President: Susan Robertshaw - 818-6727 isrobertshaw@wbhsi.net Vice-President: Michael Reale –825-8286 mireale@msn.com Secretary: Marjorie Hermann – 818-9515 Mhermann@wbhsi.com Treasurer: Jan Springer - 825-1451 Janet65673@msn.com Chief Hiking Guide: Elisabeth Wheeler - 818-1547 elisarick@wbhsi.com **VOLUNTEERS** Chief Guide Asst.: Cheryl Werstler - 825-9057 dbwerst@wbhsi.net Editor: Carole Rossof - 877-9262 crandmr1@msn.com Membership Roster: Bob Perez - 818-2111 azsun65@wbhsi.net Merchandise: Sandy Businger – 825-9294 Newsletter Copies: Martha Hackworth - 818-2573

Publicity: Lou Powers – 825-5508 Statistics & Awards: Mary Hlushko – 825-9674 Social: Cheryl Straw - 818-3631 Social Assistant: Cyndee Jordan - 825-4640

## NEWS YOU CAN USE

Social Hour	July 18th	4:00 p.m.
Board Meeting	August 1st	3:00 p.m.
Hiking Guide Meeting	August 1st	4:00 p.m.
Social Hour	August 15th	4:00 p.m.
Note: Social Hours held at the MV Clubhouse in the lounge		
area.		

Hard copies of the Newsletter are available at the MountainView Clubhouse and the SaddleBrooke Fitness Center. They are also available on our web page at www.saddlebrooke.org.

# NEWS WE CAN USE

**New e-mail address:** You may update your e-mail address by notifying Bob Perez at azsun65@wbhsi.net.

**Renew your membership:** You may send your \$5.00 yearly membership dues to Bob Perez at 65187 E. Desert Sands Court. Make checks payable to SaddleBrooke Hiking Club.

# AWARDS 4/1/07 - 6/7/07

#### 10 Hikes

George Brunder Tom Geiger Kelly Reil Laura Ruxer Gale Bybee Elaine Kline Harry Rosenbleet Miriam Soloman

## 25 Hikes

Elaine Kline Greg Lindahl Kelly Reil Carol Lindahl Ned Meyer Norman Schickedanz

#### 50 Hikes

Sandy Businger Larry Linderman Debbie Dyer Donna Rezba

**100 Hikes** Linda Dukatz

**250 Hikes** David Hydeman

**500 Hikes** Martha Hackworth

# **CONGRATULATIONS!!**

Judie Shyman

## **GENERAL HIKING INFORMATION**

**Reservations:** Call the guide to make a reservation for a hike. Let the guide know if you would be available to drive and whether or not you have a 'park entry pass' for the area. If you are unable to go on the hike after making a reservation, call the guide to cancel. The guide will call if hike canceled.

Arrival Time and Departure Area: The time listed for the hike is the departure time. It is important to arrive 10 to 15 minutes before departure time. All hikes leave from the left front parking lot of the MountainView Clubhouse (just east of the tennis courts) unless otherwise noted.

**Medical Conditions:** Prior to starting the hike, inform the guide of any special medical conditions or medications you may need.

**Voluntary driver donations:** Voluntary driver donations are shown at the end of the hike descriptions. Most include the entry and/or parking fees where required, however some hikes may require additional fees. Guides may also wish to split costs between drivers for drop-offs and/or unequal passenger loads. Small bills are appreciated. Due to automobile insurance coverage considerations, it is recommended that any payment to the driver be made upon return to MountainView.

**Items to Bring:** Every hiker should carry identification and any medical alerts in a waterproof container. Always bring ample water (this can vary from a pint on a winter fitness walk to 3 or 4 quarts on a summer hike). On strenuous hikes or in very hot weather you may need to replace electrolytes (eat salty snacks, add electrolyte mix to water, or use sport drinks). A wide brim hat, sunscreen, sunglasses, and hiking stick or trekking poles are recommended in Arizona. Other suggested items include comfortable hiking boots, whistle, map, compass, tweezers, first-aid kit, and moleskin. Layered clothing works well due to possible changes in weather conditions. In addition, you should bring a snack or lunch depending upon the hike. High complex carbohydrates (nuts, trail mix, and etc.) are good.

**Choosing Hikes:** Hikes are more difficult than a walk in SaddleBrooke due to elevation change and our Arizona terrain. It is not unusual to encounter rocks, unsteady ground, and steep inclines. It is your responsibility to choose an appropriate hike that matches your physical abilities. The hike description is a great tool. Look closely at the length, elevation change, and comments in the description to determine if a hike is within your physical ability. If you aren't feeling "up to snuff" on the day of the hike, don't hesitate to cancel until a better day.

Assumption of Risk: When you joined the club, you were asked to sign a 'Release of Liability'. We want to reinforce the fact that by signing the release you acknowledge that participation in the club's activities involves an inherent risk of physical injury and that you assume all such risks. Accidents can happen. Learn about the risks and how to avoid them. Take an active part in protecting yourself and fellow hikers. We are an organization of volunteers who share their skills and love for the wilderness with one another.

**Guest Policy:** Normally a SaddleBrooke resident, whether yearround or part-time, must be a club member in order to join a hike. They may however, come on one hike as a guest in order to see if they are interested in joining the club. Members must accompany their guest(s), and all guests will be required to sign a Release Form prior to hiking (if under age 18, must be signed by parent or legal guardian). If the guest is younger than 16 years old, you must notify the guide who has sole discretion

## whether or not to allow minors on the hike. HIKE RATINGS, PACE, AND SYMBOLS

## **Rating:**

A Hikes	>14 miles or >3000 foot climb
B Hikes	>8 to 14 miles or >1500 to 3000 foot climb
C Hikes	>4 to 8 miles or >500 to 1500 foot climb
D Hikes	4 miles or less and 500 foot climb or less

## Pace:

Refers to the length of 2 steps, the speed you walk/hike, or to the <u>average</u> speed of a hike. When we denote the pace of a hike we are referring to the average speed. This means that from start to finish (excluding lunch) you can expect to be traveling at an <u>average</u> speed of () MPH. The average speed or pace of a hike is affected by speed and length of stride, number of rest stops, incline, type of terrain, and trail conditions. We use the following three categories to describe our hikes.

Slow Pace – Average speed of hike < 1.5 MPH Moderate Pace – Average speed of hike 1.5 to 2.5 MPH Fast Pace – Average speed of hike > 2.5 MPH

## Symbols:

"+"and "-" after a rating. The plus and minus signs are used to show that a hike is harder or easier than the average hike in that rating category. It may have a plus sign added due to a loose rocky area or perhaps due to an unusually steep area. A minus sign might be added to a hike due to it having a very easy, smooth trail surface.

"\*\*" by a hike. Hikes marked by a double asterisk are new additions to our club database or a new 'one time' hike.

"++" by a hike. Hikes marked by a double plus are Orientation Hikes. Orientation hikes are encouraged for all "beginner" hikers and are intended for sharing information and for personal assessment of current physical fitness.

## FITNESS WALKS - FIVE DAYS A WEEK

The SaddleBrooke Hiking Club offers morning fitness walks five days a week. These sessions last about one hour and are suitable for walkers of all ability levels. They are a great way to start the day and a great way to meet other SaddleBrooke residents as you enjoy the fantastic views.

Fitness Walks will continue Monday, Wednesday and Friday at **6:30 a.m**. from the parking lot just west **of SaddleBrooke HOA #1 Fitness Center**. Volunteers will take turns leading these walks and will be coordinated by Dean Wilson.

Dean Wilson and Michael Reale offer fitness walks Tuesday and Thursday at 6:30 a.m. Meet at the parking lot of the MountainView Clubhouse. You may contact Dean at 818-0299 or Michael at 825-8286.

Judy Barenkopf offers fitness walks every Tuesday and Thursday at **6:00 a.m.** (please note time change). Meet at the parking lot of at the MountainView Clubhouse on Tuesday and at the parking lot of the SaddleBrooke Tennis Center on Thursdays. You may contact Judy at **825-7077** or mbarenkopf@msn.com.

## **Extended Fitness Walks in August**

Michael Reale will be offering 7-10 mile fitness walks Wednesdays. Call Michael at 825-8286 for more details.

# **HIKES OFFERED**

**July 2 – Mon. Sutherland Trail. Rating C.** This is a great wildflower hike after abundant winter rains. Along the way, we will observe many beautiful Saguaro cacti and great rock formations. There are many photo opportunities. We will also pass the cutoff to Dripping Springs which makes a nice short side trip if the water falls are flowing. The route begins in Catalina State Park and ends at a very scenic, flat, rocky area. We return using same route. Hike 6 miles; elevation change 600 feet; starting elevation 2700 feet; leave at **8:00 a.m.**; round trip drive 24 miles; driver donation \$3.00. Marv Rossof, 877-9262.

July 11 – Wed. Oracle Ridge to Saddle. Rating C. This hike begins in Oracle off the Cody Loop Road. It follows the Oracle Ridge Trail to the junction with the American Flag/Cody Trail where we have great views of Biosphere II and the Tortolitas to the west. We follow the ridge south were we will lunch in a saddle at the top of Camp Bonita Canyon on the northwest side of Apache Peak. Return by the same route. Hike 5.2 miles; elevation gain 700 feet; starting elevation 4700 feet; leave at 8:00 a.m.; round trip drive 39 miles; driver donation \$3.00. Marv Rossof, 877-9262.

July 17 – Tues. Mt. Lemmon to the Ski Lift. Rating C+. From the foot of the ski lift, we will walk the roadway to the top of Mt. Lemmon. We will take the Meadow Trail to the junction with the Mt. Lemmon Trail, then back up to Mt. Lemmon Rock (outstanding views), back to the top, and then down the Aspen Draw trail to the point of beginning. Hike 6 miles; elevation change 700 feet; staring elevation 8400 feet; leave at **7:00 a.m.**; round trip drive 131 miles; driver donation \$9.00. Don Taylor, 825-5303. Call after July 12<sup>th</sup>.

July 18 – Wed. Rams Creek Pass. Rating C. We hike up the wash on a new trail through nice vegetation and then climb 560 feet to a watering tank. There are some great views of Rancho Vistoso, Tortolitas, SaddleBrooke, and the Biosphere. We then continue on to a water fall where we will have lunch. Return via same route. Hike 5 miles; elevation change 1000 feet; starting elevation 2600 feet; leave at **8:00 a.m.**; round trip drive 21 miles; driver donation \$2.00. Marv Rossof, 877-9262.

## July 18 - Wed. Social Hour, 4:00 p.m.

**\*\*July 20 – Fri. Mt. Lemmon Exploratory. Rating B.** We will probably drive up Catalina Highway to the Mount Bigelowe trailhead beyond Palisades Visitors Center and leave a car. We will then proceed to the Mount Lemmon-Oracle Road (Control Rd.) to the Crystal Spring trailhead to begin our through hike. This trail connects with Butterfly Trail where we will see the site of an old plane crash. We will then connect with Incinerator Ridge and Knagge trails. We will visit the old Knagge cabin, go out to the Incinerator Ridge overlook, and possibly go up to the summits of Kellogg Mountain and Mount Bigelow. We will then return to Mount Bigelow trailhead and retrieve the second

car at Crystal Spring trailhead. We may choose to return to SaddleBrooke by the Mount Lemmon-Oracle Road. Hike 9.5-11 miles; elevation ranges from a low of 6,400 to a high of 8,400 feet; leave at **6:00 a.m.;** driver donation \$9.00. Elisabeth Wheeler and Cheryl Werstler, 825-9057.

July 23 - Mon. Mt. Lemmon Rock Lookout/Mint Spring. Rating B. Starting in Summerhaven, we will climb 1200 feet via Carter Canyon to Aspen Trail, then up to the top of Mt. Lemmon (9157'). Then down Lemmon Rock Lookout Trail, 1900', into the Wilderness of Rocks. Then another climb of 750' will get us to Marshall Saddle. From there we can coast down the Mint Spring Trail back to the start. The hike is in forest shade and all above 7000'. Hike 8 miles; elevation change 2100 feet; starting elevation above 7000 feet; leave at **7:00 a.m.**; round trip drive 130 miles; driver donation \$9.00. Don Taylor, 825-5303. Call after July 12<sup>th</sup>.

July 25 – Wed. OSP East Loop. Rating C. This hike begins at the Kannally Ranch House parking lot in Oracle State Park. We hike the Nature Trail to the Wildlife Corridor Trail where we go northeast to the AZ Trail. At the intersection we turn southeast and follow trail to the intersection with the Manzanita Trail. We follow this trail west and onto the Nature Trail that takes us back to the cars. This route is fairly level with little elevation change with wide open views and interesting rock formations among the low desert plants. Hike 6 miles, elevation change 900 feet (gps); starting elevation 4350 feet; leave at 8:00 a.m.; round trip drive 40 miles; driver donation \$4.00. Marv Rossof, 877-9262.

**\*\*July 27 – Fri. Mt. Lemmon Exploratory. Rating B** We will probably start at the Trico Electric Station and proceed on the Meadow Valley Trail. Upon reaching the Mount Lemon Trail, we will backtrack to the Lemon Rock trail, stopping at the Lookout. We will continue down the Lemon Rock Trail, turn back north on the Wilderness of Rocks Trail to Marshall Saddle, take Trail #20 to the powerline road, and circle past the ski lift back to the Electric Station. Hike 8-11 miles; elevation ranges from a low of 7,500 to a high of 9,100 feet.; leave at **6:00 a.m.**; driver donation \$9.00. Elisabeth Wheeler and Cheryl Werstler, 825-9057.

**July 31 – Tues. Josephine Saddle. Rating B.** We start in Madera Canyon (Santa Rita Mountains) and go up Old Baldy Trail to Josephine Saddle. Rest there and return on the Super Trail. This hike can be done in reverse going up the Super Trail and returning on the Old Baldy Trail. Hike 6.2 miles; elevation change 1700 feet; starting elevation 5400 feet; leave at **6:00 a.m.**; round trip drive 130 miles; driver donation \$9.00. Don Taylor, 825-5303. Call after July 12<sup>th</sup>.

**Aug. 1 – Wed. OSP West Loop. Rating C**. This hike begins at the Kannally Ranch House parking lot in Oracle State Park. We hike the Nature Trail to the Wildlife Corridor Trail where we go northeast to the AZ Trail. At the intersection we turn west and hike toward Highway 77. We then turn south to the Mariposa Trail and onto the Bellota Trail that takes us back to the cars. The first third of the hike is fairly level, the second third is a series of up and down hills on rocky trail and the last third has gentle hills. Hike 6.5 miles, elevation change 1200 feet (gps); starting elevation 4350 feet; leave at **8:00 a.m.;** round trip

drive 40 miles; driver donation \$4.00. Marv Rossof, 877-9262.

Aug. 3 – Fri. Hidden Canyon Loop. Rating C+. This is a beautiful hike, practically in our "back yard", to a secluded canyon in the upper reaches of the Sutherland Wash. There are many beautiful rock formations and saguaro cacti, along the way and a rock ledge with a great view down the valley, for lunch. The hike begins in the Fifty Year Trail area past Golder Ranch Road gate. After lunch we will continue on out of the canyon, and circle around Hidden Canyon Peak, back to the "North Gate" and return to our trailhead via the Fifty-Year Trail. Hike 8 miles; elevation change 975 feet; starting elevation 3200 feet;

leave at **7:00 a.m**.; round trip drive 12 miles (dirt); driver donation \$2.00. Michael Reale & Dave Hydeman, 825-8286.

**Aug. 6 - Mon. Peppersauce and Nugget Canyon Loop. Rating C+.** The hike begins at Peppersauce Campground on the northeast side of the Catalinas. It follows the old Mt. Lemmon Road up to the Nugget Canyon turnoff. There we will stop to see Peppersauce Cave. Bring a flashlight. We then travel up the canyon, follow jeep roads, view an old mine, then come down Peppersauce Canyon. Much of the hike is through oak woodland with good views from the higher hills. This is a strenuous hike for this level due to a steep incline in one area and loose rocks in another. Hike 8 miles; elevation change 1200 feet; starting elevation 4600; leave at **7:00 a.m.**; round trip drive 53 miles (dirt); driver donation \$5.00. Michael Reale & Dave Hydeman, 825-8286.

**Aug 7 – Tues. Aspen Loop/Marshall Gulch Trail. Rating C.** We will start at the Marshall Gulch Picnic area and go up the Aspen Trail to the saddle. We will lunch at a scenic spot near the saddle. Then down the Marshall Gulch Trail to the picnic area. Hike 4 miles; elevation change 800 feet; starting elevation 7440 feet; leave at **7:00 a.m.**; round trip drive 131 miles; driver donation \$9.00. Don Taylor, 825-5303. Call after July 12<sup>th</sup>.

**Aug 8 – Wed. Alamo Canyon to the Water Tank. Rating C.** This hike begins at the Romero Ruins trailhead. Elevation change is gradual. We will hike from the ruins through Alamo Canyon. There maybe water at the canyon. We will then go around, down and up and down again to a non-used large water tank. Trail is rocky in some areas. We can return one of three ways of equal distance. Hike 6+ miles; elevation change 300-400 feet. Leave at **8:00 a.m.**; round trip drive 24 miles; driver donation \$3.00. Marv Rossof, 877-9262.

**Aug. 10 – Fri. Babad Do'ag Trail. Rating B-.** The trailhead is along the Mt. Lemmon highway just across from the Babad Do'ag overlook. It climbs up the southern slope of McDougal Ridge until it reaches an altitude of about 4800', generally paralleling Soldier Canyon. We will continue past the "End of Trail" sign for about 1/3 mile to a series of waterfalls where we will lunch. The route is retraced on the return leg. Hike 6 miles; climb 1600 feet; altitude at trailhead 3200 feet; leave at **7:00 a.m.**; round trip drive 86 miles; driver donation \$6.00. Michael Reale & David Hydeman, 825-8286.

**Aug. 13 – Mon. Butterfly Trail. Rating B-.** Starting at Soldier Camp in the Catalinas we will hike down to the Novio Spring area in Alder Canyon where we will lunch in the vicinity of a 1957 F-86 plane crash. All of the steady climb is on the way

out. We will be in the shade of very tall Douglas fir and ponderosa pines, up to the saddle and exit at Palisade Ranger Station. Along the way are views of San Manuel to the east. Hike 6 miles; elevation change 1800 feet; starting elevation 7700 feet; leave at **7:00 a.m.**; round trip drive 125 miles; driver donation \$9.00. Michael Reale & David Hydeman, 825-8286.

Aug 14 – Tues. Maiden Pools. Rating C. We'll start at the public parking lot past the employees' parking lot and use the new Forest Service trail into the canyon. The trail is rocky in places with some steep climbing. Hopefully, we will be rewarded for our efforts with spectacular views of the East Side of Tucson. Lunch at the pools and return. Hike 5 miles; elevation change 1100 feet; starting elevation 3000 feet; leave at 7:00 a.m.; round trip drive 54 miles; driver donation \$4.00. Don Taylor, 825-5303.

Aug. 15 Wed. Canyon Loop, Birding and Nature Trails. Rating C. Starting at the main trailhead in Catalina State Park, this hike traverses an area that is a great example of the Sonoran Desert and its riparian areas. We will first hike the Nature Trail which has panoramic views, then continue on to the Sutherland Trail that connects to the Canyon Loop Tail. We will fork onto the Birding Loop Trail prior to returning. If we are real ambitious we will swing through the Canyon Loop Trail the opposite way we came for a total of 6.7 miles. Depending upon the season, some water crossings are possible. Hike 4.6 miles; elevation change 370 feet (gps); starting elevation 2700 feet; leave at **8:00 a.m.**; round trip drive 24 miles; driver donation \$3.00. Marv Rossof, 877-9262.

#### Aug. 15 – Wed. Social Hour, 4:00 p.m.

Aug. 17 - Fri. Bill Cody Loop. Rating B. This beautiful, historic loop begins at the American Flag trailhead on the old Mt. Lemmon Road and covers a section of the Arizona Trail. We will view the 1877 adobe house at trailhead, then hike up the Arizona Trail to the Oracle Ridge Trail. We will go south toward Apache Peak, then down FR639 through Camp Bonita Canyon past the old Patterson Diaz homestead site and lunch at Campo Bonito. From there we swing northward past the "Yellow Cabin" through the grounds of La Casa del High Jinks, the site where Bill Cody staked his gold mine in 1912. (We may tour the unique stone house if the owner is home.) We will then return to the cars via the Arizona Trail. Hike 9 miles; elevation change 1200 feet; starting elevation 4400 feet; leave at 7:00 a.m.; round trip drive 41 miles; driver donation \$3.00. Michael Reale & Dave Hydeman, 825-8286.

**Aug. 20 – Mon. Romero Springs. Rating B.** Starting in Catalina State Park, we will follow the Romero Canyon trail. Along the way we will pass by the Montrose and Romero pools. The spring is located about 2 miles past the Romero pools. It is a very scenic section of the canyon. It has been known to have quite a bit of wildlife. Hike 10 miles; elevation change 2200 feet; starting elevation 2700 feet; leave at 6:00 a.m.; round trip drive 24 miles; driver donation \$3.00. Michael Reale & Dave Hydeman, 825-8286.

**Aug. 22 – Wed. Romero Pools. Rating C+.** The hike begins in Catalina State Park and follows Romero Canyon Trail into the foothills. Trail crosses open desert then climbs steeply until it reaches a saddle and then down the canyon area where several

pools are located. An option is a <sup>3</sup>/<sub>4</sub> mile round-trip hike to the upper pools. We will have lunch there. Park entrance pass required. Hike 6 miles; elevation change 1200 feet; starting elevation 2700 feet; leave at **8:00 a.m.**; round trip drive 24 miles; driver donation \$3.00. Marv Rossof, 877-9262.

**Aug. 22 - Wed. Mt. Lemmon to Oracle Ridge TH via Red Ridge Trail. Rating B.** The hike begins at the Red Ridge Trailhead at 8000 feet and descends steeply to Catalina Camp. From there, we will climb to Dan Saddle and up Oracle Ridge to the trailhead. This hike has great views of the Reef of Rock and Mt. Samaniego. Hike 7.3 miles; elevation change 2350 feet; starting elevation 8000 feet; leave at **6:00 a.m.**; round trip drive 131 miles; driver donation \$9.00. Don Taylor, 825-5303. Call after July 12<sup>th</sup>.

**Aug. 24 - Fri.** Wasson Peak/Hugh Norris Trail. Rating B. We will take the Hugh Norris Trail in both directions. This is the longest trail to Wasson Peak (incredible views at the top) but the climb is gradual and the trail is primarily a ridge trail with spectacular views. Hike 10 miles elevation change 2100 feet; starting elevation 2800 feet; leave at **6:00 a.m.**; round trip drive 73 miles; driver donation \$5.00. Michael Reale & Dave Hydeman, 825-8286.

Aug 27 - Mon. Wilderness of Rocks. Rating B. Starting at Marshall Gulch picnic area, we climb up to Marshall Saddle then hike down the Wilderness of Rocks Trail. Three fourths of a mile past the intersection with the Lemmon Rock Lookout Trail is the Lemmon Creek area in the heart of the Wilderness of Rocks. There are beautiful rock formations with great views. Return by the same route. Hike 7.5 miles; elevation change 1550 feet; starting elevation 7440 feet; leave at 7:00 a.m.; round trip drive 131 miles; driver donation \$9.00. Michael Reale & Dave Hydeman, 825-8286.

**Aug. 28 - Tues. Seven Falls. Rating C+.** Starting at the Sabino Canyon Visitors Center hike from the parking lot to lower Bear Canyon. Then along the Bear Canyon Trail to Seven Falls and return. Falls may be dry depending on spring rains. Hike 8 miles; elevation change 900 feet; starting elevation 2800 feet; leave at **7:00 a.m.**; round trip drive 56 miles; driver donation \$4.00. Don Taylor, 825-5306. Call after July 12th

**Aug. 29 – Wed. Pontatoc Ridge. Rating C+.** Sometimes called the "Old Spanish Mine Trail," this trail goes up the north side of Pontatoc Ridge to j below some old mines. There are great views of Tucson and the surrounding area. This hike is strenuous in some areas due to the steep incline and rocky path. Hike starts at north end of Alvernon Way. Hike 5 miles; elevation change 1500 feet (gps); starting elevation 3100 feet; leave at **8:00 a.m.**; round trip drive 44 miles; driver donation \$3.00. Marv Rossof, 877-9262.

Aug. 31 – Fri. Josephine Peak. Rating B+. We will hike the Super Trail in Madera Canyon of the Santa Ritas, up to Josephine Saddle, and beyond, to Josephine Peak, and back. We leave the trail to reach Josephine Peak. This peak sits in the shadow of Mt. Wrightson. On return we may take Old Baldy Trail down from Josephine Saddle. Hike 12 miles; elevation change 3000 feet; starting elevation 5400 feet; leave at 6:30 a.m.; round trip drive 130 miles; driver donation \$9.00. Michael

Reale & Dave Hydeman, 825-8286.